



# The Township Crier

TOWNSHIP OF SCHAUMBURG

A HISTORY OF SERVICE . . . A COMMITMENT TO THE FUTURE

## A Message From the Supervisor

### What is a Township?

A township is the closest governmental body to the people it serves. We provide much needed social services to some of the most vulnerable populations in our area. A common misconception is we are a local village and provide the same services. However, Schaumburg Township was established in 1850, long before the area villages or cities existed. The township's purpose was the same then as it is now, to help people that are in need and to maintain unincorporated roads. Over the last 167 years, as the Township population has grown, so have the social needs of its residents. Those residents, especially seniors and the disabled, need help finding available services and navigating assistance programs at the federal, state or local level. They need affordable, safe transportation around the community to doctor visits, dialysis, grocery shopping, etc. They also need help with food insecurity, heating their homes and unemployment and we provide these services and more for less than 1.5% of your property tax bill.

The Township's Welfare Services office is where residents turn when they need help with utilities, financial assistance, SNAP/food stamps and food insecurity. Our food pantry is 100% donation-based by Township residents, organizations, businesses and churches. Nearly 700 families use the pantry each month. About one third

*"Township" continued on p. 8*

### Free Tax Return Assistance with AARP Tax-Aide Program

The Township will sponsor the free AARP Tax-Aide Program beginning February 5th. This is the nation's largest volunteer-run tax assistance program. All volunteers are IRS-certified and will prepare tax returns and answer tax questions at no cost to low- and middle-income taxpayers. Special attention is given to those ages 60 and older and people with disabilities. Appointments are required. Please call senior services at (847) 884-0030 for an appointment and a list of items to bring with you. An information checklist is also on our website [schaumburgtownship.org/departments/senior-services](http://schaumburgtownship.org/departments/senior-services).

### Senior Music Night



Rock the night away with us on Tuesday, March 13<sup>th</sup> at 6 PM with the famous Rhythm & Blues Brothers for dancing and fun! \$12 includes two drinks (wine, beer, soda or water) and snacks. Call the Senior Department at (847) 884-0030 for your reservation.

Follow us online & on social media!

[schaumburgtownship.org](http://schaumburgtownship.org)

@SchaumburgTownship

@SchaumburgTwp

## February

- 16 Township is closed at noon for an all-staff meeting.
- 19 Township is closed for President's Day

## March

- 7 Balance Screening, 11 AM. **Details p. 7\*\*\***
- 13 Senior Music Night, 6 PM. **Details p. 1\*\***
- 16 "Planning for the Future for Children and Adults with Intellectual and/or Developmental Disabilities" Seminar, 8:30 – 12:30 PM. **Details p. 3**
- 20 Township Employment Center Free Seminar – "Unleash Your Candidate Power", 10:30 – noon. **Room 114\***

## April

- 10 Community Blood Drive, 3:30 – 7:30 PM. **Details p. 4**

## May

- 1 Minds Matter, 4 – 7 pm. **Details p. 4.**
- 11 Senior Mother's Day Tea Party, 11:30 – 12:30 PM. **Details p. 3\*\***
- 16 Senior Ladies Overnight Trip Registration Due. **Details p. 3\*\***
- 22 Milwaukee Day Trip. **Details p. 3\*\***
- 22 Township Employment Center Free Seminar – "The Six 'E's of Re-employment", 10:30 – noon. **Room 114\***
- 28 Township is closed for Memorial Day

## Weekly Recurring Activities/Events

Monday	Chair Yoga, Noon**
Monday and Wednesday	Walking Group, 9:30 – 10:30 AM
Monday and Friday	Strength and Conditioning for Seniors, 11 AM. <b>Details p. 3**</b>
Tuesday	Mahjong, 12 – 4 PM
Thursday	Senior Lunch and Bingo Social**
Thursday	Veteran Assistance Benefits and Services, 9 – 4 PM

## Monthly Recurring Activities/Events

1 <sup>st</sup> and 3 <sup>rd</sup> Thursday	Smoking Cessation Support Group, 6:30 PM, room 102***
2 <sup>nd</sup> Tuesday	Northwest Suburban Pregnancy/Infant Loss Support Group, 7 – 8 PM, room 102***
2 <sup>nd</sup> and 4 <sup>th</sup> Wednesday	Diabetes Support Group, 10:30 AM, room 102***
3 <sup>rd</sup> Tuesday	Deaf Support Group, 11 – 3 PM
3 <sup>rd</sup> Wednesday	Afternoon at the Races, Noon <b>Details p. 3**</b>
4 <sup>th</sup> Tuesday	Fibromyalgia Support Group, 7 PM
4 <sup>th</sup> Wednesday	Regular Board of Trustees Meeting, 7 PM
4 <sup>th</sup> Friday	Friday Afternoon at the Movies, Noon**

- \* Pre-registration is preferred via phone (847) 285-4553 or email RPPE.Careering@gmail.com.
- \*\* Pre-registration is preferred by reservation with Caryn Remer ext. 2018 or Kim Kettel ext. 2014.
- \*\*\* Please contact Nurse Josie Gould for more information at (847) 285-4551 or visit our website at [www.schaumburgtownship.org/departments/community-health-nurse/](http://www.schaumburgtownship.org/departments/community-health-nurse/).



*Please note: If you attend a Township function and the event is photographed, your image may be used for news and promotional purposes.*

## Schaumburg Township Contact Information

One Illinois Boulevard, Hoffman Estates, IL 60169 Monday through Friday 8:30 – 5 PM

Assessor's Office	} (847) 884-0030	Kenneth Young Center:	(847) 884-6212
Clerk's Office		Employment Center	(847) 285-4553
Disability Services		Highway Department:	(847) 884-1727
Senior Services		Community Nurse:	(847) 285-4551
Welfare Services		Transportation Dispatch:	(847) 882-1929

### Senior Ladies Overnight Trip

On June 13<sup>th</sup>, join us for a fun-filled trip to Galena! First stop is Downtown Galena for some shopping, followed by a dinner buffet at Galena Brewing Company and an overnight stay at the Grand Harbor Hotel. The next day, we will visit Diamond Jo Casino for \$10 slot play and a free lunch buffet. Then we will head to Fergedaboutit Winery for three wine tastings, an antipasto buffet and to listen to entertainer, Denny Diamond. The two-day trip is \$238 for a double room and \$312 for a single room. A deposit of \$125 is required at reservation and the balance is due by May 16<sup>th</sup>, 2018.

### Milwaukee Day Trip

On May 22<sup>nd</sup>, come along with us on a trip to Milwaukee! We will tour the Grohmann Museum, which is home to the world's most comprehensive art collection dedicated to the evolution of human work. Enjoy classic German cuisine at Mader's Restaurant for lunch, and hand-crafted award-winning spirits and a tour at the Great Lake Distillery in the afternoon. Registration is \$65. Hurry as seating is limited!

### An Afternoon at the Races

Do you like horse racing? Then, come to Schaumburg Township for a fun time competing for prizes! Doors open at noon and games begin at 12:15 PM Wednesday, February 21<sup>st</sup>, March 21<sup>st</sup> and April 18<sup>th</sup>, 2018. Call the Senior Department at (847) 884-0030 to make your reservation.



### Chair Yoga Classes

The Senior Department offers chair yoga every Monday at noon for \$5 per class. The benefits of yoga include: increased flexibility, relaxation and strength and has long been known to lower blood pressure and slow the heart rate. Yoga instructor Sylvia Johnson leads this class. Please register with the Senior Department.

### Strength & Conditioning Classes

The Township hosts strength and conditioning classes for seniors who want to build muscle and strength. Classes are every Monday and Friday at 11 AM. Each class is \$5 and registration is required as space is limited to 12. Allison Hernandez, owner of Victory Fitness and certified trainer, is the instructor for this all-levels class.

### Senior Mother's Day Tea Party

The Schaumburg Township Senior Department is hosting our second annual Senior Mother's Day Tea Party! This delightful event is scheduled for Friday, May 11<sup>th</sup>, 2018 from 11:30 – 12:30 PM. Tea and lunch will be provided for a \$12 fee. Seating is limited so don't delay. Call the Senior Department at (847) 884-0030 to secure your reservation today!

### Disability Services to Host Arc of Illinois Presentation at Township

The Township's Disability Service Department is hosting a seminar presented by the Arc of Illinois titled "Planning for the Future for Children and Adults with Intellectual and/or Developmental Disabilities" on Friday, March 16<sup>th</sup> from 8:30 – 12:30 PM. This seminar will provide important information for parents and family members of individuals with disabilities and professionals working in the disability field. Topics include: Government benefits for children and adults with special needs and how to navigate the "maze"; Special needs estate planning; Guardianship and alternatives; Guidance on preparing for future care providers.

Visit our website at [schaumburgtownship.org/departments/disability-services/](http://schaumburgtownship.org/departments/disability-services/) for instructions on how to register and pay to attend. CEUs (3) for social workers, nursing home administrators, LCPCs, physical therapists, occupational therapists, and QIDPs. Call the Arc of Illinois at (815) 464-1832 with any questions.

### Tai Chi Instructor Needed

The Senior Department is looking for a Tai Chi instructor to teach older adults. If interested, please call Caryn Remer or Kim Kettel at (847) 884-0030.

### Transportation Department Reminders

Here are a few friendly reminders for those using our bus service:

- Please have your walks and driveways shoveled so that you can safely get to our buses.
- Remember to cancel your appointment if you no longer need bus service since we have limited space for reservations.
- Clients can make reservations for the Township bus up to 30 days in advance.
- If you have an aide they must be over 18 years of age. Please let us know an aide will join you when you make reservations.

We look forward to being of service in this bright New Year, and to providing you safe transportation to your destinations.

## Schaumburg Community Blood Drive

Tuesday, April 10, 3:30 – 7:30 PM

The Barn at 231 S. Civic Drive, Schaumburg IL 60193

Call LifeSource at (877) 543-3768  
to schedule an appointment.

## SNAP Application Assistance Available

Schaumburg Township can assist residents in applying for the Supplemental Nutrition Assistance Program (SNAP), formerly the Food Stamp program, which helps people with limited income purchase food. SNAP application assistance is by appointment only in the Welfare Services, Disability and Senior Departments. Please call (847) 884-0030 to schedule an appointment.

## Access To Care

Access to Care (ATC) is a nonprofit organization that provides primary physician services, prescriptions, lab tests and x-rays at nominal co-pays for low-income, uninsured individuals living in suburban Cook County. Undocumented individuals and legal residents of any age who have been living here less than five years can also apply for Access To Care. To apply at the Township you must:

- Be a resident of Schaumburg Township
- Have family income of less than 300 percent of the federal poverty guidelines
- Not have health insurance or be ineligible for Medicare, Medicaid, All Kids, FamilyCare or CountyCare

Call Welfare Services at (847) 884-0030 for more information or to schedule an appointment to apply.

## Mobile Dental Services

In collaboration with Northwest Community Healthcare, Schaumburg Township offers dental services to residents



who are without dental insurance and are income eligible. Dental services include preventive treatments, simple restorative services, fillings, extractions and oral health education. Please contact Welfare Services to apply or for additional information.

## LIHEAP

The Low Income Home Energy Assistance Program (LIHEAP) is designed to assist low-income households with their energy bills. Eligibility for this program is based on household size and income. The program is slated to end May 31<sup>st</sup>, 2018 or when funds are exhausted. Contact Welfare Services, Senior Services or Disability Services for details.

## Senior Citizens Services Committee Seeks New Member

The Township Senior Citizens Services Committee has an open committee member position. An eligible candidate must work or live in the Township and be available for monthly meetings. The committee advises the Township Senior Department and the Schaumburg Township Board regarding needed services for senior residents. Meetings are held at 7 PM on the third Monday of each month September through May. Interested applicants should submit informal resumes to Gerry Bartnicke at One Illinois Blvd., Hoffman Estates, IL 60169. For questions call (847) 884-0030.

## Minds Matter 2018

The Mental Health Committee will hold its sixth annual mental health awareness fair, Minds Matter, on May 1<sup>st</sup>, 2018 from 4 – 7 PM at the Township, One Illinois Blvd., Hoffman Estates. This event will bring together a wide-range of agencies providing mental health and social services to residents of the community. Agency representatives will be present with educational materials and to answer questions. There will also be speakers on mental health related topics. In addition to our fair, there are activities across the country throughout May to lessen the stigma of mental health issues and promote awareness in honor of Mental Health Awareness Month. Look for more information about Minds Matter on the Township website and social media pages.



## Veteran's Honor Roll: A History of Honoring Our Heroes

Since 2009, Timothy Heneghan and the Township of Schaumburg Board of Trustees have honored over 160 local veterans for their service. Our veterans have served in a variety of branches including the U.S. Army, Marines and Air Force and have served our country all across the world during World War II, the Vietnam War, Golf War, War on Terrorism and more. Each November we invite our honorees to a dinner, thanking them again for their service to our country.

Eligible nominees must have served in a war era, reside in the Township, have an honorable discharge from the U.S. Military and attach a copy of his or her DD-214 record with the application. Applications can be mailed or hand-delivered to the Township at One Illinois Blvd., Hoffman Estates, IL. Forms and more information can be found on our website: [www.schaumburgtownship.org/departments/clerks-office/veterans-honor-roll](http://www.schaumburgtownship.org/departments/clerks-office/veterans-honor-roll).

We take great pride in the privilege of giving these heroes the honor they are due and thank them for their sacrifice.



Schaumburg Township Clerk Timothy Heneghan and the Board of Trustees honored Private James L. Conley and Specialist Anthony J. Thomas at the October Board of Trustees meeting.

### Veterans' Honor Roll Recipients

Sergeant Joseph D. Gari  
U.S. Army 1965 – 1967

Specialist Lloyd Atkins  
U.S. Army 1967 – 1969

Private James L. Conley  
U.S. Army 1951 – 1953

Specialist Anthony J. Thomas  
U.S. Army 1968 – 1971

Sergeant Ronnie Edwards  
U.S. Army 1973 – 1994

Private Philip R. Garvey  
U.S. Army 1965 – 1966

Petty Officer First Class Mark Kwiatkowski  
U.S. Army 1965 - 1966

## Tips to Take Care of Your Mental Health



After months of winter weather, many people start to feel down or even depressed. Here are a few tips to ensure you're

taking care of your mental health:

1. Engage with others. Take time to check in with people you care about face-to-face.
2. Take care of your physical health. Being active is great for your overall health and releases endorphins that are natural mood enhancers. Rest is vital for your mental health, as we need about 7 – 9 hours of sleep to be our best. Make healthy food and drink choices while drinking as much water as you can.
3. Find ways to de-stress. Coloring, reading and long baths are a few examples but do whatever works for you to manage your stress.

Call Kenneth Young Center at (847) 524-8800 to make an appointment at the Township.

## Passport Reminders:



- 1 Bring a check or money order for each application.
- 2 Bring an original birth certificate listing both parents or original naturalization papers.
- 3 Bring a photo ID.

Visit the Clerk's Office for passport services, and our website for more information.

## Thank You

We'd like to thank our sponsors, Wintrust Bank, ITAC, Ms. Bobbi Sloan, Fabbrini Flower's and Mr. Robert Schmidt, for their contributions to the 2017 Senior and Disabled Holiday Luncheon.

## From the Desk of the Highway Commissioner Scott M. Kegarise

### Serving Unincorporated Schaumburg Township

The road district and the Township will soon be joining IPWMAN (Illinois Public Works Mutual Aid Network). The IPWMAN fosters a network between agencies that provide mutual aid response and recovery assistance following a natural or man-made emergency or disaster. By belonging to this network, the Township will have access to equipment and personnel to respond to natural disasters, which would normally be beyond the Township's ability. This could help us respond to disasters like last year's flooding that caused widespread damage in our area. Funding for the 2017 flooding was denied by FEMA, which left the cost of clean up to local governments and residents. Moving forward, the cost of future emergencies can be offset with the use of IPWMAN resources.

While warmer temperatures are not far away, snow removal is still a factor until early spring. Please do not follow our trucks too closely and avoid pushing driveway snow into the street. If you use a service for snow removal please ask for their cooperation.

The Elgin O'Hare Expressway (IL 390) work continues on the far eastern end and is open to Busse Road. For continued updates please check [Illinoisistollway.com](http://Illinoisistollway.com).



## A Message from the Assessor, John R. Lawson, M.S., C.I.A.O.

### Senior Exemptions

Senior Exemptions that were mailed in January will be due 30 days following the mailing. The due date will appear on the back of the form mailed to you. Seniors must file for these exemptions, which will help lower their property tax bill. Exemptions are applied on the second installment of the property tax bill.

### First Installment Cook County Property Taxes

The due date for the first installment of your 2017 Cook County property tax bill is March 1<sup>st</sup>, 2018. To avoid late penalties of 1.5% monthly, taxpayers must pay by March 1<sup>st</sup>.

Here's how you can pay:

- Online at [cookcountytreasurer.com](http://cookcountytreasurer.com) – With a checking or savings account
- At 400 Chase Bank locations in Illinois
- By mail in an enclosed return envelope postmarked no later than March 1<sup>st</sup>
- Mortgage escrow (Taxpayers should confirm payment with their mortgage-paying firm.)

Taxpayers can stop receiving their property tax bills in the mail and securely receive them via email. Choose to go paperless and provide a more cost effective means of delivering tax information.



## Thank you for your outstanding community support

Thank you to all of our big-hearted friends and supporters of our Township Holiday Program for contributing to the hugely successful 2017 holiday season. Our Adopt-a-Family Program helped over 400 families, disabled individuals and seniors celebrate the holidays. We appreciate all the individuals, families and businesses who generously provided gifts for our families in need. The Welfare Services Department also distributed over 110 Thanksgiving turkey meals and 210 Christmas dinners. It is the generous donors who make our clients' holiday celebrations brighter.

Our sincere gratitude goes out to all the volunteers who shared their energy, time and talents. We thank you for lending a helping hand to keep our services running smoothly. We would not be able to do what we do without our volunteers!

Thank you also to our generous donors to the food pantry for making sure needy families had food and trimmings for the holidays. We were able to assist 700 families with food in November and 683 in December. Food drives and donations received from this amazing community allowed us to help many households. Without your generosity, we would not be able to support so many.

Community involvement helps make many of our programs possible. We are grateful to everyone for their continued support and we wish everyone a healthy, happy 2018!



## Northwest Community Healthcare Nurse Available at Schaumburg Township

**Office Hours:** Tuesday, Wednesday and Thursday 8:30 – 4 PM || (847) 285-4551

\$12 A1C diabetes testing is available by appointment only.

### Sit Less, Move More

There are health consequences to being a couch potato. Too much inactivity could increase the risk of heart disease, type 2 diabetes and obesity.

Don't be held hostage by a desk or couch and plan activity throughout the day. Here are a few tips to stay active:

- Try to get at least 30 minutes of moderate physical activity a day. Walk outside in good weather or go to the mall. A walk around Woodfield Mall is a mile on the first or second floor and it opens at 7 AM for walkers.
- Park as far away from stores or your office as possible for the extra exercise.
- Take the stairs instead of the elevator.
- Get a pedometer or fitness tracker and work your way up to 10,000 steps or more a day.

Check [cdc.gov/physicalactivity/basics/index.htm](http://cdc.gov/physicalactivity/basics/index.htm) for ideas to increase activity at work and home.

### Life is a Balancing Act: Register for Balance Screening on March 7<sup>th</sup>

Poor balance can lead to falling and serious injury, especially for seniors. Falls are the leading cause of injuries for older Americans, threatening seniors' independence and safety. According to the National Council on Aging, an older adult is treated in the emergency room because of a fall every 11 seconds.

The good news is that balance is a skill you can keep working on. Register today for our March 7th balance screening at 11 am led by certified NCH physical therapists and learn ways you can improve your balance to prevent falls. Register with Josie Gould, R.N., at (847) 285-4551.



Nurse Josie Gould demonstrates crockpot tips at a recent class at the Township.

## The Job Market Can be Changeable and We Need to be Ready

### Career Center Information:

Monday, Tuesday and Wednesday – 9 to 1 PM || (847) 285-4553 || [RPPE.Careering@gmail.com](mailto:RPPE.Careering@gmail.com)

Did you know that the Township's Employment Center can help you update your resume if you want to apply for a promotion within your company or if you are seeking another job? Why not take advantage of our free counseling services located here at the Township Offices? Our Township Employment Support Center is open Monday, Tuesday and Wednesday from 9:00 am to 1:00 pm. The Center has a wealth of services to assist

you: current job postings, a career counselor available on-site, helpful career materials and computers to use to apply for job opportunities online.

Call or email for an appointment at (847) 285-4553 or [RPPE.Careering@gmail.com](mailto:RPPE.Careering@gmail.com).

The Township hosts free seminars on career-related topics. Check the calendar on page two for upcoming dates.

## Children with Disabilities Family Holiday Party

Schaumburg Township Disability Services wishes to thank all of our generous sponsors, Bolger Properties, Village Tavern & Grill, B & A Plumbing, Carpenters Union Local 839, Schaumburg-Hoffman Lions Club, Pilot Pete's, and Sunshine Siding & Window for their support of our annual Children with Disabilities Holiday Party. A special thanks to JR Hutson and his staff for their hard work volunteering for this event. JR and his staff have been giving their time year after year, and this party would not be successful without their support.



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The Town Crier, a report to the citizens of Schaumburg Township, is published by Township of Schaumburg  
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schaumburgtownship.org

**Mary Wroblewski, Supervisor**  
**Diane Dunham, Trustee**  
**W. Robert Vinnedge, Trustee**  
**Jeffrey S. Mytych, Trustee**  
**Nimish Jani, Trustee**  
**Timothy M. Heneghan, Town Clerk**  
**John R. Lawson, C.I.A.O., Assessor**  
**Scott M. Kegarise, Highway Commissioner**

Schaumburg Township is in compliance with Section 504 of the Rehabilitation Act. Equal Opportunity Employer Male/Female/ Handicapped/Veterans. Schaumburg Township meets all ADA accessibility requirements.

## ECR-WSS

### Residential Postal Customer, Local Schaumburg Township Illinois

The Township of Schaumburg serves residents living in parts of the following communities: Elk Grove, Hanover Park, Hoffman Estates, Rolling Meadows, Roselle, Schaumburg, Streamwood and unincorporated Schaumburg Township.

#### *"Township" continued from p. 1*

of the recipients are children and another third are seniors. Most of the households have working adults but need help feeding their families. Our assessor's office offers local, friendly, easily-accessible help with property tax bill questions, appeals and exemptions.

Additionally, we have outside partners available at our offices providing youth, employment and nursing services. The Kenneth Young Center at Schaumburg Township provides affordable family and youth mental health and family counseling. They partner with area schools to identify children and families that need help. The Employment Center at the Township helps those in need with career counseling, resume assistance and job search information. In collaboration



*Supervisor Wroblewski, Trustee Robert Vinnedge and Trustee Nimish Jani pose for a photo with the James B. Conant High School Blue Harmony Choir Group at the Senior and Disability Holiday Luncheon.*

with Northwest Community Healthcare, a nurse is available to residents for A1C diabetic testing, blood pressure screenings and health education and support. Our partnership also provides a mobile dental van with low cost dental services. The Township offers financial support to almost 30 area agencies that directly serve Township residents. With cuts in federal and state funding, these agencies rely on Township support.

The Township is able to make a significant impact with our neighbors and focuses your tax dollars back into the community. Our dedicated employees and your elected officials strive to make a difference each and every day.