

September and October 2020



Medicare Part C/D Open Enrollment Period

Every year, between October 15th and December 7th, Medicare beneficiaries can review, join, cancel or switch their Medicare Part C (Advantage) or Part D (prescription) plans. **Please call us first at 847-285-4541 to schedule an appointment. Appointments are required and may fill quickly. We strongly encourage phone appointments, but in-person appointments are available if needed.**

Staff is trained by the State of Illinois Department on Aging Senior Health Insurance Program (SHIP) and provide free, unbiased counseling.

Senior Programming

Senior Services continues to offer a variety of virtual programs every weekday for our residents! Join us virtually for Chair Yoga, Trivia Games, Art Expressions (\$7 fee) and more! See pages 4 and 5 for a complete calendar of virtual programs.

Our in-person Breakfast Social program has resumed and we hope you can join us on the fourth Tuesday of the month for a delicious breakfast and socialization. Registration required at 847-285-4541. Registration is required for all in-person programs/events in case we need to cancel.

WE ARE HERE FOR YOU!

The Township of Schaumburg is open Monday to Friday from 8:30 am—5 pm. **We kindly ask that you please give us a call first** at 847-285-4541 for assistance with services and programs or even if you just have a question. Staff is available to help

you with many services and programs that can be completed without you being present, however in-person appointments are also available. In an effort to limit waiting times for in-person appointments, please do not arrive until your appointment time.

We're here to help!

TOWNSHIP ELECTED OFFICIALS

SUPERVISOR

Timothy M. Heneghan

TRUSTEES

Diane Dunham

Jeffrey S. Mytych

Nimish Jani

Charlotte Kegaris

CLERK

W. Robert Vinnedge

ASSESSOR

John R. Lawson, CIAO

HIGHWAY COMMISSIONER

Scott M. Kegaris



SENIOR SERVICES STAFF

ASSISTANT DIRECTOR OF SENIOR SERVICES

Anna Newell

PROGRAM COORDINATOR

Caryn Remer

BENEFIT SPECIALIST/ PROGRAM COORDINATOR

Kim Kettel

BENEFIT SPECIALIST

Sharon DeMarchi-Belter

INTAKE & REFERRAL COORDINATOR

Helen Bisioulis

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Virtual Program Information

Virtual Classes and Individual Sessions

- **Protecting Your Identity and Other Assets 9/2**
Practical knowledge, skill building opportunities and resources to manage your finances.
- **Disability Services of America Ticket to Work Program 9/9**
Discusses Social Security's Ticket to Work program.
- **Cook County Recorder of Deeds Property Fraud After Death 9/9**
A general session on property fraud and how to protect yourself.
- **Historian Tiffany Brings Italian landmarks to You! 9/14**
Join Historian Tiffany on the wonders of the School of Athens Raphael's Masterpiece in Fresco.
- **Art Expression (\$7 Materials Fee) 9/16 and 10/21**
Instructor Kristi leads us in creating an art project. No experience necessary.
- **Destination America 9/16 and 10/21**
Premier World Discovery gives us a guided tour of parts of Maine and Texas.
- **Elderwerks 9/21**
Discover why laughter is the best medicine.
- **Maintaining Your Lifestyle with Vision Loss 9/23**
Presented by Second Sense—helpful tools on how to stay independent with low vision.
- **North Carolina Aquarium 9/25**
Sea Turtle Assistance and Rehab information for you!
- **Grohman Museum 9/30**
Art collection dedicated to the working man.
- **Veterans Services 10/4**
Join our Veteran Rep, Shynae Murphy, to learn about Veteran services and benefits available.
- **Citizens Utility Board (CUB) 10/5**
Learn great tips on how to save energy and more!
- **Kenneth Young Center Senior Services 10/7**
Learn all the services Kenneth Young Center provides older adults.
- **Paramount Theater Back Stage Tour 10/7**
Join us for a back stage virtual tour of the Paramount Theater!
- **Bill Saving Workshop 10/19**
Have your utility bills ready to participate in this Zoom presentation to find ways to save.
- **Let's Talk about Solar 10/26**
Presented by Elevate Energy—learn how to take advantage of new solar revolution coming to Illinois.

General Medicare Zoom Presentation!

- Wednesday, September 23rd: 6:30—7:30 pm
 - Tuesday, October 13th: 1—2:30 pm
- Join SHIP Counselor, Kim Kettel, and the village of Schaumburg's Committee on Aging, as she reviews the basics of Medicare and explains Parts A, B, C, and D. There will be time for Q&A. Registration required at 847-285-4541.



SENIOR SERVICES VIRTUAL PROGRAMMING

EVERY MONDAY-FRIDAY

Engage your mind, body and spirit with our daily virtual programming schedule.

Sessions include:

- Bingo
- Tai Chi
- Trivia
- Coffee Klatch
- Benefit Info
- And More!



Join ONLINE

<https://zoom.us/j/4715872835>

Meeting ID: 471 587 2835



Dial by PHONE

1-312-626-6799

Meeting ID: 471 587 2835



Questions? Call (847) 285-4541

To better manage security of these events, please call (847) 285-4541 to register and get the event password.

For the current schedule and access to future events, check our website, sign up for the Senior eNewsletter or contact Senior Services at (847) 285-4541.

Due to the fluid nature of the COVID-19 pandemic, all events are subject to change.

Breakfast Social

In-Person Program

Join friends for a delicious breakfast and socialization. Separate checks will be issued for each person. Registration required.

**Walker Bros.
Original
Pancake
House**



18 S. Roselle Rd
Schaumburg
Tuesday, Sept. 29
8—9 am

Checkers



506 W. Wise Rd
Schaumburg
Tuesday, Oct. 27
8—9 am

Drop-In Programs

Monday	Tuesday	Wednesday	Thursday	Friday
<p>Chair Yoga* 1—2 pm \$5 per class</p>	<p>Walking Group 8:45—9:45 am Meet at Volkening Lake</p> <p>Tai Chi* 1—2 pm \$5 per class</p> <p>Senior Wills 2nd and 3rd Tuesday (appointments required)</p>	<p>Diabetes Support Group 10:30—11:30 am Every Wednesday</p> <p>Bridges to Memory* 2—3:30 pm 4th Wednesday</p>	<p>Walking Group 8:45—9:45 am Meet at Volkening Lake</p> <p>Nurse Janet's Health Topic 1pm</p>	<p>Chair Yoga* 1—2 pm \$5 per class</p> <p>Movie Friday 12 pm 4th Friday \$2 donation See details below</p>
<p>Sessions in BLUE will be available in-person. Please call to register and for more info.</p> <p>*These programs are available virtually; Any fees are waived while offered virtually.</p>				

Transportation Services 847-882-1929

Transportation Grocery Store Schedule

- **Monday and Friday: Walmart and Target**
12:30 pm Drop-off, 2:30 pm Pick-up
- **Tuesday: Valli**
9:15 am Drop-off, 10:30 am Pick-up
- **Tuesday, Wednesday, Thursday: Jewel, Aldi, Mariano's**
9:15 am Drop-off, 10:30 am Pick-up

For everyone's safety, we are limiting the amount of riders for appropriate social distancing and face masks are required.

September Dates	Stores	October Dates	Stores
Friday—4th	Walmart 850 S Barrington Streamwood	Friday—2nd	Walmart 850 S Barrington Streamwood
Friday—11th	Target 2621 Schaumburg Schaumburg	Monday—5th Friday—9th	Walmart 850 S Barrington Streamwood
Monday—14th Friday—18th	Walmart 801 Meacham Elk Grove	Monday—12th Friday—16th	Target 2621 Schaumburg Schaumburg
Monday—21st Friday—25th	Target 1235 Higgins Rd Schaumburg	Monday—19th Friday—23rd	Walmart 801 Meacham Elk Grove
Monday—28th	Walmart 850 S Barrington Streamwood	Monday—26th Friday—30th	Target 1235 Higgins Rd Schaumburg

Monthly Movies

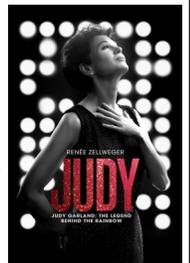
Movie starts at 12 pm and we request a \$2 donation. Registration required.

Please note we are limiting guests to practice social distancing and no popcorn or beverages will be served.

September 25

Judy

Set in 1960's, Judy is a biographical drama about legendary starlet, Judy Garland. Rated PG



October 23

Peanut Butter Falcon

A young man with Down syndrome runs away from a residential nursing home to fulfil his dream of attending the pro wrestling school of his idol. Rated PG-13

September 2020 Virtual Program Schedule

Mon	Tue	Wed	Thu	Fri
<p>NO computer needed—many sessions can be accessed with just a telephone!</p>	<p>1 10am Trivia</p> <p>1pm Tai Chi</p>	<p>2 10am Protecting Your Identity & Other Assets by Hoffman Estates Community Bank Wintrust</p> <p>10:30am Diabetes Support Group**</p>	<p>3 10am Bingo</p> <p>1pm Nurse Janet Health Topic: Heathy Aging**</p>	<p>4 10am Coffee Klatch</p> <p>1pm Chair Yoga</p>
	<p>7 Township Closed—Labor Day Holiday</p>	<p>8 10am Trivia</p> <p>1pm Tai Chi</p>	<p>9 10am Disability Services of America-Ticket to Work Program</p> <p>10:30am Diabetes Support Group**</p> <p>1pm Property After Death & Fraud</p>	<p>10 10am Bingo</p> <p>1pm Nurse Janet Health Topic: The Benefits of Laughter**</p>
<p>14 10am The School of Athens Raphael's Masterpiece in Fresco</p> <p>1pm Chair Yoga</p>	<p>15 10am Trivia</p> <p>1pm Tai Chi</p>	<p>16 10am Art Expressions Class (\$7)</p> <p>10:30am Diabetes Support Group**</p> <p>1pm Landscapes & Light-houses of Coastal Maine</p>	<p>17 10am Bingo</p> <p>1pm Nurse Janet Health Topic: Healthy Cooking Class**</p>	<p>18 10am Coffee Klatch</p> <p>1pm Chair Yoga</p>
<p>21 10am Elderwerks Laughter is the Best Medicine</p> <p>1pm Chair Yoga</p>	<p>22 10am Trivia</p> <p>1pm Tai Chi</p>	<p>23 10am Maintaining Your Life Style with Vision Loss</p> <p>10:30am Diabetes Support Group**</p> <p>2pm Bridges to Memory*</p> <p>6:30-7:30pm Medicare Info (p. 2)</p>	<p>24 10am Bingo</p> <p>1pm Nurse Janet Health Topic: Taking Care of You—Foot and Mouth Care/Hygiene**</p>	<p>25 10am North Carolina Aquarium</p> <p>12pm-Movie-Judy (p.3)**</p> <p>1pm Chair Yoga</p>
<p>28 10am Scattergories</p> <p>1pm Chair Yoga</p>	<p>29 8am Breakfast at Walker Bros. Pancake House (p.2)**</p> <p>10am Trivia</p> <p>1pm Tai Chi</p>	<p>30 10am Grohman Museum</p> <p>10:30am Diabetes Support Group**</p> <p>4pm Happy Hour</p>	<p>All programs will be held virtually unless otherwise indicated.</p> <p>* Bridges to Memory is a closed group and requires registration in advance.</p> <p>**These programs will be offered in-person. You MUST register in advance in case of changes or cancellations</p>	

October 2020 Virtual Program Schedule

Mon	Tue	Wed	Thu	Fri
			1 10am Bingo 1pm Nurse Janet Health Topic: CPR/ AED**	2 10am Coffee Klatch 1pm Chair Yoga
5 10am Citizens Utility Board (CUB) 1pm Chair Yoga	6 10am Trivia 1pm Tai Chi	7 10am Paramount Theater Back Stage Tour 10:30am Diabetes Support Group** 1pm Kenneth Young Center Senior Services	8 10am Bingo 1pm Nurse Janet Health Topic: Mental Illness in Older Adults/Social** Isolation	9 10am Coffee Klatch 1pm Chair Yoga
12 10am Veteran Services 1pm Chair Yoga	13 10am Trivia 1pm Tai Chi 1-2:30pm Medicare Info (p. 2)	14 10am TBA 10:30am Diabetes Support Group**	15 10am Bingo 1pm Nurse Janet Health Topic: Healthy Cooking Class**	16 10am Coffee Klatch 1pm Chair Yoga
19 10am Bill Saving Workshop 1pm Chair Yoga	20 10am Trivia 1pm Tai Chi	21 10am Art Expressions Class (\$7) 10:30am Diabetes Support Group** 1pm Magnolia Trail and Heart Trail of Texas	22 10am Bingo 1pm Nurse Janet Health Topic: Respiratory Diseases**	23 10am 12pm Movie— Peanut Butter Falcon (p.3)** 1pm Chair Yoga
26 10am Let's Talk Solar 1pm Chair Yoga	27 8am Breakfast at Checkers (p.2)** 10am Trivia 1pm Tai Chi	28 10am TBA 10:30am Diabetes Support Group** 2pm Bridges to Memory* 4pm Happy Hour	29 10am Bingo 1pm Nurse Janet Health Topic: Hospice, Palliative Care, Comfort Care**	30 10am Coffee Klatch 1pm Chair Yoga

Social Services/Programs

LIHEAP Available Now!

Senior Services is now accepting applications for The Low Income Home Energy Assistance Program (LIHEAP). Please call 847-285-4541 first for an appointment remotely or in-person. LIHEAP provides assistance toward Nicor Gas and/or ComEd accounts.

Gross Monthly Income Guidelines

- 1 person household \$2,127
- 2 person household \$2,873

Holiday Adoption Program



The holiday season is quickly approaching! If you are experiencing a hardship this holiday season, we invite you to apply for our Holiday Adoption program. The Holiday Adoption program, coordinated by Welfare Services, has generous community donors who wish to 'adopt' those in need during the holiday season.

To qualify, a one-person household monthly gross income must be less than \$2,127 and \$2,873 for a two-person household. Special circumstances will also be considered.

To apply, call for an application starting October 1st. Applications are due October 16th. We cannot guarantee that all applicants will be selected.

Take Charge of Your Diabetes Virtual Workshop



Do you have diabetes, pre-diabetes or are you caring for someone who has diabetes? Then join the "Take Charge of Your Diabetes" VIRTUAL workshop coordinated by the Health Promotion Team at AgeOptions.

Workshops meet every Tuesday via Zoom for 2 1/2 hours from September 15—October 20, 9—11:30 am.

Space is limited; register today at 800-699-9043 or email TakeCharge@ageoptions.org.

Holiday Donors Needed!

If you are interested in "adopting" a person or a family this holiday season, please contact Amy Fillmore in Welfare Services at 847-884-0030 ext. 1010 or afillmore@schaumburgtownship.org.

Each donor is matched with a person or a family in need and purchases items to make their holiday a little brighter. We appreciate any and all support you can provide.

Community Health Nurse Services

Northwest Community Healthcare (NCH) nurse, Janet Stachula, RN, is available at the Township every Tuesday, Wednesday and Thursday for A1C testing (\$12 fee), blood pressure checks, memory and bone density screenings **by appointment only**.



Nurse Janet facilitates the Walking Group every Tuesday and Thursday 8:45 – 9:45 am at Volkening Lake, the Diabetes Support Group every Wednesday 10:30—11:30 am, and hosts free virtual programming Thursdays at 1 pm on health related topics. Register at 847-285-4551 or jstachula@nch.org.



Trained Staff Ready to Help with Medicare and Medicaid

Township staff are trained Senior Health Insurance Program (SHIP)

Counselors who are available to help explain benefits, troubleshoot issues, clarify information and more. **Appointments are required.**

Staff can also screen for other assistance programs which may help reduce costs related to Medicare and prescription drugs. If you have full Medicare and Medicaid, you might be eligible for the Medicare Medicaid Alignment Initiative (MMAI) program, which includes other services such as meals, transportation and more.

(SHIP) is a free service to help those with Medicare or Medicaid and is sponsored by the Illinois Department on Aging.

There is no fee to meet with staff.

SNAP Program



SNAP provides monthly assistance loaded on a LINK card to use toward your grocery bill at most area grocery stores. Staff can help you apply for SNAP applications.

Gross Monthly Income Guidelines for a Person 60+:

- 1 person household \$2,082
- 2 person household \$2,818

Social Services/Programs

Benefit Access Program

The Benefit Access Program provides a discount off the annual license plate registration fee and the Free Ride Transit Pass.

To qualify, applicants must also be over the age of 65 or 16 and older with a permanent disability. Gross income from 2019 for a single household must be less than \$33,562; the limit for a two-person household is \$44,533. Applicants must reapply every two years for the program.

To see if you qualify or to schedule an appointment, call 847-285-4541.



Flu Shot Clinic with Jewel Osco Pharmacy



Jewel Osco Pharmacy is hosting two flu vaccination clinics this year at the Township of Schaumburg.

Appointments required online at: <https://bit.ly/34kBuCD> or call 847-895-1600 (Ext #4). Call 847-895-1600 (Ext #4) with any questions or email Jay.Highland@jewelosco.com.

Dates: Thursday, Sept. 17th

Friday, Sept. 18th

Time: 9:30 am—12:30 pm (Both days)

Location: Township of Schaumburg Building

1 Illinois Boulevard

Hoffman Estates, IL 60169

Please bring a photo ID and your insurance cards (e.g. Medicare, commercial plans, medical, etc.) to your appointment.



Village of Schaumburg's Nursing and Senior Services Division Info

If you need to rent medical equipment, the village of Schaumburg's Nursing and Senior Services Division has resumed loaning medical equipment to residents. Call 847-923-3766 for an appointment.

Nursing home visits have also resumed and new clients should call the office to inquire. Personal care visits continue with current clients only.

Unwanted/unused prescription collection has resumed in the lobby of the Schaumburg Police Department, 1000 E. Schaumburg Road.

Nicor and ComEd COVID-19 Bill Payment Assistance Program

Nicor and ComEd announced new COVID-19 Bill Payment Assistance Programs to help you on past due balances. Below are more details about each utility's program.

Nicor Gas COVID-19

Bill Payment Assistance Program

To be eligible for this program, residential customers must **apply and be approved for the Low Income Home Energy Assistance Program (LIHEAP) first and meet income guidelines set by Nicor.** After being approved for LIHEAP, call Nicor at 1-888-642-6748 to apply to receive a one-time grant, while funding is available, on your next bill to help pay off an account balance of up to \$300.

ComEd Bill Payment Assistance Program

To be eligible for this program, **customers must first apply and be approved for the Low Income Home Energy Assistance Program (LIHEAP).** After being approved for LIHEAP, call ComEd at 1-800-334-7661 to apply for help on your past due balance of up to \$500. Program runs through December 31, 2020 or when funds are exhausted.

Schaumburg Township's Food Pantry Visits Updates

The Township's food pantry has changed food pantry hours to offer afternoon appointments. Clients need to make an appointment by calling 847-884-0030 ext. 1013.



Food Pantry Hours:

Monday, Wednesday, Friday: 9:30 am—1:30 pm

Tuesday, Thursday: 12—4 pm

****Enter through the main entrance of the building for your appointment. The north entrance is closed.****

The food pantry remains client choice by appointment and is currently in the gym. Clients are welcome to visit the pantry twice a month by appointment. For more information, questions or concerns, please contact Amy Fillmore at 847-884-0030 ext. 1010.



Township of Schaumburg
Department of Senior Services
1 Illinois Boulevard
Hoffman Estates, IL 60169
Phone: 847-884-0030
Senior Services Direct: 847-285-4541
www.schaumburgtownship.org

PRSR STD
U.S. POSTAGE
PAID
PERMIT NO. 154
SCHAUMBURG, IL

SENIOR SERVICES

- CEDA Energy Services (LIHEAP, Furnace, Weatherization, & more)
- Day Trips
- Disability parking placards
- Employment Services
- Free amplified phone program
- Income tax return assistance
- Notary public services
- Home visits
- Information and referrals
- Medicare counseling
- Recreation programming
- RTA Reduced Fare and Free Ride Transit Passes
- Senior citizen will program
- Social events and parties
- Support groups
- Transportation
- Veterans Services, and MORE

Township of Schaumburg’s Community Shred Day

Saturday, October 3rd, 9—11 am
 Where: Township of Schaumburg Parking Lot
 1 Illinois Blvd., Hoffman Estates
 Free Paper Shredding Available! Check our website for more details!

Senior Services Weekly E-Newsletter Sign Up

If you have an email address, sign up for our weekly electronic newsletter to receive quick communication changes and to send information on programs and services.

Signing up is easy:

- 1) Visit schaumburgtownship.org.
- 2) Look on the right side of the screen and scroll down until you see a section “Subscribe to Our Mailing List.”
- 3) Enter your email address, first name, and last name.
- 4) Click on “Senior Services” (and any other department that interests you).
- 5) Click “Subscribe.”

We will never sell or disclose your information without your consent and you can unsubscribe whenever you like. If you need help setting up an email or signing up, our staff are happy to assist. Call us at 847-285-4541.



VIRTUAL Bingo Reminder

Just a friendly reminder that **virtual Bingo begins promptly at 10 am and no one will be admitted 10 minutes after the first game has started.**