



Senior Newsletter

September-October 2016

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SENIOR SERVICES

- Transportation
- Legal Assistance
- Outreach Program
- Income Tax Preparation Assistance
- Free Notary Services
- Employment Services
- Medicare Counseling
- Social Events/Parties
- Home Visits
- Information and Referrals
- Alzheimer Support Group
- Veteran's Assistance
- Social Security Information
- Property Tax and Energy Assistance Programs
- Pharmaceutical Assistance Information



SCHAUMBURG TOWNSHIP'S

Illinois Township Day

This event is free and open to the public

Wednesday, September 21, 2016

1:00 PM to 6:00 PM

1 Illinois Blvd. Hoffman Estates, 60169

Township Day Activities Include:

- Marching Band Performance – 1:00 PM
- Ribbon Cutting Ceremony & Introductions – 1:30 PM
- Department & Agency Tours – 2:00 to 6:00 PM
- NCH Mobile Dental Clinic Tour
- Township Officials Meet & Greet – 2:00 to 6:00 PM
- Schaumburg Township Community Nurse - A1C Glucose Screening \$12.00
- Jewel/Osco Pharmacy - Flu, Pneumonia, Tetanus and Whooping Cough Vaccines – Bring RX Card
- Department Raffle Prizes & Pantry Fundraiser
- Snacks and Refreshments
- And More...

Donate food and/or paper good items during this event and get an extra chance to win a raffle prize



For more information or questions call (847) 884-0030 ext. 3015
or email lkaminsky@schaumburgtownship.org
www.schaumburgtownship.org

Sponsored by the Township of Schaumburg Officials:

Supervisor Mary Wroblewski; Clerk Timothy M. Heneghan; Assessor John R. Lawson; Highway Commissioner Scott M. Kegarise
Trustees: Diane Dunham; W. Robert Vinnedge; Jeffrey S. Mytych; and Nimish Jani

SAVE THE DATE

SENIOR DAY AT THE RACES

Enjoy our bus trip to the Arlington Park Race Track. You will be able to view the beautiful grounds, socialize with friends and bet on your favorite horses. Who knows, you may even win!



WHEN: Thursday, September 15, 2016

TIME: 11:00pm -4:30 pm

COST: \$5.00 donation

Trip includes bus transportation to and from the track. Park entrance is free.

Make reservations in the senior department at Schaumburg Township or call 847-884-0030.

NEW CASINO TRIP!

Join us for a day of fun! Relax with a 2.5 hours bus ride, then enjoy 4 hours of gambling!

WHERE: Rhythm City Casino
Davenport, Iowa

WHEN: Tuesday, September 27, 2016

TIME: 8:00 am sign in. Bus will depart from the township at 8:30am.
Return approximately by 6:00pm.

COST: \$37 per person. A \$15 slot card and a \$10 food voucher will be issued.

Reservations are required.
Checks made payable to Schaumburg Township or exact cash only will be accepted.

Call 847-884-0030 for reservations or questions.

COMMUNITY SHRED, RECYCLE & DONATE



Schaumburg Township is hosting a free event for **residents only** to shred, donate clothing and recycle electronics.

WHERE: Schaumburg Township
1 Illinois Blvd
Hoffman Estates, IL.

WHEN: Saturday, October 1, 2016

TIME: 9:00am-12:00pm

There is a charge for tube and projection TVs and monitors by cash or check only. Paper shredding is limited to four boxes/bags per car. Paper clips, staples and rubber bands do not need to be removed.

For more information on accepted items, visit www.schaumburgtownship.org.

PROPERTY AFTER DEATH

The Cook County Recorder of Deeds is partnering with Schaumburg Township to present a free information session on "How To Prevent Property Fraud" from happening to you. The presentation will address estate planning and how to avoid disputes and uncertainties.

WHERE: Schaumburg Township
1 Illinois Blvd, Hoffman Estates

WHEN: Tuesday, October 11, 2016

TIME: 6:00pm-8:00pm

Please contact the senior department at 847-884-0030 to make your reservation.

ARABIC-SPEAKING ASSISTANCE

Najwa Saleh with Arab American Family Services is available to help Arabic-speaking seniors interested in applying for public and federal assistance programs.

Ms. Saleh will be at the township the last Monday of each month. Please call 708-599-2237 to schedule an appointment.



MONTHLY EVENTS

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<i>PINOCHLE-11:00 RETAIL SHOPPING 11:00-1:00 WALKING 9:30-10:30 ZUMBA 10:30-11:30</i>	<i>GROCERY SHOPPING</i>	<i>GROCERY SHOPPING WALKING 9:30-10:30 YOGA 10:30-11:15 ZUMBA 4:30-5:30</i>	<i>** LUNCH/BINGO VETERAN SERVICES 9:00-4:00 GROCERY SHOPPING ALZHEIMER'S MTG 7 PM</i>	<i>KNIT/CROCHET 9:00-11:30 AM GROCERY SHOPPING</i>
<i>PINOCHLE-11:00 RETAIL SHOPPING 11:00-1:00 WALKING 9:30-10:30 ZUMBA 10:30-11:30</i>	<i>WILLS BY APPT 9:00-12:00 GROCERY SHOPPING</i>	<i>GROCERY SHOPPING WALKING 9:30-10:30 YOGA 10:30-11:15 ZUMBA 4:30-5:30</i>	<i>** LUNCH/BINGO VETERAN SERVICES 9:00-4:00 GROCERY SHOPPING</i>	<i>KNIT/CROCHET 9:00-11:30 GROCERY SHOPPING</i>
<i>PINOCHLE-11:00 RETAIL SHOPPING 11:00-1:00 WALKING 9:30-10:30 ZUMBA 10:30-11:30</i>	<i>GROCERY SHOPPING</i>	<i>GROCERY SHOPPING WALKING 9:30-10:30 YOGA 10:30-11:15 ZUMBA 4:30-5:30</i>	<i>** LUNCH/BINGO VETERAN SERVICES 9:00-4:00 GROCERY SHOPPING HEALTH CLINIC 12 PM</i>	<i>KNIT/CROCHET 9:00-11:30 GROCERY SHOPPING</i>
<i>PINOCHLE-11:00 RETAIL SHOPPING 11:00-1:00 WALKING 9:30-10:30 ZUMBA 10:30-11:30</i>	<i>GROCERY SHOPPING</i>	<i>GROCERY SHOPPING WALKING 9:30-10:30 YOGA 10:30-11:15 ZUMBA 4:30-5:30</i>	<i>** LUNCH/BINGO VETERAN SERVICES 9:00-4:00 GROCERY SHOPPING</i>	<i>KNIT/CROCHET 9:00-11:30 GROCERY SHOPPING</i>

**** BY RESERVATION**



MONDAY & FRIDAY RETAIL SHOPPING TRIPS



<u>Sept.</u>	<u>DATE</u>	<u>STORES</u>	<u>Oct.</u>	<u>DATE</u>	<u>STORES</u>
FRIDAY — 2nd		TARGET HIGGINS	MONDAY — 3rd FRIDAY — 7th		WALMART BARRINGTON
MONDAY — 5th FRIDAY — 9th		WALMART BARRINGTON	MONDAY — 10th-CLOSED FRIDAY — 14th		STRATFORD BLOOMINGDALE
MONDAY — 12th FRIDAY — 16th		TARGET BARRINGTON	MONDAY — 17th FRIDAY — 21st		WALMART MEACHAM
MONDAY — 19th FRIDAY — 23rd		WALMART ELK GROVE	MONDAY — 24th FRIDAY — 28th		TARGET HIGGINS
MONDAY — 26th FRIDAY — 30th		TARGET MEACHAM	MONDAY — 31st		TARGET BARRINGTON



**Alzheimer’s disease? Is their Dementia or
Alzheimer’s creating stress for you?
We can help!**

**Please join us for a Care Seminar
September 13 – Tuesday • 10:30 AM – Noon
Boardroom - 2nd floor
Schaumburg Township
One Illinois Boulevard • Hoffman Estates, IL 60169**

Kelly Hutchison, Caregiving Expert, will speak about caring for a loved one with Dementia or Alzheimer’s disease and offer tips on coping with aging and memory loss. Topics include managing behavior and promoting engagement with a loved one and finishing with a Q&A.

Please register in advance by calling 847.894.3511.

FYI—VETERAN CLINIC RELOCATION

The clinic relocated from 450 W. Dundee Ave., Elgin to the Prairie Pointe Medical building at 4885 Hoffman Blvd., Hoffman Estates. The services offered at the facility include Primary Care, Women’s Health Care, Phlebotomy Services, Mental Health Services, and other coordinated services through Patient Aligned Care Team’s (PACT). The hours of the clinic are 7:30am to 4:30pm Monday through Friday, excluding federal holidays.



The VA has a “medi-car” program that certain veterans with service-related disabilities or low-income can utilize. Veterans can learn if they are qualified by contacting Hines VA transportation coordinator Phillip Walton by email at phillip.walton@va.gov or by phone at 708-202-8387 ext. 27964.

To contact the clinic or to schedule an appointment, call 847-645-1443. Bus transportation is available from the township. Call 847-882-1929 to register for the bus or to make a reservation.



*Township of Schaumburg Offices
Will be closed
Monday, September 5th in Observance of
Labor Day and
Monday, October 10th in Observance of
Columbus Day*



SENIOR DEPARTMENT 847-884-0030

LIHEAP

We all know that the high temperatures this summer did not spark a reconsideration of the Low Income Home Energy Assistance Program for cooling. This program is so important for many of our low-income residents helping them pay their utility bills. This was partially due to the budget impasse for the State of Illinois.

LIHEAP will begin this fall. Contact the senior department at 847-884-0030 after the Labor Day holiday for household eligibility, documentations needed and to make an appointment.

MEDICARE PART D

Open enrollment for Medicare Prescription Drug Coverage (Part D) begins **October 15th and extends through December 7th**. This will be an opportune time to review your medication coverage plan. Medicare health and drug plans can make changes each year to your plan. The Centers for Medicare and Medicaid Services released the 2017 benefit parameters:

	<u>2016</u>	<u>2017</u>
Annual Deductible	Up to \$360	Up to \$400
Initial Coverage Limit	\$3,310	\$3,700
Donut Hole	55% brand name drugs 42% generic drugs	60% brand name drugs 49 % generic name drugs
True out-of-Pocket	\$4,850	\$4,950

Also at this time, you may change from Original Medicare to a Medicare Advantage plan or vice versa, or switch from one Medicare Advantage plan to another plan.

Contact the senior department at 847-884-0030 **after October 15** to review your current Part D plan. You can find Medicare plan information or compare plans by calling **1-800-MEDICARE** or by visiting the website Medicare.gov. It will be advantageous to review your plan annually to make sure it is meeting your needs.

FYI—COMPARE MEDICAL COSTS

Get your medical and dental costs under control by comparing prices with online tools from reputable organizations. HealthcareBlueBook.com, NewChoiceHealth.com and [FairHealth Consumer.org](http://FairHealthConsumer.org) list the typical costs that providers charge for many medical procedures, including prices for imaging services such as MRIs, X-rays and CT scans. They also can help you estimate the costs you may be asked to pay—with or without insurance.

AARP May 2016

FARMERS MARKET

Locally grown fruits and vegetables, meats, flowers, plants and gourmet cheeses are available through October 28th. Located at 1905 Roselle Rd, Schaumburg, the market is open every Friday from 7:00am-1:00pm.

Visit the market to support your local farmers!



The Chicago Lighthouse presents its:

Low Vision Products Road Show

We're taking our store on the road and everyone is invited!



The Low Vision Products Road Show welcomes the public to experience state of the art technology such as CCTV, portable reading devices, GPS, and many more including independent living aides, lighting, and even sunwear. Test each product and receive training from our expert staff who can advise on the right tools to improve your daily life.

Absolutely free! Everyone is invited and can come at anytime. Chicago Lighthouse staff will demonstrate, explain and let you try the variety of products available for help with school, work and daily life.



- Independent Living - talking clocks and watches, kitchen items, large button phones, and sunglasses of all types including the new fit-over models.
- Computer Aids - Large print keyboards, accessibility software for magnification or speech, new speech to text dictation programs.
- Technology - Reading devices such as the new Prodigy from Humanware that magnifies and even reads text aloud. Portable and hand-held video magnifiers, from 2x to 20x, to read and write anywhere!

Wednesday, Oct. 5, 2016
10 a.m. – 3 p.m.
Schaumburg Township
One Illinois Blvd.
Hoffman Estates, IL 60169
(847) 884-0030

To view products:
www.chicagolighthouse.org
click - shop online

For information or more details
about future shows call:
(800) 919-3375 or email:
Tom.Perski@chicagolighthouse.org



TOWNSHIP & OTHER LOCAL SERVICES/EVENTS

SCHAUMBURG TOWNSHIP MINI BUS—Buses are available for seniors age 60 and over and disabled residents 18 and older who provide proof of permanent disability. Hours are 9:30 a.m.—3:30 p.m. Monday through Friday. A \$1 per ride is required. Buses are lift equipped. Contact the Transportation Department at **847-882-1929** for further information.

Reservations are required.

TRIP (Township Riders Initiative Program)—This program provides transportation across township lines for medical reasons for seniors age 60 and older and persons with disabilities over 18 years of age. TRIP is limited to residents of the following townships: Elk Grove, Hanover, Palatine, Schaumburg and Wheeling. **Registration is required.** The cost is a max of \$20 round trip. Contact the Transportation Department for hours and days at **847-882-1929**.

EMPLOYMENT SUPPORT CENTER—RPP Enterprises will be available to assist in your job search by providing information, answering questions, assisting with resumes and researching job opportunities. Appointments will provide assistance with networking, job campaigns, and interview skills as well as access to one of our computer workstations.

Contact Bob Podgorski at **847-285-4553** or visit e-mail at **RPPE.Careering@gmail.com**.

ITAC (Illinois Telecommunications Access Corporation)—The program distributes free amplified phones to qualified Illinois residents with a certified hearing loss. Schaumburg Township is an area phone selection center where residents may test and select the best phone for their individual hearing loss. For information, applications and availability, call the Disability Services Department at **847-884-0030**.

SCHAUMBURG BARN (Senior Center)—Why cook when you can join friendly seniors for a nutritious lunch for a nominal fee? Special activities include: Bingo, Cards, Health Clinic, Book Club, and much more. Home delivery of meals is available weekly at a reasonable cost. For information or lunch reservations please call **Marina** at **847-524-7496**.

PASSPORTS—Applications for passports, passport correction forms, mail in passport applications, etc., are available in the Clerk's Office. For further information, call **847-884-0030 ext. 3015**.

SHIP—The Senior Health Insurance Program is a free counseling service for people with Medicare and their caregivers. (**Appointments are required.**) SHIP is sponsored by the Illinois Department of Insurance. Our counselors are happy to help our community members with the often complex issues and questions that may arise when dealing with Medicare and related information. For information or an appointment call the Senior or Disability Services Department at **847-884-0030**.

TEMPORARY DISABLED PLACARDS—Temporary parking placards for the disabled are available through the Disability Services Department. If a placard is needed for more than three months, apply at the Department of Motor Vehicles, 1227 E. Golf Road, Schaumburg, or mail an application to the Secretary of State's office in Springfield. For further information call **Disability Services** at **847-884-0030**.

SENIOR WEEKLY SOCIAL—The Township of Schaumburg sponsors a weekly luncheon every Thursday for **township residents only**. The lunch is free of charge and served at approximately 11:30 a.m. Guests generally start arriving between 10:00 a.m.—10:30 a.m. for coffee and donuts, and arrival by 11:00 a.m. will reserve your seat. **Reservations are required** and are taken beginning the Friday before the next Thursday's event. Transportation is also available. Please call the Senior Services Department at **847-884-0030**.

Schaumburg Township
 One Illinois Blvd
 Hoffman Estates, IL 60194
www.schaumburgtownship.org



PRSRT STD
 U.S. POSTAGE
 PAID
 PERMIT NO. 154
 SCHAUMBURG, IL

****IMPORTANT** NEWSLETTER ATTENTION !!!!!!!**

If anyone knows of a senior who has moved out of the Township, is deceased, or receives more than one newsletter, please call us with this information.

SENIOR DEPARTMENT 847-884-0030

TRANSPORTATION DEPARTMENT 847-882-1929

YELLOW DOT PROGRAM

The Illinois Yellow Dot Program is a statewide initiative designed to provide vital medical information on vehicle drivers/passengers. Information on the medical card can assist first responders immediately following a serious crash. This can mean the difference between life or death. Information packets may be obtained from the Village of Hoffman Estates, Schaumburg Police Department, Schaumburg Township Senior Department or visiting the website at www.YELLOWDOTILLINOIS.org.

DEPARTMENT CLOSING

The Senior Department will close at **4:00 p.m. daily** so that the staff can return phone calls and process necessary paperwork.

APPOINTMENTS ARE NECESSARY

MEALS ON WHEELS

Are you unable to cook for yourself or need help with shopping?

Contact Kenneth Young at 847-524-8800.

REPRINT REMINDER

We thank other newsletters, which have been reprinting our articles with proper credit. Any organization may reprint articles from any of our newsletters provided that proper credit is given by name of newsletter and date. Any questions? Call 847-884-0030 ext. 2015.