

March and April 2020

50TH ANNIVERSARY EARTH DAY EVENT

April 22, 2020, is the fiftieth anniversary of Earth Day. In celebration of this golden anniversary, we have a special program scheduled. We invite you to join us from 10:30 AM—12 PM for this FREE event. Registration is required as space is limited.

We welcome Commissioner Mariyana Spyropoulos of the Metropolitan Water Reclamation District of Greater Chicago, the Citizens Utility Board, and Nicor Gas to present on energy, water savings, and conservation tips.

Rain barrels from the Township of Schaumburg Highway Commissioner Scott M. Kegaris will also be on display. Learn the benefits of collecting rain in the barrels and enter for a chance to win one. Residents can also purchase a barrel for \$55 including delivery.

Free tree saplings from the Water Reclamation District will also be available while supplies last. Register with Senior Services at 847-285-4541.



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PROGRAM COORDINATOR

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MOTHER'S DAY TEA—MAY 8

We cordially invite you to our 4th Annual Mother's Day Tea Party. This year's party will be held on Friday, May 8, at 11:30 AM.

This tea-licious event will feature scrumptious lunch, tea service, and elegant socialization. Seating is very limited, so register today with Senior Services. The fee for the luncheon is \$16 per person.



THANK YOU, VOLUNTEERS

Every April, we recognize the impressive work our volunteers do to support the Township and our residents. From everyone at the Township, we want to say "THANK YOU" for the hard work, dedication, time, and talent provided!

Volunteers support the Township in a variety of ways. We have numerous opportunities available if you are interested. Contact us at 847-285-4541 if you would like a volunteer application and for info.

Members of our Knit and Crochet group meet each Friday to create homemade items for people in need; AARP Tax Preparers help over 1,000 people complete income tax returns; volunteers facilitate classes (like the new fine arts programs on page 2 and 3), and more! Thanks!

CENSUS 2020

You may have heard—2020 is a census year. We will have an informational session at the township on March 18 (see page two for more details). If you have questions, please contact Senior Services staff who will be happy to help. Roselle's Complete Count Committee is hosting a "Census Day" on April 1 (see page 5 for more details). We encourage everyone to get counted!



Day Trips and Programs

Please register for all programs with Senior Services at 847-285-4541 (unless otherwise noted). Any fees are due at the time of registration. We can accept cash, check, or credit card. There is a 4% fee for credit card payments. All programs are held at 1 Illinois Blvd, Hoffman Estates, IL, 60169 (unless otherwise noted). Unfortunately, we are unable to issue refunds unless we can fill your space with another person.

<p>COFFEE AND CONVERSATION WITH NURSE JANET Wednesday, March 4 9:30 AM—10:30 AM FREE Nurse Janet will provide an overview on stroke education and how to respond. Bring your questions and concerns about strokes. We'll provide the coffee. Register with the Nurse at 847-285-4551.</p>	<p>DIY WITH THE DIRECTOR CRAYON ART Wednesday, March 4 11 AM—12 PM \$3 suggested donation No experience necessary for this neat way to use old crayons. We will use crayons and heat guns to make amazing melted art. Space is limited; Registration required.</p> 	<p>TALK TECHY CLASS Monday, March 9 10 AM (Apple Users) 1:30 PM (Android Users) FREE Benefit Specialist Ami-Nell Scurry will lead a class on how to navigate touchscreen smart phones. Bring your questions! Registration required.</p> 
<p>ART EXPRESSIONS Wednesday, March 11 10 AM—11:30 AM \$7 (materials fee) Beginners welcome! Volunteer artist, Kristi, will guide us through a step-by-step tutorial on sponge art to create a beautiful landscape painting (see page 7). Seating is limited! Registration required.</p> 	<p>CUB UTILITY BILL CLINIC Wednesday, March 11 11 AM—1 PM FREE Bring in your utility bills for a personal review with the Citizens Utility Board. Learn how to keep costs down and get tips on internet, cable, phone service, & more. Registration required.</p>	<p>CENSUS: GET COUNTED IN 2020! Wednesday, March 18 10 AM—11 AM FREE Learn the importance of the census and review how to complete it safely. There will be time for Q&A and computers to complete the census afterward. Registration required.</p>
<p>MAINTAINING YOUR LIFESTYLE WITH VISION LOSS Wednesday, March 18 10 AM—11 AM FREE Second Sense will present helpful tools to stay independent with low vision. Learn valuable skills to help at home, work, or in the community. Registration required.</p>	<p>HORSERACING Wednesday, March 18 12 PM—2 PM \$2 suggested donation Do you like horse racing? Join us for the township version and have a blast competing for prizes by betting on your fave filly. Hot dog lunch is provided. Registration required.</p> 	<p>TAKE CHARGE OF DIABETES Wednesdays, March 18—April 22 1 PM—3:30 PM FREE Back by popular demand! Trained facilitators will lead this six-week workshop on ways to "Take Charge of Your Diabetes." (See page 8 for details) Registration required.</p>
<p>SECRETARY OF STATE RULES OF THE ROAD Friday, March 20 10 AM—12 PM FREE This session gives drivers the knowledge and confidence needed to renew their license. The class combines explanation of driving exam & practice written exam. Registration required.</p> 	<p>ALZHEIMER'S ASSOCIATION CAREGIVER SUPPORT GROUP Monday, March 23 11 AM—12:30 PM FREE We invite anyone providing care to join us for a general support group. Share with others facing similar situations. Registration recommended.</p>	<p>FELTED WOOL SOAP Wednesday, March 25 10:30 AM—12 PM \$5 (materials fee) Create your own felted wool soap to give as a gift or keep for yourself. Perfect for Easter or Mother's Day. Class led by volunteer instructor, Coral. Space is limited; Registration required</p> 
<p>BRIDGES TO MEMORY Wednesday, March 25 2 PM—3:30 PM FREE Bridges is a unique group intended for people with memory loss and their caregivers to attend together. Specialized activities will be provided. Registration required for new members.</p>	<p>BREAKFAST SOCIAL—EGG HARBOR 1310 AMERICAN LN, SCHAUMBURG Tuesday, March 31 8 AM—9 AM On your own Rise and shine with the Township! Join friends for delicious food and socialization. Separate checks will be issued. Registration required.</p>	<p>COOKING DEMO—MEATLOVER BREAKFAST CUPS Tuesday, March 31* 10 AM—11 AM FREE Join Nurse Janet for a healthy cooking demonstration on how to make nutritious and delicious breakfast cups. Space if limited. Register with the Nurse at 847-285-4551. *Previously listed as 3/24.</p>

Day Trips and Programs

Please register for all programs with Senior Services at 847-285-4541 (unless otherwise noted). Any fees are due at the time of registration. We can accept cash, check, or credit card. There is a 4% fee for credit card payments. All programs are held at 1 Illinois Blvd, Hoffman Estates, IL, 60169 (unless otherwise noted). Unfortunately, we are unable to issue refunds once a final count is submitted unless we can fill your space.

<p>COFFEE AND CONVERSATION WITH THE NURSE Wednesday, April 1 9:30 AM—10:30 AM FREE This month, we focus on the differences between palliative care, comfort care, and hospice care. Bring your questions; we'll bring the coffee. Register with the Nurse at 847-285-4551.</p>	<p>DIY WITH THE DIRECTOR DECOUPAGE FLOWER POTS Wednesday, April 1 11 AM—12 PM \$3 suggested donation Perfect for springtime—we'll be making a beautiful flower pot for your home. You don't need to have a green thumb—all skill levels welcome. Space is limited; Registration required.</p>	<p>MORKES CHOCOLATE AND PIZZA Friday, April 3 9:30 AM—2 PM \$25 (lunch is on your own) Join us for a fun trip to Morkes to design a personalized chocolate pizza and other fun projects. After visiting the gift shop, we'll head to Barnaby's for lunch. Registration required.</p>
<p>PROTECT YOUR ID—MONEY SMART CLASS Tuesday, April 7 10:30 AM—12 PM FREE April is Financial Literacy Month! Now is the time to review how to protect your ID. Join a staff member from Barrington Bank & Trust for this helpful information. Registration required.</p>	<p>MUSIC NIGHT W DENISE ARMOUR Tuesday, April 7 6 PM—8 PM \$15  The music stylings of Denise Armour will kick off our music night series 2020. Fee includes live entertainment, two drinks, and light refreshments. Registration required by 4/1.</p>	<p>ART EXPRESSIONS Wednesday, April 8 10 AM—11:30 AM \$7 (materials fee) Beginners welcome! Artist Kristi will provide instruction on creating a beautiful flag with acrylic paints (see page 7 for more information). Seating is limited! Registration required.</p> 
<p>RTA ACCESSIBILITY PRESENTATION Wednesday, April 8 10 AM—11 AM FREE The RTA will present on how to use accessible public transportation like Metra, Pace, and CTA systems. Tips and tricks will also be shared. Time for Q&A! Registration required.</p>	<p>TALK TECHY CLASS Tuesday, April 14 10 AM (Apple Users) 1:30 PM (Android Users) FREE  Benefit Specialist Ami-Nell Scurry will lead a class on how to navigate touchscreen smart phones. Bring your questions! Registration required.</p>	<p>HORSERACING Wednesday, April 15 12 PM—2 PM \$2 suggested donation Do you like horse racing? Join us for the township version and have a blast competing for prizes by betting on your fave filly. Hot dog lunch is provided. Registration required.</p>
<p>LUNCH AROUND THE WORLD Friday, April 17 11:30 AM \$18  BRAND NEW: We will head to the Polish restaurant Opolska for a delicious lunch and info about a new culture. Lunch, drink, transportation, and tip included. Registration required.</p>	<p>FALL PREVENTION SCREENINGS Tuesday, April 21 10 AM—12 PM FREE Physical therapists from Northwest Community Healthcare will be onsite to screen individuals for fall risk. Register for a fifteen minute appointment with the Nurse at 847-285-4551.</p>	<p>50TH ANNIVERSARY EARTH DAY EVENT Wednesday, April 22 10:30 AM—12 PM FREE We will have a series of special speakers to discuss energy, water savings, and conservation. Prizes and raffles. See page one for more details. Registration required</p>
<p>BRIDGES TO MEMORY Wednesday, April 22 2 PM—3:30 PM FREE Bridges is a unique group intended for people with memory loss and their caregivers to attend together. Specialized activities will be provided. Registration required for new members.</p>	<p>ALZHEIMER'S ASSOCIATION CAREGIVER SUPPORT GROUP Monday, April 27 11 AM—12:30 PM FREE We invite anyone providing care to join us for a general support group. Share with others facing similar situations. Registration recommended.</p>	<p>BREAKFAST SOCIAL—DENNY'S 1175 Roselle Rd, Hoffman Estates Tuesday, April 28 8 AM—9 AM On your own Rise and shine with the Township! Join friends for delicious food and socialization. Separate checks will be issued. Registration required.</p> 

DROP-IN Programs

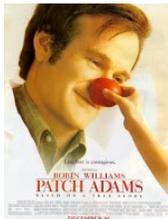
MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p>VETERAN SERVICES 9 am—3:30 pm (appointment required after 12 PM)</p> <p>CAREGIVER SUPPORT GROUP 11 am—12 pm 4th Monday</p> <p>CHAIR YOGA 12 pm—1 pm \$5 per class</p> <p>SENIOR CITIZENS SERVICES COMMITTEE 7 pm 3rd Monday</p>	<p>TAI CHI 1 pm—2 pm \$5 per class</p> <p>BONE DENSITY SCREENINGS 2nd Tuesday (register with Nurse Janet at 847-285-4551)</p> <p>SENIOR WILLS 2nd Tuesday (appointments required)</p> <p>FIBROMYALGIA SUPPORT GROUP 7 pm—8 pm 4th Tuesday</p>	<p>COFFEE AND CONVERSATION 9:30 am—10:30 am 1st Wednesday</p> <p>DIABETES SUPPORT GROUP 10:30 am—11:30 am 2nd & 4th Wednesday</p> <p>DIY WITH THE DIRECTOR 11 am—12 pm 1st Wednesday</p> <p>BRIDGES TO MEMORY 2 pm—3:30 pm 4th Wednesday</p>	<p>VETERAN SERVICES 9 am—3:30 pm (appointment required after 12 PM)</p>	<p>KNIT/CROCHET 9 am—11 am</p> <p>CHAIR YOGA 12 pm—1 pm \$5 per class</p> <p>AT THE MOVIES 12 pm 3rd Friday \$2 donation</p>
				<p>Interested in one of our drop-in activities? There is no need to register (unless noted). Just come on by! Questions? Call Senior Services at 847-285-4541.</p> <p>Would you like to start a drop-in group or club? Call Caryn Remer for more information about how we might be able to launch something.</p>

Monthly Movies

Enjoy a movie, beverage, and freshly popped popcorn during our "Friday at the Movies." Movie starts at 12 PM and we request a \$2.00 donation.

March 27

Patch Adams
(PG-13 Biography/Comedy/Drama)
Based on the true story of a heroic man, Hunter "Patch" Adams, determined to become a medical doctor by using humor and pathos. Starring Robin Williams.



April 24

Going in Style
(PG-13 Comedy/Crime)
Three lifelong friends risk it all to rob a bank that took all their money. Starring Morgan Freeman, Michael Caine, and Alan Arkin.



Transportation Services

There is a \$1 fee per ride when using the Township bus. Reservations Required. Please call 847-882-1929 for a reservation, to register, or for more information.

<u>March DATES</u>	STORES	<u>April DATES</u>	STORES
MONDAY—2ND FRIDAY—6TH	WALMART 850 S Barrington Streamwood	FRIDAY—3RD	WALMART 850 S Barrington Streamwood
MONDAY—9TH FRIDAY—13TH	TARGET 2621 Schaumburg Schaumburg	MONDAY—6TH FRIDAY—10TH	TARGET 2621 Schaumburg Schaumburg
MONDAY—16TH FRIDAY—20TH	WALMART 801 Meacham Elk Grove	MONDAY—13TH FRIDAY—17TH	WALMART 801 Meacham Elk Grove
MONDAY—23RD FRIDAY—27TH	TARGET 1235 Higgins Rd Schaumburg	MONDAY—20TH FRIDAY—24TH	TARGET 1235 Higgins Rd Schaumburg
MONDAY—30TH	WALMART 850 S Barrington Streamwood	MONDAY—27TH	WALMART 850 S Barrington Streamwood

News IN and AROUND the Township

STAMP OUT HUNGER TOWNSHIP FOOD DRIVE

On May 9th, letter carriers across America participate in the Stamp Out Hunger Food drive. Carriers will collect non-perishable items on their typical mail route and deliver to their local food pantries. To donate, leave a box or bag of non-perishable food next to your mailbox that day before your letter carrier arrives with your mail. Last year, the Township received 10,843 pounds from the Schaumburg Post Office. Not sure if your letter carrier participates? Head to your local postal service website or give your post office a call to confirm! This is an easy way to help hungry families in our community.

If you miss the Stamp Out Hunger Food Drive, you can drop off donations at the Township during business hours. Thanks, in advance, for your support!



ANNUAL NATIVE PLANT SALE

The Schaumburg Community Garden Club will be holding their annual sale on Sunday, May 17, from 10 AM—2 PM at Spring Valley Nature Center. The Nature Center is located at 1111 E Schaumburg Rd, Schaumburg. You can view photos of native wildflowers, grasses, perennials, trees and shrubs, as well as pre-order online at

www.schaumburggardenclub.com. The deadline to pre-order is Friday, May 1.

Check out the website to learn more or to place your order.



INCOME TAX DEADLINE—APRIL 15

As most people know, April 15 is the deadline to file income taxes. The Township provides income tax filing through the AARP Foundation Tax Aide program. We are currently at capacity for appointments, but wanted to remind people of the deadline and provide alternative solutions.

If you are comfortable with a computer and have an adjusted gross income of less than \$69,000 you may qualify for the federal "Free File" program. The Free File program is offered in partnership with for-profit companies. The official government website for the program is <https://apps.irs.gov/app/freefile/>.

Most local sites are also full, but the Willow Creek Care Center provides walk-in appointments. There are specific guidelines for qualifications, so please call 224-512-2600 for more information and hours.

PARDON OUR DUST

We appreciate your patience as we make improvements to the Township building including the Senior Services department. If you haven't visited recently, we encourage you to stop by and check out the renovations. We removed walls and doors to open up the space and create an improved entry-point for clients and guests. The project is ongoing, but we welcome visitors. The new entry ensures client privacy and provides an improved customer service experience.

The Township also installed updated carpeting throughout the main and upper levels. Some of our groups and activities will be held in our updated small activity room. Over the next few years, you will see additional capital improvements to the building. These improvements will help us offer additional programs and services while better utilizing our space.



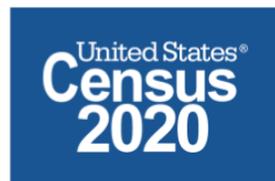
Village of Roselle Complete Count Committee

Celebrate Census Day All Day • April 1, 2020

Enjoy fun activities and refreshments



Library staff will be available to help with completing the Census questionnaire online April 1 and throughout the response period.



40 South Park Street, Roselle, IL

Social Services

Benefit Access Program Raises Income Limit

Please Notice This



The Benefit Access Program provides two benefits—a discount off the annual license plate registration fee and eligibility for the Free Ride Transit Pass, providing free transportation on all fixed-route, mass transit. The program is available to Illinois residents who meet income guidelines. We are pleased to share that for the first time in ten years, the income threshold was raised to accommodate more people. A single household gross income from the previous year must be less than \$33,562; the limit for a two-person household is \$44,533. Eligible applicants must also be over the age of 65 or 16 and older with a disability. To see if you qualify or to schedule an appointment, call 847-285-4541.

Trained Staff Ready to Help with Medicare

The Senior Health Insurance Program (SHIP) is a free service to help people with Medicare or Medicaid. Township staff are trained SHIP Counselors and are available to help explain benefits, troubleshoot issues, or clarify information. Appointments are required by calling 847-285-4541. SHIP is sponsored by the Illinois Department on Aging. Our staff are happy to help with complex issues and questions related to other insurance.

Staff can also screen people for available assistance programs which may help reduce costs related to Medicare and prescription drugs. If you are struggling to afford your medications, please contact us for a review of options.

There is no fee for to meet with staff. We look forward to serving you.



LIHEAP and Furnance Help Still Available

The Low Income Home Energy Assistance Program began October 1, 2019. The program provides credit toward Nicor Gas and/or ComEd accounts. Call 847-285-4541 for required documents and to make an appointment. The program will end May 31 or earlier if funds are exhausted.

LIHEAP may also be able to help if your furnace is no longer working. To qualify, you must meet income and household guidelines. If approved, the Furnace program will repair or replace the existing unit.

Gross Monthly Income Guidelines

- 1 person household \$1,562
- 2 person household \$2,114
- 3 person household \$2,666

New Income Guidelines for SNAP

The State of Illinois recently announced new income limits for the SNAP program. SNAP provides monthly assistance toward your grocery bill. SNAP benefits can be used at most area grocery stores to purchase things like fresh produce, dairy, canned goods, meat, and more. For households with a person over the age of sixty or with a disability, income guidelines are as follows:

Gross Monthly Income Guidelines

- 1 person household \$2,082
- 2 person household \$2,818
- 3 person household \$3,555

Township staff are trained to help file SNAP applications. Benefits are available on a Link card and reloaded automatically each month. SNAP benefits are available to all who qualify—you would not be “taking” from someone else if you apply. The process is simple and we are happy to help! Call 847-285-4541 to schedule your appointment.

FREE Energy Efficiency Programs

There is a free energy efficiency program available to Nicor customers. The Nicor EnergySmart program will send a kit of easy-to-use products at no charge.

There is no income requirement, but eligible households must have a Nicor account. Kits will be mailed directly to homes within 4-5 weeks.

ComEd customers may qualify for a program called “Savings for Income Eligible Seniors.” A technician will install energy efficiency products at no charge to eligible customers. To qualify, you must have ComEd service, be 60 and older, reside in suburban Cook County, and meet income guidelines. The income limit for a single family household is \$47,400.

The Township also has LIKE kits available which provide qualified ComEd customers several efficiency products at no charge. To see if you qualify or if you would like an appointment, call 847-285-4541.

FREE Career Coaching Service

Looking for guidance in today’s workplace economy? Trying to find employment or move on to the next phase in your career? The Township of Schaumburg can help through career coaching. The Coach is available by email and phone. In-person sessions can be arranged if needed. The Career Coach can help with the following areas: Resume Review, Job Search in the Modern Age, Negotiations, Interviewing, and more. Email

empservices@schaumburgtownship.org for further assistance or call 847-285-4541 and we can provide the referral.

We welcome job seekers regardless of what stage of employment they are in. Call or email TODAY!

Coming Soon...

Tickets Available at Schaumburg Township!! Pick One Up Today!



32nd Annual Senior Celebration Day

Tuesday, March 24, 2020
10 a.m. to 2 p.m.

This FREE EVENT will be held at the Forest View Educational Center
2121 S. Goebbert Road, Arlington Heights, IL (Enter at Door 1)

- Free Health Screenings
- Secretary of State
- Mount Prospect Lions Club Hearing Van
- Informative exhibitors
- Bingo - Play FREE
- Entertainment, giveaways and more!

Admission ticket is required for entry. Free tickets are available at your local senior centers, Elk Grove and Wheeling Township offices, park districts within District 214 boundaries, District 214 Community Education or on the day of the event at the door. Call 847-718-7700 for more information.

Featuring Rosie & The Rivets performing the hits of the 1950's and early 1960's.



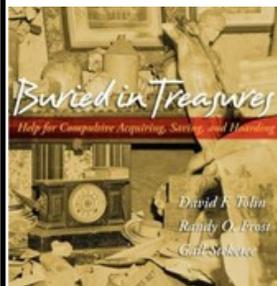
\$6 Lunch by Tailgate Catering (Bring cash)

Buried In Treasures Workshop

Too much stuff? Clutter taking over? *Buried In Treasures* workshop COMING SOON!

- Do you have a hard time managing your possessions, but are overwhelmed by the idea of getting rid of things?
- Is it difficult to resist the temptation to buy too much or collect free things?
- Do you feel misunderstood by family or friends who don't understand why you hold on to things?
- Has the volume of possessions 'taken over' your house, workspace or car?

If you want to overcome clutter, but not sure where to start, *Buried In Treasures* may be the perfect self-help action group to get you started. The workshop will begin in July and run through October 2020. Learn how to control your acquiring and decide what items to save. Understand how to organize your items and create a living space you can use effectively.

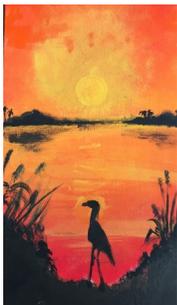


Look for more details in our May/June newsletter. If you would like to be added to our interest list for this program or have questions, call 847-285-4541.

Introducing: Art Expressions

The Township is pleased to announce a new monthly art workshop facilitated by a talented volunteer. Kristi, our skilled volunteer artist, will introduce art concepts to help you relax and get creative. No fine art skills are required. Kristi will lead participants step-by-step through each project. Seating is limited and registration required by calling 847-285-4541. There is a \$7 fee to cover the cost of materials. Each class starts at 10 AM.

- ◇ March 11—Sponge Art (Dawn to Dusk Sun and Bird)
- ◇ April 8—Acrylic Art (American Flag Night Sky)
- ◇ May 13—Tape Art
- ◇ June 10—Finger Painting for Adults



LEFT: March's sponge art



RIGHT: A sample of April's project

Lunch Around the World

Do you like to try new foods and learn about different cultures? Starting in April, we will have a monthly lunch group to try new restaurants and experience new flavors.

We begin our trip around the world at Opolska Polish restaurant on April 17. On May 15, we will head to Ali Baba Kebab to try Mediterranean foods. Meet at the Township at 11:30 and we will provide the transportation. Lunch, beverage, dessert, and tip are included as well. Each restaurant will explain about the food and culture. Registration required and each lunch outing costs \$18. We welcome suggestions for new locations. Give us a call at 847-285-4541 if you have a recommendation for international cuisine.



