

May and June 2020

Greetings from the Township

We hope this newsletter reaches you in good spirits. We are currently experiencing an unprecedented time, but we want you to know the Township is here for you! We recently implemented a variety of supports and services to assist during COVID-19. Many public benefit programs have expanded eligibility criteria or relaxed requirements for filing. We can help navigate these benefits! Please see page six for an overview of some of the services available. If you have questions or need help, please call 847-285-4541 or 847-450-8011 and a caseworker can assist you.



Pantry operations have moved to the Gym in order to accommodate changes in service.

While the Shelter-in-Place order is in effect, many township services have shifted gears. The pantry opened for drive-thru service for client safety. We are continuing to evaluate pantry operations to meet the needs of our residents. Our transportation drivers are still escorting people to critical dialysis appointments. Our senior services staff can still assist in navigating financial assistance, public benefits, or other needs. We have temporarily suspended in-person visits, but can help over the phone, video chat, or email.

Senior services programming staff have launched "virtual program" options. We will offer a different program every day at 10 AM during the Shelter-in-Place. Mondays will feature an exercise class, Thursdays will be bingo, and Friday we'll have a coffee klatch. Please see page three for more details. You will need to register in advance, so we can ensure you have the correct log in information or supplemental materials (like bingo cards). As we are planning for the summer, we are facing unusual challenges of events being cancelled, postponed, or rescheduled. Please note that our programs are subject to change. Registration will be critical to ensure we can communicate any updates or changes. If in-person programs are cancelled, we will try to offer an alternative virtual option when possible or reschedule for later.

We are here for you. We hope you stay well!

SUPERVISOR

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TRUSTEES

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Charlotte Kegaris

CLERK

W. Robert Vinnedge

ASSESSOR

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HIGHWAY COMMISSIONER

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PROGRAM COORDINATOR

Caryn Remer

BENEFIT SPECIALIST/ PROGRAM COORDINATOR

Kim Kettel

BENEFIT SPECIALIST

Sharon DeMarchi-Belter

INTAKE & REFERRAL COORDINATOR

Helen Bisioulis

COMING SOON

Trips to Drury Lane Theater

Save the date as we head to Drury Lane in Oakbrook Terrace for three productions. Each trip will be \$70 and includes a plated three-course

meal, transportation, and amazing entertainment. On July 8, we'll see *Steel Magnolias*; on September 23, we will enjoy *Forever Plaid*; and, on December 2, we'll celebrate the holiday season with *Holiday Inn*. Sign up today by calling 847-285-4541!

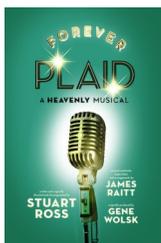


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Day Trips and Programs

Any fees are due at the time of registration. We can accept cash, check, or credit card. There is a 4% fee for credit card payments. Credit cards can be processed over the phone and checks can be mailed in. All programs are held at 1 Illinois Blvd, Hoffman- Estates, IL, 60169 (unless otherwise noted). Unfortunately, we are unable to issue refunds unless we can fill your space with another person. If an event is postponed or rescheduled due to COVID-19, we will issue a refund if needed. Due to the evolving nature of the Shelter-in-Place order, the programs scheduled below may be rescheduled, cancelled, or offered virtually. **Please be sure to register with current phone number.**

PROGRAM INFORMATION!

Please register for all programs:
847-285-4541 or 847-450-8011

All programs are in person unless otherwise noted. All programs are subject to change - we will notify you of any changes!

COFFEE AND CONVERSATION WITH THE NURSE

Wednesday, May 6
9:30 AM—10:30 AM
FREE
In May, we focus on caregivers and "caring" for the caregiver. May be offered virtually if building closed. Bring your questions; we'll bring the coffee. Register with the Nurse at 847-285-4551.

ALZHEIMER'S ASSOCIATION CAREGIVER SUPPORT GROUP

Monday, May 18 ****DIFFERENT DATE**
11 AM—12:30 PM
FREE
We invite anyone providing care to join us for a general support group. May be offered virtually if building closed. We will meet on 5/18 due to Memorial Day. Registration recommended.

HORSERACING

Wednesday, May 20
Wednesday, June 17
12 PM—2 PM
\$2 suggested donation
Do you like horse racing? Join us for the township version and have a blast competing for prizes by betting on your fave filly. Hot dog lunch is provided. Registration required.



BREAKFAST SOCIAL—CHECKERS 506 W Wise Rd, Schaumburg

Tuesday, May 26
8 AM—9 AM
On your own
Rise and shine with the Township! Join friends for delicious food and socialization. Separate checks will be issued. Registration required.



COOKING DEMO WITH NURSE JANET DINNER TODAY TO NEXT DAY LUNCH

Tuesday, May 26
10 AM—11 AM
FREE
Nurse Janet will offer a cooking demo to prepare Greek yogurt chicken and use leftovers for a chicken pita lunch. May be offered virtually if building closed. Register with the Nurse at 847-285-4551.

BRIDGES TO MEMORY

Wednesday, May 27
Wednesday, June 24
2 PM—3:30 PM
FREE
Bridges is a unique group intended for people with memory loss and their caregivers to attend together. Specialized activities will be provided. Registration required for new members.



HALIM TIME AND GLASS MUSEUM AND BAHA'I TEMPLE VISIT

Friday, May 29
9 AM—3:30 PM
\$37
Join us as we visit a one-of-a-kind museum and then experience a tour of the Baha'i Temple in Wilmette. Lunch and transportation included. Registration required.

COFFEE AND CONVERSATION WITH THE NURSE

Wednesday, June 3
9:30 AM—10:30 AM
FREE
This month, we focus on skin cancer and protecting your skin in the sun. May be offered virtually if building closed. Bring your questions; we'll bring the coffee. Register with the Nurse at 847-285-4551.



DIY WITH THE DIRECTOR DECOUPAGE FLOWER POTS

Wednesday, June 3
11 AM—12 PM
\$3 suggested donation
Perfect for springtime—we'll be making a beautiful flower pot for your home. You don't need to have a green thumb—all skill levels welcome. Space is limited; registration required.



SECRETARY OF STATE RULES OF THE ROAD

Friday, June 5
10 AM—12 PM
FREE
This session gives drivers the knowledge and confidence needed to renew their license. The class combines explanation of driving exam & practice written exam. Registration required.



SECRETARY OF STATE MOBILE UNIT

Friday, June 5
10 AM—2 PM
FREE
Review your driver's license, purchase vehicle registration, or obtain a state ID. Due to the nature of the event, there will be no road testing or REAL ID distribution. Registration recommended.



MUSIC NIGHT FEATURING DANIELA TEREZA

Tuesday, June 9
6 PM—8 PM
\$15
We will have a rocking good time with entertainer, Daniela Tereza. Fee includes live entertainment, two drinks, and light refreshments. Registration required by June 1.



ALZHEIMER'S ASSOCIATION CAREGIVER SUPPORT GROUP

Monday, June 22
11 AM—12:30 PM
FREE
We invite anyone providing care to join us for a general support group. Share with others facing similar situations. May be offered virtually if building closed. Registration recommended.

BREAKFAST SOCIAL—SOUTHERN CAFE

511 N Roselle Rd, Roselle
Tuesday, June 30
8 AM—9 AM
On your own
Rise and shine with the Township! Join friends for delicious food and socialization. Separate checks will be issued.



Virtual Programming

VIRTUAL PROGRAMMING



Are you looking for interesting things to do while at home? Stay engaged with a daily program brought to you by the Township!

Each session starts at 10 am and is limited to the first 100 people to call or log in from their computer.

To better manage security of these events, please call 847-450-8011 to register and for the event password.



Join **ONLINE**
<https://zoom.us/j/471587283>
Meeting ID: 471 587 2835



Dial by **PHONE**
1-312-626-6799
Meeting ID: 471 587 2835



Questions? Call
847-450-8011.

Virtual Programming

Senior Services is pleased to offer an alternative to in-person activities! While the shelter-in-place order is in effect, we will offer a daily program at 10 AM. Please see the details above. When the order is lifted, our programming schedules may change. We encourage you to sign up for our e-newsletter (see page eight) or call us at 847-285-4541 with any questions. Sessions include music performances, education workshops, language lessons, trivia, bingo, and more!

How to Access Virtual Programs

Are you interested in participating in our virtual programming, but not sure how to start? We make it easy! There are two ways to connect:

- 1) Use your regular telephone or cell phone and call 312-626-6799. When prompted, enter the meeting ID 471 587 2835. To ensure the security of each session, you will need to enter a password.
- 1) Use a computer, tablet, or smartphone. Go to zoom.us and join a meeting using the meeting ID 471 587 2835. When prompted, you will need to enter a password. You can choose to allow access to your camera and/or microphone.

We understand this may be complicated and could be confusing. We are happy to schedule one-on-one sessions to walk through each step and make sure you know how to connect. Give us a call at 847-285-4541 and we can set up a time to chat and provide the needed password.

May/June Virtual Program Schedule

Recurring Sessions

- **Every Monday** Walking Fit
- **Every Tuesday** Potpourri—every week is something different
- **Every Thursday** BINGO (Call us in advance for cards—we'll do a no-contact drop off or email them to you)
- **Every Friday** Feel Good Chat with Caryn and Kim

Special Sessions

- Wednesday, May 6** ABCs of Downsizing with Kristi of Fathom Realty
- Wednesday, May 6** Staying Active Info with Dr. Seema, Physical Therapist of Team Rehab (Offered at 1 PM)
- Wednesday, May 13** Art Expressions (call in advance to register, we'll deliver all art supplies needed)
- Wednesday, May 20** ITAC (Amplified Phone) Info and Demo
- Wednesday, June 3** Medicare Fraud
- Wednesday, June 10** Art Expressions (call in advance to register, we'll deliver all art supplies needed)

* Please note that programs are subject to change; please sign up for our e-newsletter (see page 8) and we will send an updated schedule every Friday.

Alternative Remote Enrichment Resources

COVID-19 caused the world to shift how we work, shop, play, and live. No one knows how the summer will progress with group activities. While it can seem difficult to stay at home and avoid going out, there are several programs that provide opportunities to access fun and interesting enrichment sessions. You can either call a phone number or log on to a website. We suggest reaching out to each organization for the most current program guide and for more information. Please keep in mind that we have not checked or verified all content, so we suggest using discretion before signing up. You can find more resources on our website at schaumburgtownship.org; we can also mail or email you a copy of additional resources—call us at 847-285-4541.

Covia Well Connected—<https://tinyurl.com/y9h7bpx>

Register for programs: 877-797-7299

Lifetime Connections Without Walls—<https://tinyurl.com/yccer3ur>

Register for programs: 888-500-6472

Doro USA University Without Walls—<https://tinyurl.com/y8o4r4yp>

Register: 212-769-2850

Mather Lifeways—<https://tinyurl.com/y82tlreo>

Register: 888-600-2560 or email teltopics@mather.com

DROP-IN Programs

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p>VETERAN SERVICES 9 am—3:30 pm (appointment required after 12 PM)</p> <p>CAREGIVER SUPPORT GROUP 11 am—12:30 pm 4th Monday</p> <p>CHAIR YOGA 12 pm—1 pm \$5 per class</p> <p>SENIOR CITIZENS SERVICES COMMITTEE 7 pm 3rd Monday</p>	<p>TAI CHI (resumes May 19) 1 pm—2 pm \$5 per class</p> <p>BONE DENSITY SCREENINGS 2nd Tuesday (register with Nurse Janet at 847-285-4551)</p> <p>SENIOR WILLS 2nd Tuesday (appointments required)</p> <p>FIBROMYALGIA SUPPORT GROUP 7 pm—8 pm 4th Tuesday</p>	<p>COFFEE AND CONVERSATION W/ THE NURSE 9:30 am—10:30 am 1st Wednesday</p> <p>DIABETES SUPPORT GROUP 10:30 am—11:30 am 2nd & 4th Wednesday</p> <p>DIY WITH THE DIRECTOR 11 am—12 pm 1st Wednesday</p> <p>BRIDGES TO MEMORY 2 pm—3:30 pm 4th Wednesday</p>	<p>VETERAN SERVICES 9 am—3:30 pm (appointment required after 12 PM)</p>	<p>KNIT/CROCHET 9 am—11 am</p> <p>CHAIR YOGA 12 pm—1 pm \$5 per class</p> <p>AT THE MOVIES 12 pm 4th Friday \$2 donation</p>
				<p>No registration is required for our drop-in programs (unless noted). Due to COVID-19 and the Governor's Shelter-In-Place Order, programs may change; we suggest calling 847-285-4541 or checking our website for the most current info. Would you like to start a drop-in group or club? Call Caryn Remer for more information about how we might be able to launch something.</p>

Monthly Movies

Enjoy a movie, beverage, and popcorn during our "Friday at the Movies." Movie starts at 12 PM and we request a \$2.00 donation. Registration required. Home viewing available as well; call 847-450-8011 for more information.

May 22

Little Women
(2019 PG Drama)
A retelling of Louisa May Alcott's classic, *Little Women* is the story of four sisters determined to live life on their own terms. Starring Emma Watson and Meryl Streep.



June 26

La La Land
(2016 PG-13 Comedy/Drama/Music)
While navigating their careers in LA, a pianist and actress fall in love. Starring Ryan Gosling and Emma Stone.



Transportation Services

There is a \$1 fee per ride when using the Township bus and reservations are required. Please note that the schedule for grocery stores is accurate as of printing. Due to COVID-19, service and routes may change. Please call Transportation Dispatch at 847-882-1929 for more information, to schedule a trip, or to register. PACE recently announced a temporary "Quick Board, Safe Board" policy and will waive fare collection on fixed route bus and ADA Paratransit service. It lasts the duration of the Governor's Stay-at Home Order.

May DATES	STORES	June DATES	STORES
MONDAY—4TH FRIDAY—8TH	WALMART 850 S Barrington Streamwood	MONDAY—1ST FRIDAY 5TH (ALSO JUNE 29)	WALMART 850 S Barrington Streamwood
MONDAY—11TH FRIDAY—15TH	TARGET 2621 Schaumburg Schaumburg	MONDAY—8TH FRIDAY—12TH	TARGET 2621 Schaumburg Schaumburg
MONDAY—18TH FRIDAY—22ND	WALMART 801 Meacham Elk Grove	MONDAY—15TH FRIDAY—19TH	WALMART 801 Meacham Elk Grove
MONDAY—25TH FRIDAY—29TH	CLOSED TARGET 1235 Higgins Rd Schaumburg	MONDAY—22ND FRIDAY—26TH	TARGET 1235 Higgins Rd Schaumburg

Newsworthy News

Stimulus Payment

We have received many questions about the stimulus payment and changes to other public benefits. As of printing, the stimulus payments were sent to everyone who filed income taxes in 2018 or 2019 and had a valid Social Security number. The IRS reversed several early policies so that people who receive Social Security, Social Security Disability, AND Supplemental Security Income should automatically receive a payment directly deposited to their bank account or via paper check if the IRS does not have direct deposit details.

For individuals who do not have direct deposit, the checks will be mailed over the course of several months. Most people should receive \$1,200. If you need to submit payment details, you can use this website: <https://www.freefilefillableforms.com/#/fd/EconomicImpactPayment>.

To check the status of your payment, you can go to <https://sa.www4.irs.gov/irfof-wmsp/>. If you have issues tracking the stimulus, contact Congressman Raja Krishna-moorthi's office at 847-413-1959.



COVID-19 Scam Awareness

It can seem to add insult to injury when people manipulate and prey upon others during an international crisis. Despite an outpouring of goodwill during this time, new scammers have come out of the woodwork to take advantage of the fear and worry that emerge during an emergency.

The Federal Trade Commission suggests not responding to any texts, emails, or calls about checks from the government. You should also ignore online offers for vaccinations or home testing kits. Hang up on robocalls and be careful about emails claiming to be from the Centers for Disease Control or the World Health Organization. Finally, double check charitable organizations before making a donation.

Please be extremely cautious if people approach or ask you for money, account numbers, or information. There is no cure or vaccine, as of printing. You should not pay for someone pedaling a cure. Also, you should be cautious of those who are selling personal protective equipment at inflated prices or other materials online. The Attorney General is tracking and prosecuting those that "price gouge." If you find someone who is "price gouging," please call the Illinois Attorney General at 800-964-3013.

Income Tax Deadline Extended to July 15

As most people know, April 15 is the typical deadline to file income taxes. Due to COVID-19, the AARP Income Tax Assistance program suspended service; as of printing, there is no update on whether or not this service will be rescheduled.

The IRS announced a filing extension for all taxpayers through July 15. You can now file your income taxes by July 15 without a penalty or filing an extension.

If you are comfortable with a computer and have an adjusted gross income of less than \$69,000 you may qualify for the federal "Free File" program. The Free File program is offered in partnership with for-profit companies. The official government website for the program is <https://apps.irs.gov/app/freefile/>.

Paint-A-Thon

Does your home need a fresh coat of paint? Could your garage, shutters, or front door benefit from some TLC? The Community Paint-A-Thon is a free program that provides exterior painting to those who qualify. All work is done by volunteers and supplies are donated. To qualify, the home must be owner-occupied and have homeowner's insurance. The homeowner must be over the age of sixty, have a permanent disability, or be a veteran. If the project is approved, all work

happens in September. This year, Paint Day is scheduled for September 19.

If you would like to apply, call us at 847-285-4541 and we can provide an application.



Census 2020

There is still time to complete your 2020 Census. There are several ways to complete your questionnaire. If you have questions, please call the township at 847-285-4541 and a staff member can assist you. *Everyone counts* for the census and it is important for how the government allocates funding.

To complete your census, you can go online to <https://my2020census.gov/> or call 844-330-2020. If you do not respond online or by phone, you will be mailed a paper form. If your address's response is not received, a census worker will go door-to-door later this year. Completing the census is required by the Constitution. Let us know if you have questions!



CEDA Assistance Programs

CEDA operates the Family Support and Community Engagement (FsACE) program. The FsACE program expanded in light of the COVID-19 crisis. The program may be able to help residents of suburban Cook County with water bill payments, basic essentials assistance, medical supply and prescription costs, or emotional counseling services. Please call 312-795-8948 or visit cedaorg.net for more information.

The FsACE program may also be able to help with dental care, auto repair, vision care, and more. If you are in need, please reach out!

Social Services

Senior Services Staff Available



While the shelter-in-place order is active, staff can assist clients remotely—by phone, video chat, or email. We're here to help! Call us at 847-285-4541.

LIHEAP Help Extended Until June 30

Due to COVID-19, the State of Illinois extended the deadline to file for LIHEAP services until June 30. The Low Income Home Energy Assistance Program provides credit toward Nicor Gas and/or ComEd accounts. Call 847-285-4541 for required documents and to make an appointment.

If you already applied since October 2019, you may not be eligible.

Gross Monthly Income Guidelines

- 1 person household \$1,562
- 2 person household \$2,114
- 3 person household \$2,666

Trained Staff Ready to Help with Medicare

The Senior Health Insurance Program (SHIP) is a free service to help people with Medicare or Medicaid. Township staff are trained SHIP Counselors and are available to help explain benefits, troubleshoot issues, or clarify information. Appointments are required by calling 847-285-4541. SHIP is sponsored by the Illinois Department on Aging. Our staff are happy to help with complex issues and questions related to other insurance.

Staff can also screen people for available assistance programs which may help reduce costs related to Medicare and prescription drugs. If you are struggling to afford medications, please contact us to discuss options.

There is no fee for to meet with staff. We look forward to serving you.



Benefit Access Program Raises Income Limit

The Benefit Access Program provides two benefits—a discount off the annual license plate registration fee and eligibility for the Free Ride Transit Pass (providing free transportation on all fixed-route, mass transit). The program is available to Illinois residents who meet income guidelines.

The income limit was recently increased. A single household gross income from the previous year must be less than \$33,562; the limit for a two-person household is \$44,533. Eligible applicants must also be over the age of 65 or 16 and older with a permanent disability. Due to the extension of income tax filing deadline to July 15, we are still using 2018 income documents for this program. To see if you qualify or to schedule an appointment, call 847-285-4541.

SNAP Benefits Can Help Stretch Budget

SNAP provides monthly assistance with food cost. The benefit can be used at most area grocery stores for things like fresh produce, dairy, canned goods, meat, and more. For households with a person over the age of sixty or with a disability, income guidelines are as follows:

Gross Monthly Income Guidelines

- 1 person household \$2,082
- 2 person household \$2,818
- 3 person household \$3,555

Township staff are trained to help file SNAP applications and we are happy to help! Call 847-285-4541 to schedule your appointment.

FREE Career Coaching Service

Looking for guidance in today's workplace economy? Trying to find employment or move on to the next phase in your career? The Township of Schaumburg can help through career coaching. The Coach is available by email and phone. In-person sessions can be arranged if needed. The Career Coach can help with the following areas: Resume Review, Job Search in the Modern Age, Negotiations, Interviewing, and more. Email

emperservices@schaumburgtownship.org for further assistance or call 847-285-4541 and we can provide the referral.

We welcome job seekers regardless of what stage of employment they are in. Call or email TODAY!

Virtual Take Charge of Your Diabetes

Offered in conjunction with AgeOptions, *Take Charge of Your Diabetes* is a six-week workshop to give people who are diabetic, pre-diabetic, or caring for a person with diabetes tools to help better manage their conditions. Due to COVID-19, this workshop is now available virtually. If you are interested in a future workshop, give us a call at 847-285-4541 and we will add you to the interest list! This is a great opportunity to take charge of your condition!



FREE Energy Efficiency Programs

There is a free energy efficiency program available to Nicor customers. The Nicor EnergySmart program will send a kit of easy-to-use products at no charge.

There is no income requirement, but eligible households must have a Nicor account. Kits will be mailed directly to homes within 4-5 weeks.

The Township also has LIKE kits available which provide qualified ComEd customers several efficiency products at no charge. To see if you qualify or if you would like an appointment, call 847-285-4541.



COVID19 Shelter-in-Place Self-Care Bingo

For every box you complete, write your initials in the box. For every BINGO you win - Vertical, Horizontal, or Diagonal - you will receive one entry into a raffle. If you get a coverall, you will get 12 chances! Mail in your BINGO card by June 15 to the Township at 1 Illinois Blvd, Hoffman Estates, IL 60169 ATTN: Megan Conway. We will hold the raffle at the end of June. **Make sure to put your name and phone number at the top!**

Call a loved one	Write a letter to a loved one	Start a Journal	Read or listen to a book	Clean out your fridge
Partake in a virtual program	Go one day with no television	Set a daily intention	Play a game of solitaire	Declutter that one "hotspot"
Take a brief walk	Take a nap	FREE SPACE	Work on a puzzle	Wipe off the stove
Open the windows	Get a good night's sleep	Light a candle	Color a picture	Clean out the lint trap on the dryer
Take ten deep breaths	Floss your teeth	Make your bed	Listen to favorite music	Throw away unmatched socks



Township of Schaumburg
Department of Senior Services
 1 Illinois Boulevard
 Hoffman Estates, IL 60169
 Phone: 847-884-0030

Senior Services Direct: 847-285-4541
www.schaumburgtownship.org

PRSR STD
 U.S. POSTAGE
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 PERMIT NO. 154
 SCHAUMBURG, IL



Senior
Services
 has a new
DIRECT DIAL!

Reach us at 847-285-4541
or 847-450-8011!

SENIOR SERVICES

- CEDA Energy Services (LIHEAP, Furnace, Weatherization, & more)
- Day Trips
- Disability parking placards
- Employment Services
- Home visits
- Illinois amplified phone program
- Income tax return assistance
- Information and referrals
- Medicare counseling
- Notary public services
- Recreation programming
- RTA Reduced Fare and Free Ride Transit Passes
- Senior citizen will program
- Social events and parties
- Support groups
- Transportation
- Veterans Services, and MORE



Signing up is easy:

- 1) Visit schaumburgtownship.org.
- 2) Look on the right side of the screen.
- 3) Scroll down until you see a section "Subscribe to Our Mailing List."
- 4) Enter your email address, first name, last name, and which topics interest you.
- 5) Click on "Senior Services" (and any other department that interests you).
- 6) Click "Subscribe"

We will never sell or disclose your information without your consent and you can unsubscribe whenever you like. If you need help, our staff are happy to assist you with signing up. Call us at 847-285-4541 or 847-450-8011.

E-News Sign Up

Have you signed up for our electronic mailing list? If you have an email address, we would encourage you to "opt in" to our email newsletters. This is the best way for us to communicate changes or to send alerts on programs or services very quickly.

