



# SCHAUMBURG TOWNSHIP DISABILITY SERVICES

# ABLEGRAM

## July—August 2020

### TOWNSHIP OFFICIALS

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W. Robert Vinnedge

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TRUSTEE  
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**847-285-4541**  
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Lauren Ewan

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SPECIALIST  
Sharon DeMarchi-  
Belter

### TOWNSHIP OF SCHAUMBURG DISABILITY SERVICES

# 35<sup>th</sup> Summer Celebration!

## July 25th | 11 am

We are celebrating summer with a FREE virtual event for people with disabilities and their families! Join us for virtual bingo on July 25th - prizes will be mailed to the winners. Goodie baskets will also be delivered to registrants' homes. Log-in information for bingo will be shared at registration. Call us for info on how to connect.

**Please register by July 17 at 847-285-4541.**

Attendees must allow three weeks' notice for a sign language interpreter. Due to the fluid nature of COVID-19, our event plans may change and will be communicated with registrants. This event is sponsored by the Schaumburg-Hoffman Lions Club and Illinois Telecommunications Access Program (ITAC).



[schaumburgtownship.org](http://schaumburgtownship.org)

847-884-0030

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# Virtual Programs

JULY  
27th & 29th!

## INCLUSION & UNDERSTANDING THE ADA: A LOOK AT BEST PRACTICES

JULY 27 @ 10 AM & JULY 29 @ 6 PM



Join us in celebrating the Americans with Disabilities Act's (ADA) 30th anniversary! NWSRA will virtually present on the topics of inclusion, understanding the Americans with Disabilities Act, and reasonable modifications. RSVP with the Township's Disability Services Department at 847-285-4541.

Join the virtual presentations via:



**ONLINE**

<https://zoom.us/j/4715872835>  
Meeting ID: 471 587 2835  
Password: 8840030



**PHONE**

1-312-626-6799  
Meeting ID: 471 587 2835  
Password: 8840030

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f SchaumburgTownship  
@SchaumburgTwp

TOWNSHIP OF  
SCHAUMBURG



### Virtual Educational Programming Hosted by Disability Services

Disability Services is now offering virtual educational programming for our residents with disabilities, their families, and professionals due to COVID-19.

In July, join us as we host NWSRA to discuss the Americans with Disabilities Act (ADA) and Equip for Equality about Voting Rights for people with disabilities. All virtual programs are free.

We are currently planning for more educational topics in the coming months. If you have an idea for an educational topic, please let us know at 847-285-4541. We would love to hear your ideas.

### How to Access Virtual Programs

Are you interested in participating in our virtual programming, but not sure how to start? We make it easy! There are two ways to connect:

1. Use a computer, tablet, or smartphone. Go to [zoom.us](https://zoom.us) and join a meeting using the meeting ID 471 587 2835. When prompted, you will need to enter a password. You can choose to allow access to your camera and/or microphone.
2. Use your regular telephone or cell phone and call 312-626-6799. When prompted, enter the meeting ID 471 587 2835. To ensure the security of each session, you will need to enter a password.

We understand this may be complicated and could be confusing. We are happy to schedule one-on-one sessions to walk through each step and make sure you know how to connect. Give us a call at 847-285-4541 and we can set up a time to chat and provide the needed password.



*A Community of Friends. A World of Opportunities.*

### Center for Enriched Living (CEL) Virtual Programs

The Center for Enriched Living (CEL) offers free virtual programs 7 days a week to teens and adults with intellectual and developmental disabilities (IDD). Participants do not have to be a member of CEL to join a virtual class or program and there is no charge for participating. To join the CEL community and learn more about our FREE virtual programs and technology lending library, visit [www.CenterForEnrichedLiving.org/virtual-programs](http://www.CenterForEnrichedLiving.org/virtual-programs).

# Services and Programs

## Schaumburg Township Building Open to the Public

The Township is open to the public Monday through Friday 8:30 a.m.—5 p.m. We are encouraging residents to call our department at 847-285-4541 to speak with a staff member first. Staff can assist clients over the phone or email in an effort to keep everyone as safe as possible by limiting exposure. We will still assist walk-ins if they come into the building. We appreciate your understanding.



## NWSRA's Online Activity Center

Northwest Special Recreation Association (NWSRA) launched the NWSRA Activity Center to ensure that families have access to free activities, games and other online resources that will enable participants to lead healthy, active lives. The center includes activities, resources, videos and games as well as a program guide for weekly Zoom programs. To check out the activities: visit <https://www.nwsra.org/activity>, scroll down the page to click on the activity to view.

TOWNSHIP OF SCHAUMBURG  
DISABILITY SERVICES PRESENTS

## VOTING RIGHTS FOR PEOPLE WITH DISABILITIES

July 20 | 1pm

The Township is hosting Equip for Equality for a presentation on voting rights for people with disabilities. Learn about accommodations and how to ask for what you need! Registration is required at 847-285-4541.



**ONLINE**

<https://zoom.us/j/4715872835>  
Meeting ID: 471 587 2835  
Password: 8840030



**PHONE**

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## Community Health Nurse Janet's Virtual Programming

Northwest Community Healthcare (NCH) nurse Janet Stachula, RN, is offering free virtual programming every Thursday at 1 p.m. Join Nurse Janet for the following health topics:

1. July 9th: Alzheimer's and Dementia
2. July 16th: Herbal and Prescription Interaction
3. July 23rd: Counting Sheep—Why Can't I Sleep?
4. July 30th: Living Wills, POA and DNR forms

To participate in her free virtual educational health programs, call 847-450-8011 to register and obtain the password. **The password for each session will be the same!** Then, go to zoom.us and join the meeting using the meeting ID 471 587 2835. When prompted, you will need to enter the password.

You may also join by phone by calling 312-626-6799. When prompted, enter the meeting ID 471 587 2835. To ensure the security of each session, you will need to enter a password.

Nurse Janet also hosts the Diabetes Support Group every Wednesday 10:30—11:30 a.m. RSVP with Nurse Janet for call information at 847-285-4551 or [jstachula@nch.org](mailto:jstachula@nch.org).



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# Social Services



Supplemental Nutrition Assistance Program

## SNAP Income Guidelines

SNAP provides monthly assistance toward your grocery bill that can be used at most area grocery stores. To qualify, households with a person over the age of 60 or with a disability, income guidelines are as follows:

### Gross Monthly Income Guidelines

1 person household	\$2,082
2 person household	\$2,818

Staff is trained to help file SNAP applications. Call 847-285-4541 for a caseworker to assist you.

Benefits are available on a Link card and reloaded automatically each month.

## Schaumburg Township's Food Pantry Visits

Beginning July 6, 2020 the Township's food pantry will return to a client choice shopping model. Clients will need to make an appointment by calling 847-884-0030 and ask for extension 1013.

New pantry hours are Monday through Friday from 9:30 a.m.—1:30 p.m. Clients will need to enter through the main entrance to shop in the gym. Clients will need to bring a current piece of mail dated within the last 30 days to prove residency and may visit the food pantry twice a month. For more information, questions or concerns, please contact Amy Fillmore at 847-884-0030.



USDA Supplemental Nutrition Assistance Program

Putting Healthy Food Within Reach

## Use Your SNAP Benefits to Buy Groceries Online

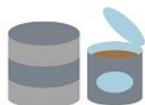
### AMAZON

Amazon delivers groceries to your home. Depending on what food you need and whether you want to purchase bulk quantity, Amazon offers three options.



#### Amazon Core Groceries

- Bulk non-perishable items
- Free shipping if you spend over \$25
- Available statewide



#### Amazon Pantry

- Individual non-perishable items
- Free shipping if you spend over \$35
- Available statewide



#### Amazon Fresh

- Non-perishables and perishables (dairy, produce, meats)
- Free shipping if you spend over \$35
- Limited availability (65% of Cook County zip codes)

### WALMART

Walmart allows you to order groceries online and pick-up at the store. Some stores also offer delivery.



#### Online Pick-up

- Non-perishables and perishables (dairy, produce, meats)
- No service fees
- Minimum order of \$30
- Available at most Walmart stores



#### Online Delivery

- Non-perishables and perishables (dairy, produce, meats)
- Delivery fee between \$7.95-\$9.95 (not covered by SNAP)
- No minimum order
- Available in most communities, but not every store

## Benefit Access Program

The Benefit Access program provides two benefits—discount on the annual license plate registration fee and the RTA ride free transit pass—to Illinois residents who meet income guidelines and must be 65 years of age or 16 and older with a permanent disability.

To qualify, a single-person household must have a gross income from tax year 2018 of less than \$33,562, \$44,533 for a two-person household and \$55,500 for a three-person household.

**Please note: Applications submitted now through July 15, 2020 must use 2018 income to file. Applications submitted on July 16, 2020 or after must use 2019 income to file.** Call us at 847-285-4541 to see if you qualify!

## FREE Medicare and Medicaid Counseling Available Through SHIP

The Senior Health Insurance Program (SHIP) is a free service to help people with Medicare or Medicaid. Township staff are trained SHIP Counselors and are available to help explain benefits, troubleshoot issues, or clarify information. Beneficiaries who have both full Medicare and Medicaid, might be eligible for the Medicare Medicaid Alignment Initiative (MMAI) program, which includes other services such as meals, transportation and more. **SHIP does not affiliate with any insurance company and does not sell or solicit any type of insurance.** Please call 847-285-4541 and a staff member will assist you. SHIP is sponsored by the Illinois Department on Aging.



# Transportation Services

## Monday and Friday Retail Shopping Trips Schedule With the Township Bus

Below are the **Monday and Friday** retail shopping trips schedule for July and August. Reservations are required by calling the transportation department at 847-882-1929. There will be a maximum of only 4 people per bus with social distancing and facemasks required.

### July

Monday—6th Friday—10th	WALMART 850 S. Barrington Road Streamwood
Monday—13th Friday—17th	TARGET 2621 Schaumburg Road Schaumburg
Monday—20th Friday—24th	WALMART 801 Meacham Road Elk Grove Village
Monday—27th Friday—31st	TARGET 1235 Higgins Road Schaumburg

### August

Monday—3rd Friday—7th	WALMART 850 S. Barrington Road Streamwood
Monday—10th Friday—14th	TARGET 2621 Schaumburg Road Schaumburg
Monday—17th Friday—21st	WALMART 801 Meacham Road Elk Grove Village
Monday—24th Friday—28th	TARGET 1235 Higgins Road Schaumburg

## Secretary of State’s Office Open—Limited Services ONLY

The Secretary of State’s offices in the Chicagoland suburban area are open and have expanded hours Tuesday through Friday 7:30 a.m.—6 p.m. and Saturday 7:30 a.m.—2 p.m. **Through July 31st**, these locations will **ONLY** serve: New drivers, customer’s with expired driver’s license and IDs and vehicle transactions. Visit [cyberdriveillinois.com](http://cyberdriveillinois.com) for other services. Customers are required to wear facemasks at the facility.

## New Township Transportation Services

The Township bus will start to take registered riders to grocery stores Jewel, Mariano’s, Aldi and Valli on Tuesdays. Riders will be dropped off at 9:15 a.m. and picked up at 10:30 a.m. On Thursday, registered riders can shop at Jewel, Mariano’s and Aldi with drop off by 9:15 a.m. and pick up at 10:30 a.m. There is a limit of only 4 people per bus with social distancing and face masks required on the bus. Reservations are required at 847-882-1929.

If you are unable to visit the food pantry, the transportation department can deliver two food pantry bags by calling 847-882-1929. If someone has a special dietary request, please contact the disability services office at 847-285-4541 first so we can pack the bags based on your dietary needs. The Transportation department will deliver your bags on Tuesday morning.

## Special Needs Chicago Transportation

Special Needs Chicago provides non-emergency wheelchair accessible transportation for people with physical and cognitive disabilities throughout the Chicago metropolitan area (city and suburbs). Transportation services are available to medical appointments, COVID-19 testing, deliveries, or any type of transportation service needed. Our service is an additional resource when public transportation doesn't fit with the person's needs, as we are door-to-door, have unlimited geographic boundaries, are wheelchair accessible, and available 24/7. For more information or to schedule a ride, please call 630-668-9999.

## Taxi Subsidy Program

Both the village of Schaumburg and Hoffman Estates offer discount coupons for taxi service to qualifying older adults who are 65 years of age or older and people with disabilities. To qualify for this program, residents must be enrolled in the Benefit Access Program through the Illinois Department on Aging. The Township’s senior and disability services department can assist residents in applying for the Benefit Access Program. Please call 847-285-4541 for a caseworker to assist you.

## Township Transportation Available

Transportation within the Township is available for older adults who are age 55 or older and people with permanent disabilities who are 18 years of age or older. Please call Transportation Dispatch at 847-882-1929 for more information, to schedule your ride or to register. There is a \$1 fee per ride.

# Medicare News

## Need Someone to Call Medicare for You?

Would you like for a family member or caregiver to call Medicare for you? Medicare can't give your personal health information to anyone unless they have permission in writing first.

There are two ways to get permission:

- Print and fill out form CMS-10160 "Authorization to Disclose Personal Health Information" at [www.cms.gov/Medicare/CMS-Forms/CMS-Forms/CMS-Forms-List](http://www.cms.gov/Medicare/CMS-Forms/CMS-Forms/CMS-Forms-List) and then mail to Medicare.
- Submit the form online with your personal Medicare account ([www.mymedicare.gov](http://www.mymedicare.gov)). Click on your name in top right corner of the page. Click "My account" and select "Manage my representatives". Then click "Medicare Authorization to Disclose Personal Health Information form". Enter the requested information and click "Continue" button.

For questions, call Medicare: 1-800-633-4227.

## President Trump Announces Lower Out of Pocket Insulin Costs for Beneficiaries with Medicare

The Centers for Medicare & Medicaid Services (CMS) announced that over 1,750 standalone Medicare Part D prescription drug plans and Medicare Advantage plans with prescription drug coverage have applied to offer lower insulin costs through the Part D Senior Savings Model for the 2021 plan year. Across the nation, participating enhanced Part D prescription drug plans will provide Medicare beneficiaries access to a broad set of insulins at a maximum \$35 copay for a month's supply, from the beginning of the year through the Part D coverage gap.

Part D sponsors that participate in the model will offer beneficiaries Part D prescription drug plans that provide supplemental benefits for a broad range of insulins, including both pen and vial dosage forms for rapid-acting, short-acting, intermediate-acting, and long-acting insulins.

One in every three Medicare beneficiaries has diabetes, and over 3.3 million Medicare beneficiaries use one or more of the common forms of insulin. For some of these beneficiaries, access to insulin is a critical component of their medical management, with gaps in access increasing risk of serious complications, ranging from vision loss to kidney failure to foot ulcers to heart attacks. Unfortunately, the costs of insulin can be a major barrier to appropriate medical management of diabetes.

(CMS News 5/26/2020)

## Medicare Mental Health Services

If you're feeling anxious or depressed during these stressful and uncertain times, call your doctor or a healthcare professional. Medicare covers outpatient mental health services like a depression screening, individual and group psychotherapy, and family counseling. Counseling services via telehealth may be available to you. Be sure to check, as some healthcare providers and plans are reducing or waiving the amount you pay for telehealth visits during the COVID-19 pandemic.

(Medicare.gov email 5/28/2020)

## Guard Your Medicare Number

Scammers may use the COVID-19 pandemic as an opportunity to steal your identity and commit Medicare fraud. They might tell you they'll send a Coronavirus test, masks, or other items in exchange for your Medicare Number or personal information.

**Don't fall for it; it's a scam.**

It's important to always guard your Medicare Number and check your Medicare Summary Notice (MSN) for errors. Only give your Medicare Number to participating Medicare pharmacists, primary and specialty care doctors, or people you trust to work with Medicare on your behalf. Remember, Medicare will never call you to verify your Medicare Number.

(Medicare.gov email 6/17/2020)

## Medicare Savings Programs and Extra Help with Prescription Drugs

The Medicare Savings Programs and Extra Help are important programs designed to help low-income individuals afford Medicare coverage. Medicare beneficiaries can get help from the state to pay for their Medicare premiums. In some cases, Medicare Savings Programs may also pay Medicare Part A (Hospital Insurance) and Medicare Part B (Medical Insurance) deductibles, coinsurance, and copayments if you meet certain conditions.

There are three Medicare Savings Programs. Each program has a different monthly income limit and asset limit. **If you qualify for any of the three Medicare Savings Program, you automatically qualify to get Extra Help paying for Medicare prescription drug coverage.** Note: These amounts may increase each year. If your income and resources are slightly higher, you should still apply. Contact disability services to see if you qualify or to apply.



**Township of Schaumburg  
Disability Services Department  
1 Illinois Boulevard  
Hoffman Estates, IL 60169**

**Phone: 847.884.0030**

**Deaf Services Videophone: 224.520.9763**

**www.schaumburgtownship.org**

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Have you signed up for the Township's e-newsletter? If you have an email address, we would encourage you to "opt in" to our email newsletters. This is the best way for us to communicate changes or to send alerts on programs or services very quickly.

Signing up is easy: 1) Visit [schaumburgtownship.org](http://schaumburgtownship.org). 2) Look on the right side of the screen. 3) Scroll down until you see a section "Subscribe to Our Mailing List." 4) Enter your email address, first name and last name. 5) Click on any of the departments that interests you. 6) Click "Subscribe".

We will never sell or disclose your information without your consent and you can unsubscribe whenever you like. If you need help, our staff are happy to assist you with signing up. Call us at 847-285-4541.