



# DEAF LINE

MAY 2020



# Video Phone Chat

WITH THE DEAF  
SERVICES SOCIAL &  
SUPPORT GROUP!

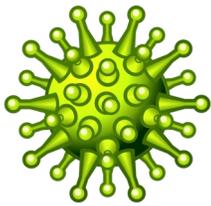
*Every Monday at 1pm &  
Wednesday at 2pm*

We will have discussion, trivia and games!  
RSVP to Sarita Phadke at 224.520.9763 VP or  
sphadke@schaumburgtownship.org for  
instructions on how to join!



## IMPORTANT NOTICE

- The shelter-at-home from Illinois Governor Pritzker is now in effect until May 31, 2020.
- Individuals over the age of 2 years are required to wear a face-covering or a mask when in public place where they cannot maintain a six-foot social distance. It also applies to indoor spaces such as grocery stores, pharmacy, etc.
- Schaumburg Township building is closed to the public during the shelter-at-home. During this time, all the staff at the Township will continue to assist clients remotely. If you need immediate assistance, please contact Sarita: 224-520-9763 VP, Monday - Friday, 8:30 a.m. to 5 p.m.
- There will be NO Deaf Social/Support Group in May. Instead, we offer two weekly virtual gatherings on Videophone. For details, please see the front page.



### **ASL VIDEO SERIES OF COVID-19 PANDEMIC**

The Federal Emergency Management Agency (FEMA) and Telecommunications for the Deaf & Hard of Hearing, Inc. (TDI) provide educational ASL

Videos regarding to COVID-19 pandemic. Below are the steps on how to get to these COVID-19 ASL videos:

#### **FEMA:**

- ♦ Go to: <https://www.fema.gov/coronavirus/media-gallery>
- ♦ Scroll down until you see “American Sign Language COVID-19 Media”
- ♦ Scroll down below the video, click the link: “View the entire COVID-19 Support and Response ASL playlist on YouTube”
- ♦ You will see the box and click “Ok”
- ♦ Then you will see a list of 31 videos all in ASL

#### **TDI:**

- ♦ Visit <https://tdiforaccess.org/COVID-19/communication-guide>
- ♦ Click: “Watch video on “How do I communicate with Doctors, Nurses, and Staff at the hospital during COVID-19?””
- ♦ Below the video, you will see the word “JUMP TO” There are five boxes with opt and resources to help you.

(Thanks to Aaron Kubey from FEMA for this information)



### **MENTAL HEALTH AWARENESS MONTH**

Mental Health

Awareness Month is observed in the month of May. The COVID-19 pandemic and social distancing continues to be great challenges in everyone’s lives. It is natural to feel stress, anxiety, worry and grief. It is important to take care of your emotional health that will help you think clearly & react to the urgent needs to protect yourself and your family.

There are some tips to cope with a disaster:

- ♦ Take care of your body - Eat healthy meals, exercise regularly and plenty of sleep. Avoid alcohol, tobacco and other drugs.
- ♦ Take breaks and try to take deep breaths. Do activities that you enjoy.
- ♦ Share your feelings/concerns with a friend or family member. Maintain healthy relationships.
- ♦ Stay informed. When you feel you are missing information, you may get more nervous or stressed. Be sure to read news for updates from officials and reliable sources. Avoid too much exposure to news.
- ♦ Seek for help from a counselor or doctor when needed.

Visit: [www.cdc.gov/coronavirus/2019-ncov/daily-life-coping/managing-stress-anxiety.html](http://www.cdc.gov/coronavirus/2019-ncov/daily-life-coping/managing-stress-anxiety.html) and <https://emergency.cdc.gov/coping/selfcare.asp>



### **NATIONAL INTERPRETER APPRECIATION DAY**

National Interpreter Appreciation Day will be held on Wednesday, May 6, 2020. This special day recognizes and appreciate the hard work of sign language interpreters. We are very grateful for all interpreters who have made a huge difference in the Deaf Community!

*We wish all interpreters a Happy Sign Language Appreciation Day!*



## **CENSUS 2020**

You still have time to do the Census 2020 if you have not done it. The U.S. Census Bureau has extended the self-response phase deadline to October 31st due to the COVID-19 situation. It is important to do the census as it will help in giving federal funds to communities for schools, roads and public services and also will help to determine the number of seats that each state has in Congress.

There are three ways to do the Census - Online ([www.my2020census.gov](http://www.my2020census.gov)), by phone (844-330-2020), or by mail. If you need assistance with the form, contact Sarita at 224-520-9763 VP.



## **SOCIAL SECURITY ADMINISTRATION (SSA)**

All local Social Security Administration (SSA) offices are closed to the public for in-person service until further notice. The SSA still provides the secure and convenient online services - [www.socialsecurity.gov](http://www.socialsecurity.gov). If you are unable to do online, you can contact the National 800 Number which is 1-800-772-1213.

## **COVID-19 PUBLIC COMMUNICATION**

To receive daily updates about COVID-19 from the Illinois Department of Public Health (IDPH) and all Illinoisans with a mobile phone can opt-in:

- ◆ Text COVID to 312-500-3836. You will get a welcome message and a second text lets you know you will receive important updates about the coronavirus in Illinois from the code 36363.
- ◆ Also, you will receive a link to the IDPH.

You will be receiving COVID-19 texts twice a day (morning and evening).



## **A FRIENDLY REMINDER**

- ◆ IRS announced that the Tax Day April 15th Deadline has been moved to July 15, 2020. for more information, visit [www.irs.gov](http://www.irs.gov)
- ◆ The REAL ID deadline has been extended to October 1, 2021. For more information, visit [www.cyberdriveillinois.com](http://www.cyberdriveillinois.com)



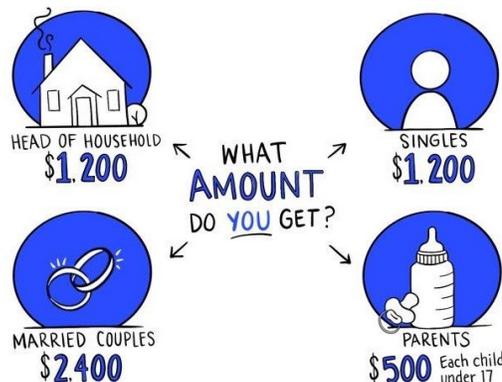
## **COVID-19 SCAMS**

Beware of COVID-19 Scams. Scammers are taking advantage of the COVID-19 pandemic by trying to get access to your personal information. Keep

in mind that no one or any business or organization will call or text you to verify your personal information or bank account details.

There are tips to protect yourself:

- Do not respond to calls or texts from unknown numbers, or any others that appear suspicious
- Never share your personal or financial information via email, text message, or over the phone
- Be careful if someone pressures you to get information from you or make a payment immediately
- Scammers often spoof phone numbers to trick you into answering or responding
- Do not click any links in a text message. If a friend sends you a text with a suspicious link, call them to make sure they were not hacked.



## **STIMULUS PAYMENT**

As part of the CARES Act, most Americans will receive the Stimulus payment: \$1,200 per person; \$2,400 for married couple and \$500 for dependent children under 17. Most people should have received the payment by May if direct deposit information is on-file with the IRS.

To check the status of your payment, <https://www.irs.gov/coronavirus/get-my-payment>

FYI: SSI recipients will automatically receive their stimulus payments.

For detailed information, visit [www.irs.gov](http://www.irs.gov)

# CORONAVIRUS - COVID-19

The Centers for Disease Control and Prevention (CDC) previously listed three coronavirus symptoms: Fever, cough and shortness of breath. But now, based on observations of doctors treating several patients, the federal health agency updated its website with six new symptoms:

- Chills
- Repeated shaking with chills
- Muscle pain
- Headache
- Sore throat
- Loss of taste or smell

State of Illinois  
Illinois Department of Public Health

## COVID-19 Who Should I Call ?

I want to know more about COVID-19, who should I call?

For **general** questions about COVID-19, call the IDPH COVID-19 Hotline at **1 800 889 3931** or email [DPH.SICK@illinois.gov](mailto:DPH.SICK@illinois.gov). Note the Hotline does not make decisions about who should be tested for COVID-19.

**I am not feeling well and have respiratory symptoms, what should I do?**

- Stay home for at least 7 days after you first became ill, or 72 hours after your fever has resolved and symptoms are improving, **whichever is longer**.

**You should consult with your doctor if you have:**

- Fever, cough, trouble breathing, or other flu like symptoms that are not better or are worsening after 24-48 hours.
- Mild symptoms and are pregnant, have a weakened immune system, have chronic health conditions or are an older adult (60+).

**Don't call the health department about getting testing**

- Your health care provider will determine if you should be tested and, if necessary, contact the health department.
- Health departments do not collect specimens for COVID-19

**I think I need immediate medical attention, who should I call?**

- If you need immediate medical attention, and you think you may have COVID-19, call ahead to your health care provider before going in for care. This will allow them to take the right steps to protect themselves and other patients
- If you think you are having a medical emergency, call 911; if you have been exposed to COVID-19, notify dispatch personnel so emergency medical services personnel are prepared.

Questions about COVID-19  
Call 1-800-889-3931 or email [dph.sick@illinois.gov](mailto:dph.sick@illinois.gov)  
Illinois Department of Public Health - [www.dph.illinois.gov](http://www.dph.illinois.gov)

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State of Illinois  
Illinois Department of Public Health

## COVID-19 Face Covering Do's & Don'ts

DO:	DON'T:
✓ Make sure you can breathe through it	✗ Use on children under age 2
✓ Wear it whenever going out in public	✗ Use surgical masks or other personal protective equipment (PPE) intended for health care workers
✓ Make sure it covers your nose and mouth	
✓ Wash after using	

**How to Wear a Cloth Face Covering**

Cloth face coverings should:

- fit snugly but comfortably against the side of the face
- be secured with ties or ear loops
- include multiple layers of fabric
- allow for breathing without restriction
- be able to be laundered and machine dried without damage or change to shape

Questions about COVID-19  
Call 1-800-889-3931 or email [dph.sick@illinois.gov](mailto:dph.sick@illinois.gov)  
Illinois Department of Public Health - [www.dph.illinois.gov](http://www.dph.illinois.gov)

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**When to seek medical attention:** If you have any of these emergency warning signs for COVID-19, get medical attention immediately:

- Trouble breathing
- Persistent pain or pressure on chest
- New confusion or inability to rouse
- Bluish lips or face

**For more information about the COVID-19, visit these reliable websites:**

- [www.cdc.gov](http://www.cdc.gov)
- [www.illinois.gov/coronavirus](http://www.illinois.gov/coronavirus)
- [www.coronavirus.gov](http://www.coronavirus.gov)



## **FREE AMPLIFIED PHONES AND CELL PHONE AMPLIFIERS**

The Illinois Telecommunications Access Corporation (ITAC) offers free amplified phones and two cell phone amplifiers for qualified Illinois residents with a certified hearing loss.

There are five phones to choose from and every three years you are eligible for another free phone. You can view phones or for more information on [www.itactty.org](http://www.itactty.org).

For questions, contact the Disability Services at 847-285-4541 V or 224-520-9763 VP.



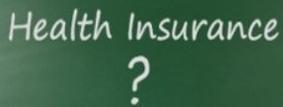
## **33RD ANNUAL PAINT-A-THON**

If the exterior of your home or garage, or even a smaller project such as the trim around

the outside of your windows needs a fresh coat of paint due to peeling, fading, or worn paint, consider applying for the 33rd Annual Paint-A-Thon program.

Applicants must be over the age of sixty *or* with a permanent disability *or* be a veteran. There are income and other qualifying criteria. There is no cost to the homeowner and volunteer groups will complete all the work.

For an application or more information, contact Lauren Ewan at 847-884-0030 ext. 2025.



## **SHIP PROGRAM**

The Senior Health Insurance Program (SHIP)

offers free individual counseling services at local sites throughout Illinois. There are trained volunteers who can assist with various Medicare issues. There are several SHIP counselors at Schaumburg Township who can assist you in any way. Sarita Phadke is one of the SHIP counselors.

For an appointment, call 847-884-0030; 224-520-9763 VP.

**SHIP is not affiliated with any insurance company. SHIP counselors do not sell or solicit any type of insurance.**



**Deaf Line** is published monthly. Any agency, organization, or group may reprint any of our articles provided proper credit is given by name of newsletter and date.

**Address:** Schaumburg Township Deaf Services  
One Illinois Blvd., Hoffman Estates, IL 60169-3314

**Phone:** 224-520-9763 VP; 847-285-4541 V; 847-884-0030 V;  
847-884-1560 Fax

**Website:** [www.schaumburgtownship.org](http://www.schaumburgtownship.org)

## **Disability Services**

**Megan Conway**—Director: 847-884-0030 ext. 2020;  
[mconway@schaumburgtownship.org](mailto:mconway@schaumburgtownship.org)

**Lauren Ewan**—Public Relations/Event Coordinator:  
847-884-0030 ext. 2025; [lewan@schaumburgtownship.org](mailto:lewan@schaumburgtownship.org)

**Sarita Phadke**—Deaf Services Coordinator: 224-520-9763  
VP; [sphadke@schaumburgtownship.org](mailto:sphadke@schaumburgtownship.org)

**Ami-Nell Scurry**—Benefit Specialist: 847-884-0030 ext.  
2022; [ascurry@schaumburgtownship.org](mailto:ascurry@schaumburgtownship.org)

**Sharon DeMarchi-Belter**—Benefit Specialist: 847-884-0030  
ext. 2024; [sdemarchi-belter@schaumburgtownship.org](mailto:sdemarchi-belter@schaumburgtownship.org)

## **Township Officials**

**Timothy M. Heneghan**—Supervisor

**Diane Dunham**—Trustee

**Jeffrey S. Mytych**—Trustee

**Nimish Jani**—Trustee

**Charlotte Kegarise**—Trustee

**W. Robert Vinnedge**—Clerk

**John R. Lawson, C.I.A.O.**—Assessor

**Scott M. Kegarise**—Highway Commissioner

Schaumburg Township is a Selection Center for the Illinois Telecommunications Access Corporation (ITAC) Program (Amplified Phones, CapTel Phone and TTYs).



Follow & like us - @TOSDeafServices



**Memorial  
DAY**

Schaumburg Township will be closed on Monday, May 25, 2020, due to Memorial Day.

*Have a safe and wonderful holiday!*



Schaumburg Township Deaf Services  
One Illinois Boulevard  
Hoffman Estates, IL 60169

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RETURN SERVICE REQUESTED

**MAY 2020**

- Tuesday, May 5 - **Cinco de Mayo**
- Wednesday, May 6 - **Interpreter Appreciation Day**
- Sunday, May 10 - **Mother's Day**
- Tuesday, May 19 - **No Deaf Social/Support Group**
- Monday, May 25 - **SCH TWP CLOSED** (Memorial Day Holiday)



**Virtual VP Coffee Chat**

- ◆ Every Monday at 1 p.m.
- ◆ Every Wednesday at 2 p.m.

**Stay home. Be safe & healthy!**