

## June July and August 2019

### Congratulations!

Schaumburg Township would like to congratulate former Supervisor Mary Wroblewski on her retirement! Mary officially retired from the Board of Trustees on April 24. She served the Township for over eighteen years! Thank you, Mary, for your many years of dedicated service and leadership at the Township. We wish her well as she enjoys this next chapter!



We would also like to congratulate Timothy M. Heneghan who was appointed as Supervisor and W. Robert Vinnedge who was appointed as Clerk. Supervisor Heneghan previously served as Clerk since 2005. Clerk Vinnedge previously served as Trustee since 2009. Best wishes to both in your new posts!

### Mailing List Update

We are kindly requesting your help to update our mailing list. Please see page eight for more information. If you would like to continue receiving our *Senior Newsletter*, please call us at 847-884-0030, email [anewell@schaumburgtownship.org](mailto:anewell@schaumburgtownship.org), or return the back page with your contact information by July 31. Our mailing list has grown to over 3,000 households and we want to ensure our records are up-to-date. If we do not hear from you by July 31, you will be removed from our list! Please respond today!

### Bridges to Memory Program

Senior Services is very pleased to announce a brand new program: *Bridges to Memory*. Bridges to Memory is designed for a person with Alzheimer's Disease, dementia, or memory loss to attend with their caregiver. We invite you to join us on the fourth Wednesday of each month from 2 PM-3:30 PM. The group is intended to be a social gathering for those with memory loss and their caregivers. A variety of activities will be offered including reminiscence, arts and crafts projects, exercise, music activities, and MORE!



Join us for our kick-off event on June 26. This new group is specifically designed for older adults and their caregivers to attend together. Registration is required. Please note that staff are not medical professionals and we cannot provide assistance in the bathroom, with feeding, or medications. If you are interested in volunteering for this unique group, please give us a call! Contact Kim or Caryn with

questions or for more information at 847-884-0030.

**SAVE THE DATE: June 26, July 24, August 28**

#### **SUPERVISOR**

Timothy M. Heneghan

#### **TRUSTEES**

Diane Dunham  
Jeffrey S. Mytych  
Nimish Jani

#### **CLERK**

W. Robert Vinnedge

#### **ASSESSOR**

John R. Lawson

#### **HIGHWAY COMMISSIONER**

Scott M. Kegarise

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#### **DIRECTOR OF SENIOR SERVICES**

Megan Conway

#### **ASSISTANT DIRECTOR OF SENIOR SERVICES**

Anna Newell

#### **PROGRAM COORDINATOR**

Caryn Remer

#### **BENEFIT SPECIALIST/ PROGRAM COORDINATOR**

Kim Kettel

#### **BENEFIT SPECIALIST**

Sharon DeMarchi-Belter

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# Day Trips and Programs

Please register for all programs with Caryn or Kim in the senior department at 847-884-0030 (unless otherwise noted). Any fees are due at the time of registration. We can accept cash, check, or credit card. All programs are held at 1 Illinois Blvd, Hoffman Estates, IL, 60169 (unless otherwise noted). Unfortunately, we are unable to issue refunds unless we can fill your space with another person.

## SECRETARY OF STATE RULES OF THE ROAD

Friday, June 7  
10 AM—12 PM  
FREE



The Rules of the Road review course combines an explanation of the driving exam, an overview of the rules of the road, and a practice written exam. Please note that there is no "behind the wheel" portion of the class. Offered in conjunction with the Mobile Services Unit. Registration required.

## SECRETARY OF STATE MOBILE SERVICES UNIT

Friday, June 7  
10 AM—2 PM  
Some services may require a fee

Services available include vision screening, driver's license/state ID cards (renewal, replacement, corrections), vehicle sticker sales, organ/tissue donor info and registration, and voter registration. Please note that there is no road testing or REAL IDs issued.

Additional documents may be required; call 217-782-7044 with questions or more info. Walk-ins welcome.

## 4 WINDS CASINO-NEW BUFFALO DAY TRIP

Tuesday, June 11  
9 AM—6 PM  
\$39

Space is still available for this amazing day trip! Join us for a fun day as we travel to Michigan for a day at the casino! The fee includes \$15 play money, bus transportation, 4 hours at the casino, and a \$10 lunch voucher.



## 3RD ANNUAL FASHION SHOW

Saturday, June 15  
11:30 AM—1 PM  
FREE, but donation to food pantry appreciated

Senior Services and Style Encore Resale Shop (1402 N Roselle Rd, Schaumburg) are partnering to host our third annual women's resale Fashion Show. Watch our models walk the runway in designer clothes. Jewelry and purses supplied by Style Encore will be available for purchase. Open to ALL ages. Registration required.

## NEW TO MEDICARE INFO SESSION

Tuesday, June 18 at 6:30 PM  
Wednesday, September 11 at 1 PM  
FREE



Are you thinking of retiring soon or have questions about Medicare? Senior Services staff member Kim Kettel will present information on Medicare Parts A, B, C, D, and more! There will be time for questions and answers. Information presented at each session will be the same; you only need to attend one class. Registration required.

## HORSERACING

Wednesday, June 19 at 12 PM  
Wednesday, July 17 at 12 PM  
Wednesday, August 21 at 12 PM  
FREE



Do you like horseracing? Come to the township-version for a fun time competing for prizes. Each participant receives an equal number of wagers to bet on his or her favorite horse. Doors open at 12 PM and the races kick off at 12:15. A hot dog lunch is served. Registration required.

## WHITE PINES DAY TRIP FEATURING JEFF GORDON

Tuesday, June 25  
Time TBD  
\$85

Join us on a trip to the White Pines Theater in Oregon, IL. Jeff Gordon is the ultimate singer, impersonator, and entertainer! He sings favorites from Elvis, Johnny Cash, Conway Twitty, and more! Enjoy a live stage show in an intimate 125 seat, open-beamed log cabin lodge. Fee includes entertainment, lunch, transportation, and gratuities. Registration required.

## BREAKFAST SOCIAL

Tuesday, June 25 at Egg Harbor (1310 American Dr)  
Tuesday, July 30 at Omega (1923 W Wise Rd)  
Tuesday, August 27 at Omega (1923 W Wise Rd)  
8 AM  
Separate checks are issued

Rise and Shine with the Schaumburg Township Breakfast Social. New to the area, want to meet new people, or just LOVE breakfast? Join us for a delicious meal at popular restaurants around town!



# Day Trips and Programs

Please register for all programs with Caryn or Kim in the senior department at 847-884-0030 (unless otherwise noted). Any fees are due at the time of registration. We can accept cash, check, or credit card. All programs are held at 1 Illinois Blvd, Hoffman Estates, IL, 60169 (unless otherwise noted). Unfortunately, we are unable to issue refunds unless we can fill your space with another person.

## ILLINOIS ASSISTIVE TECHNOLOGY PROGRAM (IATP) INFO SESSION

Tuesday, July 9  
10:30 AM  
FREE

Presentation and demonstration of a variety of devices to assist in everyday living for those who have visual, physical, or coordination disabilities. All ages are welcome. There are devices to help with eating to using a computer to getting around. See and demo the devices in person. Registration required.

## MUSIC NIGHT WITH DANIELA TEREZA

Tuesday, July 9  
6 PM—8 PM  
\$15

Rock the night away with the music stylings of Daniela Tereza. Fee includes two drinks (beer, wine, soda, or water) & snacks.

Save the date for our next Music Night at the Starlight Lounge—September 10 with the Rhythm and Blues Brothers. You won't want to miss it!



## CHICAGO BOTANIC GARDENS DAY TRIP

Friday, July 12  
9 AM—5 PM  
\$48



Join us as we visit the beautiful Chicago Botanic Gardens. We will enjoy a narrated tram tour, have a delicious lunch, and then experience the *Butterflies and Blooms* exhibit featuring over 500 butterflies. Admission, lunch, and transportation included. Registration required.

## AGE OUT LOUD WITH ELDERWERKS

Tuesday, July 16  
10:30 AM  
FREE

Jennifer Prell of ElderWerks will lead this informational session on the products, websites, and activities to help older adults stay connected with the ones they love and remain engaged in their communities. She will share tips about what to avoid and how to safely navigate the internet. Light refreshments will be served. Registration required.

## REGIONAL TRANSPORTATION AUTHORITY (RTA) INFO SESSION

Wednesday, July 31  
10 AM  
FREE

Navigating public transportation can be confusing and overwhelming! Join Linda Chamberlain from the RTA as she explains how to use public transportation, ways to plan a trip, how to pay the fare and use a Ventra card, safety tips, and more! Light refreshments will be served. Registration required.

## AARP SMART DRIVER TEK INFO SESSION

Tuesday, August 13  
1 PM—3 PM  
FREE



Technology is changing the driving experience. This new workshop from AARP will teach you about the latest high-tech safety features in your current or future car. This interactive workshop will help you understand a variety of new safety features in cars. Workshop space is limited! Registration required.

## ARLINGTON PARK DAY TRIP

Thursday, August 22  
11:30 AM—4:30 PM  
\$12



Join us for an outing to Arlington Park Racecourse. Fee includes admission, box lunch, and transportation to and from Arlington Park. Registration Required. Hurry! This trip fills quickly!



## OKTOBERFEST

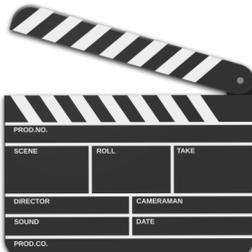
Friday, September 13  
11:30 AM—2:00 PM  
\$18



Willkommen! Celebrate Oktoberfest with our second annual event. Fee includes live oompah band, dancing, delicious German cuisine, two beers (or soda/water), and warm socialization! Don't miss this fun event! Registration required.

## DROP-IN Activities

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p>VETERAN SERVICES 9 am—4 pm (appointment required after 12 PM)</p> <p>WALKING GROUP 9:30 am</p> <p>CHAIR YOGA 12:00 PM \$5 per class</p>	<p>EMPLOYMENT SERVICES 9 am—1 pm</p> <p>TAI CHI 1:00 pm \$5 per class</p> <p>SENIOR WILLS (2nd Tuesday—appointments required)</p>	<p>EMPLOYMENT SERVICES 9 am—1 pm</p> <p>WALKING GROUP 9:30 am</p> <p>BRIDGES TO MEMORY (4th Wednesday) 2:00 pm</p>	<p>VETERAN SERVICES 9 am—4 pm (appointment required after 12 PM)</p> <p>BLOOD PRESSURE CLINIC 12:00 pm</p>	<p>KNIT/CROCHET 9:00 am</p> <p>CHAIR YOGA 12:00 pm \$5 per class</p>
<p>Interested in one of our weekly activities? There is no need to register (unless noted)! Just come on by! Questions? Call Caryn or Kim at 847-884-0030.</p>				



### Monthly Movies

Enjoy a movie, beverage, and freshly popped popcorn during our “Friday at the Movies.” Movie starts at 12:00 pm and we request a \$2.00 donation.

<b>June 28</b>	<i>The Notebook</i> (PG-13 Romance/Drama)
<b>July 26</b>	<i>The Post</i> (PG-13 Drama/History)
<b>August 23</b>	<i>The Greatest Showman</i> (PG Drama/Musical)

## Transportation Services

Every Monday and Friday, Transportation arranges shopping trips at popular local retailers. There is a \$1 fee per ride when using the Township bus. Reservations Required; Call 847-882-1929 for a reservation or for more information.

June DATES	STORES	July DATES	STORES	August DATES	STORES
MONDAY—3RD FRIDAY—7TH	WALMART 850 S Barrington Streamwood	MONDAY—1ST FRIDAY—5TH	WALMART 850 S Barrington Streamwood	FRIDAY—2ND	WALMART 850 S Barrington Streamwood
MONDAY—10TH FRIDAY—14TH	TARGET 2621 Schaumburg Schaumburg	MONDAY—8TH FRIDAY—12TH	TARGET 2621 Schaumburg Schaumburg	MONDAY—5TH FRIDAY—9TH	WALMART 850 S Barrington Streamwood
MONDAY—17TH FRIDAY—21ST	WALMART 801 Meacham Elk Grove	MONDAY—15TH FRIDAY—19TH	WALMART 801 Meacham Elk Grove	MONDAY—12TH FRIDAY—16TH	TARGET 2621 Schaumburg Schaumburg
MONDAY—24TH FRIDAY—28TH	TARGET 1235 Higgins Rd Schaumburg	MONDAY—22ND FRIDAY—26TH	TARGET 1235 Higgins Rd Schaumburg	MONDAY—19TH FRIDAY—23TH	WALMART 801 Meacham Elk Grove
		MONDAY—29TH	WALMART 850 S Barrington Streamwood	MONDAY—26TH FRIDAY—30TH	TARGET 1235 Higgins Rd Schaumburg

## Overnight Trip

### **GALENA OVERNIGHT**

Join us in Galena, Illinois. Our trip begins with a trolley ride through downtown, then you are on your own to do some shopping or visit historical sites. The trip includes 2 breakfasts, 2 lunches, 2 dinners, 2 nights at the Grand Harbour resort, lunch at Diamond Jo's Casino, dinner cruise along the Mississippi, and a visit to a local winery.

WHERE: Galena, Illinois

WHEN: Tuesday, July 23 through  
Thursday, July 25

FEE: \$455 (double occupancy)  
\$550 (single occupancy)

Payment is due at time of registration. Please register with the senior department. Call 847-884-0030 with questions and ask for Caryn or Kim.

## Activity SPOTLIGHT—TAI CHI

Tai Chi originated in China as a type of martial art. It is a low-impact, slow-motion exercise. During a tai chi class, you breathe deeply and naturally; your joints are not fully extended or bent; and, everything remains relaxed. Tai chi benefits both mind and body. Some studies have shown improvement in symptoms of arthritis and Parkinson's. Tai chi has been shown to decrease anxiety and depression, as well as improve cognition and help manage chronic diseases (like COPD and fibromyalgia). Tai chi practice has also been shown to reduce stress. Tai chi can help increase muscle strength, flexibility, and balance.

We are proud to offer Tai Chi classes every Tuesday at 1 PM and instructed by certified teachers. NO experience is necessary. Wear comfortable clothing. Each class is \$5 payable at the door!



## Township News

### Collection Spot

Did you know that Schaumburg Township Disability Services is a collection site for various household items. We are happy to support several initiatives and invite you to donate your items in our office! We accept the following items:

- ◆ Eyeglasses, sunglasses, hearing aides, and hearing aide batteries for the **Lions Club**.
- ◆ Pop can tabs for **Ronald McDonald House Charities**
- ◆ Small electronics (VCR, DVD, cords, cell phones ,etc.) for **Avenues for Independence**
- ◆ Calendars and greeting cards (new or used) for **Connect to Community**.

Feel free to drop by between 8:30 AM—5 PM and donate your items today! Thanks for your support!

### Farewell, Nurse Josie!

Please join us in wishing Nurse Josie Gould all the best as she retires in June! Many of you may know Nurse Josie from her Diabetes Support Group, blood pressure screenings, or cooking demonstrations! We will surely miss Nurse Josie's expertise and caring demeanor! Congratulations on your retirement!



### Calling All Veterans

The Township is proud to recognize the noble service of our veterans. Veterans are inducted to an "Honor Roll" at a monthly board meeting. To qualify, you must have served during a time of conflict, have an honorable discharge, currently reside in the Township, provide a copy of the DD-214, and complete an application. Call the Clerks Office at 847-884-0030 for more info.

### Parking Lot Renovation

Please pardon our dust as we expand our parking lot. The Township recently started a much-needed capital improvement project to add more parking. During construction, parking may be even more limited. We appreciate your patience as we move forward with the project. We expect construction to be finished by fall! Thanks for your understanding!

# Social Services

## SHIP Trained Staff Ready to Help

The Senior Health Insurance Program (SHIP) is a free counseling service to help people with Medicare. Township staff are trained in SHIP and available to help explain benefits, troubleshoot issues, or clarify information. Appointments are required and can be made by calling 847-884-0030.

SHIP is sponsored by the Illinois Department on Aging. Our counselors are happy to help deal with complex issues and questions related to health insurance. SHIP does not affiliate with any insurance company and does not sell or solicit any type of insurance. For those who have Medicare AND Medicaid, we can also help navigate the MMAI program.

## Telephone Check In Program

Between the Polar Vortex, tornadoes, and extreme heat, the weather in our area is unpredictable to say the least. We are creating a new list of people in our community who would like to be contacted in case of emergency or extreme weather. In the event of extreme weather or other situation, staff or volunteers would reach out and touch base with the resident. Township staff will then work with other providers or departments to establish services, if needed. If you would like to be added to our call list, please contact 847-884-0030 and we will get the necessary info!



## June 15 is World Elder Abuse

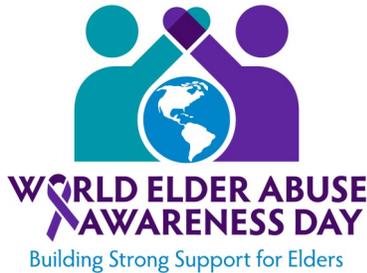
### Awareness Day

Every year, World Elder Abuse Awareness Day seeks to raise awareness

about the millions of older adults who experience elder abuse, neglect, and financial exploitation. This year's them is **"Building Strong Support for Elders."**

Staff at Schaumburg Township are here to provide information, referrals, and assistance if needed. If you suspect yourself or a loved one is the victim of Elder Abuse, please contact Kenneth Young Center at 847-524-8800 or the State Hotline at 866-800-1409.

We also invite any community members to visit the Township on Saturday, June 15, during Township Day. We will distribute purple ribbons to share awareness of this global concern!



## Caregiver Support Group

Caring for another person can be challenging. Sharing experiences with others facing similar challenges can be extremely beneficial. According to medium.com, Support Groups offer a variety of benefits including

- Feeling less lonely or isolated
- Gaining a sense of empowerment
- Improving coping skills
- Reducing stress, depression or anxiety
- Understanding what the future might hold
- Learning practical advice or information
- Improving caregiving ability and giving better quality of life to the person receiving care
- Helping your loved one stay home longer

We will be launching a Caregiver Support Group at the Township soon. If you are interested in the group, please contact Megan Conway at 847-884-0030.



## Free Nicor Energy Kits

Nicor recently announced a new program called "energySMART." The energySMART program will send kits of easy, energy-saving products to Nicor customers at no charge. The easy-to-use kits will help you save money and reduce energy usage!

Each kit includes 2 water-saving showerheads, 1 shower timer, 2 bathroom faucet aerators, 1 dual-spray kitchen faucet aerator, and plumber's tape.

There is no income requirement, but eligible households must have a Nicor bill. Kits will be mailed directly to homes within 4-5 weeks. Please call us at 847-884-0030 with any questions or to make an appointment to sign up.

## SNAP Demystified

The Supplemental Nutrition Assistance Program (SNAP) is a federal program designed to help reduce the monthly grocery expense. Eligible households receive funds on a monthly card which can be used at participating grocery stores. This is a great way to purchase fruits, vegetables, meats, or other food items! Senior Services staff are able to assist filing for the SNAP program. For an appointment and list of documents needed, please call 847-884-0030. Households with a person over the age of sixty, must have gross monthly income less than \$2,023 for a single household and \$2,743 for a two-person household.

# Township Events

With a ton of ways to increase your independence at Abilities Expo, your glass really is half full!



- Cutting-edge products and services
- Get answers from the experts
- Adaptive sports for better health
- Informative workshops
- Service animals open doors
- Inclusive dance empowers
- Daily living aids
- Therapeutic cannabis: Real facts
- Life-changing activities for all ages

**FREE**  
ADMISSION



**Chicago • June 21-23, 2019**  
Renaissance Schaumburg Convention Center  
1551 Thoreau Drive North • Schaumburg, IL 60173  
Fri. 11 am - 5 pm • Sat. 11 am - 5 pm • Sun. 11 am - 4 pm  
Follow Us! #AbilitiesExpo [www.AbilitiesExpo.com](http://www.AbilitiesExpo.com)  
Register online today. It's free!

*Schaumburg Community Garden Club*  
**Bargain Bulb and Plant Sale**  
**Saturday, June 1, 10 AM—2 PM**  
**Spring Valley Nature Center**  
**1111 E Schaumburg Rd**



Photos of the available native wildflowers, grasses, perennials, trees and shrubs are online at [www.schaumburggardenclub.org](http://www.schaumburggardenclub.org). Come out to see us!

## Pack the Bus School Supply Drive— August 3rd

Township of Schaumburg Welfare Services will be hosting the third annual *Pack the Bus* school supply drive to support low-income students of District 54 on Saturday, August 3rd from 9 AM—3 PM. Collection will take place at Target, located at 2621 W Schaumburg Rd, Schaumburg.

Please help us meet our goal to ensure every area student has the supplies needed to be successful in school. There are many ways to help: new supplies can be dropped off at the August 3rd event or at the Township until the end of August; monetary donations or gift cards are also welcome. For more information, please call Welfare Services at 847-884-0030.



COOK COUNTY TOWNSHIP DAY

## *Fashion Show*

JUNE 15, 2019

- Passport office, Assessor's Office and information booths open 9-1pm.
- Food drive 9-1pm.
- Fashion show from 11-1pm.
- RSVP for the fashion show with the senior department at (847) 884 0030.



## Prostate Screenings @ the Township

Did you know that 1 in 9 men will be diagnosed with prostate cancer in his life? Early detection saves lives!

Schaumburg Township is working with AMITA Health to provide prostate cancer screening (via blood draw) at the Township.

Details are still being finalized, but we are hoping to offer the screenings in September. To learn more or to be added to our interest list, please call Senior Services at 847-884-0030.

## Low Vision Product Road Show

Wednesday, June 12  
10 AM—3 PM

Chicago Lighthouse staff will demonstrate, explain, and let you try a variety of products available to help with work and daily life. Folks who are blind or who have a vision impairment may benefit from the tools shown. Everyone is invited and can drop in at any-time. Call Disability Services at 847-884-0030 for info!



Township of Schaumburg  
 Department of Senior Services  
 1 Illinois Boulevard  
 Hoffman Estates, IL 60169  
 Phone: 847-884-0030  
[www.schaumburgtownship.org](http://www.schaumburgtownship.org)

WOULD YOU LIKE TO RECEIVE THE  
 SENIOR NEWSLETTER?  
 YES NO

PRSR STD  
 U.S. POSTAGE  
 PAID  
 PERMIT NO. 154  
 SCHAUMBURG, IL

**Are you on Facebook?**

**Like us:**

**@SchaumburgTownship**

**Tweeting?**

**Follow us:**

**@SchaumburgTWP**

**SENIOR SERVICES**

- CEDA Energy Services (LIHEAP, Furnace, Weatherization, & more)
- Disability parking placards
- Employment Services
- Illinois amplified phone program
- Income tax return assistance
- Notary public services
- Home visits
- Information and referrals
- Medicare counseling
- Recreation programming
- Senior citizen will program
- Social events and parties
- Support groups
- Transportation
- Veterans Services, and MORE

**It's SHOWTIME with Schaumburg Township!**  
**Save the date for two upcoming performances at the Paramount Theater—\$65 fee per show includes transportation, admission, and lunch!**



**September 25 Newsies**

**December 18 Beauty and the Beast**

**Register with Senior Services today! Call Caryn or Kim at 847-884-0030 for more details on these upcoming events!**



**NEWSLETTER UPDATE & MAILING LIST CLEAN UP**

Recently, you may have noticed some changes with the layout and content of our *Senior Newsletter*. We hope you've enjoyed the new look and information. We are excited to announce that we will soon print the *Senior Newsletter* every other month.

Our mailing list now contains over 3,000 households. To reduce costs and ensure our newsletter reaches people who want it, we need your help! If you would like to continue receiving our newsletter, please call our office at 847-884-0030, email [anewell@schaumburgtownship.org](mailto:anewell@schaumburgtownship.org), or return the top portion of this page to "opt in" to the mailing list. Please confirm your contact information or return this page to our office by July 31. This is required. Failure to respond will cause your address to be removed from our mailing list. We appreciate your assistance as we update our mailing list.