



DEAF LINE

OCTOBER 2015



Trick or Treat!

DEAF SOCIAL/SUPPORT GROUP

MALLOWEEN

Tuesday, October 20, 2015

11:30 a.m. to 3 p.m.

At: Schaumburg Township, One Illinois Blvd., Hoffman Estates, IL. 60169

- Wear Halloween Hats! There will be a contest for best hats! You can wear costumes or make up (optional).
- Games/Trivia

Bring food according to last name:

- * **A - F: Salad (green, fruit or pasta)**
- * **G - L: Hot dish**
- * **M - R: Dip & crackers/chips**
- * **S - Z: Dessert**

Creepy and Spooky!



Come and have a blast!



RSVP by October 16, 2015:

224-520-9763 VP or sphadke@schaumburgtownship.org Email

MEDICARE



MEDICARE PART D OPEN ENROLLMENT

October 15 - December 7, 2015

Medicare Part D Open enrollment is your chance to make changes to your benefit choices. This is a good time to review changes co-pays, premiums, deductibles and medication tiers within your plan or to make a change to a different plan for the upcoming year. Any changes to your Part D plan will be in effect January 1, 2016. You do not have to change your plan, but it is

recommended to check if another plan for next year could be more beneficial for you.

Sarita Phadke is a SHIP (Senior Health Insurance Program) Counselor and she can help you with information and assistance with the following: Medicare Part D, Medicare Supplemental Insurance, Medicare Savings Programs (Medicaid, QMB, SLMB) for people with Medicare, Extra Help, etc.

If you would like to find out better benefit plans, or want to change to a different Medicare plan, or Medicare Part D, please contact Sarita as soon as possible to make an appointment: 224-520-9763 VP; 847-884-1560 TTY; sphadke@schaumburgtownship.org Email.

DEAF SOCIAL/SUPPORT GROUP

“THANKSGIVING CELEBRATION”

Tuesday, November 17, 2015

11:30 a.m. to 3 p.m.

Please bring dessert to share.

A - F: Pie or Cake

G - L: Jello or Cupcakes

M - R: Cookies

S - Z: Fruits

Cost: \$8.75 per person

(Pay to Township

Disability office -

Cash only accepted)

Luncheon (Served at Noon):

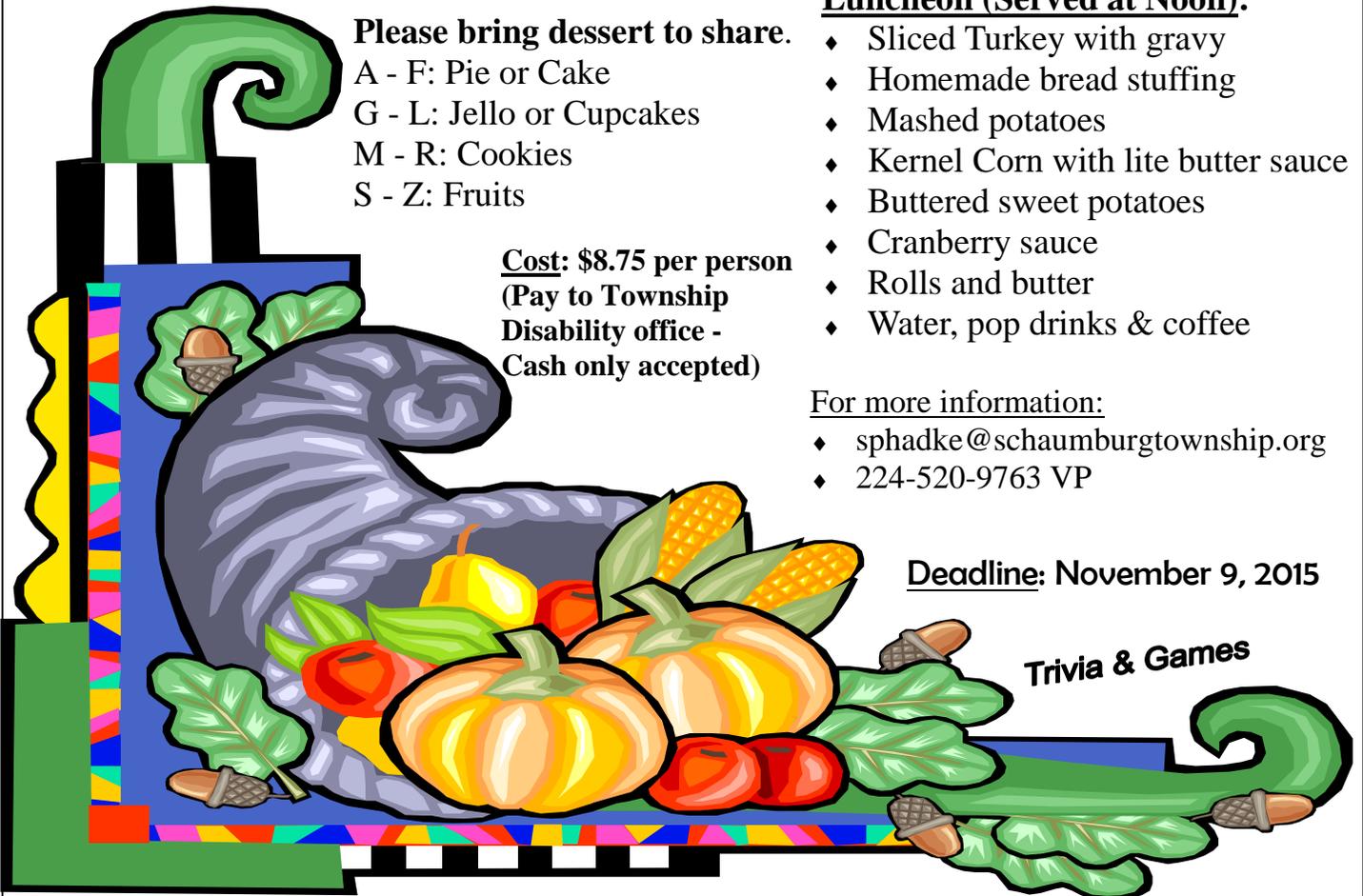
- ◆ Sliced Turkey with gravy
- ◆ Homemade bread stuffing
- ◆ Mashed potatoes
- ◆ Kernel Corn with lite butter sauce
- ◆ Buttered sweet potatoes
- ◆ Cranberry sauce
- ◆ Rolls and butter
- ◆ Water, pop drinks & coffee

For more information:

- ◆ sphadke@schaumburgtownship.org
- ◆ 224-520-9763 VP

Deadline: November 9, 2015

Trivia & Games





LIHEAP PROGRAM

The LIHEAP/PIPP Program for senior citizens (60 years and older) and people with disabilities starts on October 1st for income eligible individuals. The program provides financial assistance for gas and electric bills. LIHEAP payments are made directly to the utility companies. Before you call for an appointment, please check that you have all the following documents listed below. You will not be able to apply if you do not have the correct documents.

Documents Required:

- Original Social Security cards for all household members
- Proof of all household income within 30 days from application date: SSA, SSI, SSDI, wages, unemployment, cash assistance, child support, pensions, etc. *****Must have updated Social Security Award Letter showing the year 2015.**
- Current Nicor and Com Ed bills
- Current public aid medical card/cards (if applicable)
- Current lease/subsidized housing (if applicable)
- The maximum income levels (30 days) are: 1 person: \$1,471; 2 people: \$1,991; 3 people: \$2,511; 4 people: \$3,031; 5 people: \$3,551; 6 people: \$4,071

For more information or to make an appointment, contact the Township: 847-884-0030 V or 224-520-9763 VP.

FYI: Enrollment dates:

Starting October 1st - Seniors age 60+ or people with disabilities; disability documentation will be required.

Starting November 2nd - Households with a child under 6 years of age.

Starting December 1st - Open to everyone else



The Chicago Lighthouse
for People Who are Blind or Visually Impaired

DEAFBLIND AWARENESS DAY - Hosted by The Chicago Lighthouse Deaf-Blind Program. This event will be held on Saturday, October 10, 2015, 10 a.m. to 2 p.m., at Chicago Hearing Society, 2001 N. Clybourn Avenue, 4th floor, Chicago, IL. There will be vendors, exhibits, refreshment and socialization. For more information, contact Mindy Joy Mayer (mindy.mayer@chicagolighthouse.org or 773-957-4865 VP); Veramarie Baldoza (312-666-1331 ext. 3722 V); Joann Rushing (312-666-1331 ext. 3415 V).

BEGINNING I-PAD CLASSES



We will have **Beginning iPad Classes** for the Deaf on October 5th & November 2nd, 11 a.m. to 12:30 p.m., at Schaumburg Township, One Illinois Blvd., Hoffman Estates, IL. **Haydee Garcia** will be the Deaf iPad expert and you will

learn the iPad basics, tips, finding apps, how to navigate, organizing and much more. You must bring your own iPad (fully charged) to the class. The cost is \$5 per class (cash only). It is limited to 20 people. First come, first served. Please **RSVP:** sphadke@schaumburgtownship.org Email or 224-520-9763 VP.



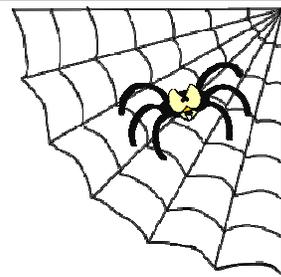
DEAF AWARENESS LATINO AWARENESS DAY

Illinois Deaf Latino Association (IDLA) will host their Annual Deaf Latino Awareness Day and Taste of Latino on Saturday, October 24, 2015, 9 a.m. to 4 p.m., at Swoboda Deaf Center, 7050 W. Belmont

Avenue, Chicago, IL. Meet the Latino guests/chefs. There will be food/drink sale as well as craft sale. In addition, there will be prizes including iPad Mini and special gifts. This event is sponsored by Chicago Hearing Society and CHOICES for Parents. Free admission, but please **RSVP** - Haydee Garcia: presidentidla@gmail.com or Jose Roman: joseroman22@gmail.com or 815-768-2538 VP.



HALLOWEEN PARTIES



- ◆ West Suburban Association of the Deaf (WSAD) will host a **Family Halloween Party** on Saturday, October 17, 2015, 11 a.m. to 3 p.m., at Haunted Trails Burbank, 7759 Harlem Avenue, Burbank, IL. There will be 2 slices of cheese pizza, Pepsi drink, 20 game tokens, 1 Go-Kart or Jr. Go-Kart ride, round of 18-hole miniature golf, 1 amusement ride, and best Halloween costume contest. The cost is \$6 per WSAD member and \$10 per non-member. RSVP is a must and by October 10th - Contact Juan Bernal: mrjuanbernal@aol.com Email. Mail the payment to WSAD, P.O. Box 3712, Oak Brook, IL 60522. View the flyer details on www.wsadeaf.com.
- ◆ Swoboda Deaf Center (SDC) will host their Halloween Party on Saturday, October 31, 2015, 5 to 11 p.m., at SDC, 7050 W. Belmont Avenue, Chicago, IL. There will be prize giveaways, appetizers, drinks, games and Halloween contest. Bring a Halloween themed dish or dessert to share. The cost is \$20 at the door, but RSVP is needed by October 24th. To RSVP or for more information, contact Brian Swatek: sdc.brianswatek@gmail.com Email.



The Kimball Hill Family Deaf Institute will host its 23rd Annual DeaFest on November 6 & 7, 2015

Chairperson: Debby Sampson

Committee Members: Jason Altmann, Jan Coleman, Lori Eshoo, Lori Fiscus, Terrie Ortiz, Marcie Sacks-Botto, Susan Teplinsky & Stephanie Wootten-Austin

Friday, November 6th: 19th Annual Deaf High School Academic Bowl, 10 a.m. – 2 p.m., Building J Theater (park in lot 5). Several high schools will compete in the mental-sharpening competition, covering Art/Literature, Deaf Studies, Entertainment, Math, Technology, Science and Social Studies. The defending champion is John Hersey High School and the runner up is Hinsdale South High School. Free admission.

Saturday, November 7th: DeafNation Expo, 9 a.m. to 5 p.m., Building M Gym (park in lot 1). This expo is the foremost touring trade show for, by, and about Deaf people. They provide exhibitions and entertainment around the United States at no cost to the public. For more information, check www.deafnation.com.

Saturday, November 7th: The Vaudeville Show, 5 – 7 p.m., Building J Theater (park in lot 5). There will be a variety of talent acts such as comedy, short stories, signing songs in ASL, dances and other acts performed by the Deaf & Hard of Hearing. This show is directed and produced by Tom Adamo who was voted by the Deaf community as the “Best Local Entertainer” in 2003. Admission: \$10 per person. To purchase tickets, there are 4 ways: contact Tom: tadamo61@yahoo.com Email, buy tickets at Harper’s Box Office, Harper’s booth at DeafNation Expo or at door.

Saturday, November 7th: New ASL Film: The Deaf Club by Rustic Lantern Film, 8 - 10 p.m., Building J Theater (park in lot 5). Co-Hosted by Harper College Deaf Institute and Chicagoland Deaf Seniors. It will be shown in ASL & captions. Admission: \$10 through Harper’s box office, at Harper College’s booth at the Deaf Nation Expo or at the door. You can contact Jim Lomanto: jimactor@sbcglobal.net

For more information, visit www.harpererevents.com or contact Debby Sampson: dsampson@harpercollege.edu Email.

5th Annual

Schaumburg Township “Fall Into Wellness” Community Wellness Day

Wednesday, October 14, 2015 • 2 pm to 6 pm

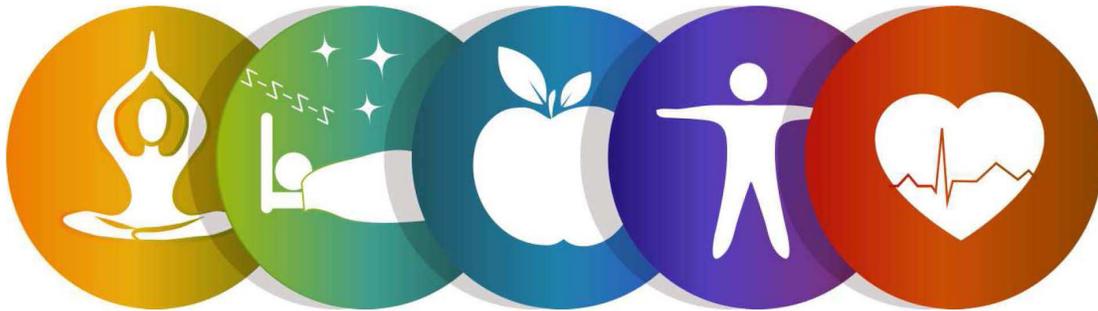
1 Illinois Boulevard, Hoffman Estates • FREE Admission

Indoor Health Fair Includes:

- Raffle Prizes and Giveaways
- ASL Interpreters
- Meet & Greet NCH Therapy Dogs
- “Ask the Doctor” Forum
- Eyeglass Adjustments
- Hand Massage
- Sharps Disposal
- LifeSource Blood Drive

FREE Health Screenings:

- Private Skin Cancer Screening
- Podiatry Screening
- Hearing Examination
- Memory Screening
- Otoscopic Examination
- Fall Prevention Screening
- Bone Density Screening
- Blood Sugar Screening



Screenings requiring a small fee or accepting insurance include:

- A1C Glucose Screening - \$7 per person for 90 day reading
- Adult TDAP Vaccination - \$20 administrative fee per person
 - Flu Shot - \$25 fee per person
- Pneumonia and Shingles Vaccination - call (847) 895-1600 with insurance information available

**Skin cancer and memory screening appointments, call Community Health Nurse Josie Gould, RN, MS
(847) 285-4551**



For general information,
call (847) 884-0030 ext. 3016 or
visit schaumburgtownship.org



Participating Health Vendors/Services

- **Advanced Chiropractic Health**—FREE Spinal Stress Scan/Information
- **Altman Dermatology**—FREE Skin Cancer Screening - Must call (847) 285-4551 for appointment
- **American Cancer Society**—Cancer Prevention Information
- **Athletico**—Physical Therapy Information
- **Beltone**—FREE Hearing Screening/Information on Hearing Aids
- **Budget Optical**—FREE Eyeglass Adjustment
- **Cancer Treatment Centers of America**—Cancer Screening Information
- **Cook County Commissioner Timothy O. Schneider, District 15**—Information
- **Greater Elgin Family Care Center**—Information
- **Illinois Department of Veterans' Affairs**—Veterans' Benefits/Information
- **Illinois Telecommunications Access Corporation (ITAC)** - Information
- **Jewel/Osco Pharmacy**— Pneumonia, Shingles and Flu Vaccine Available - Must call (847)895-1600 for appointment with prescription information available
- **Jewel/Osco Nutritionist**—Healthy Recipes/Newsletter/Information
- **Kenneth Young Center**—Counseling Information
- **Life Source**—Blood Drive - Visit <http://www.lifesource.org/donate-blood/> to register and use code SH11 or Walk-In and Donate Today! 12—6 PM
- **Linden Oaks NCH Mental Health Network**—Information on Behavioral Health
- **NCH Medical Group**—FREE Podiatry Screening with Dr. Shukia & Dr. Baronofsky/Information
- **NCH Medical Group Schaumburg**—FREE “Ask the Doctor” Forum with Dr. Kanter 4 pm—6 pm
- **NCH Home Care Agency**—Information on Hospice/Home Health Care
- **NCH Physical Rehab Services**—FREE Fall Prevention Screening/Information
- **Northwest Community Healthcare**—FREE Bone Density Screening/Blood Pressure Screening/Information
- **Northwest Community Healthcare**—FREE Hand Massages/Information
- **Northwest Community Healthcare**—Prostate/Colorectal Health Information
- **Northwest Community Mobile Dental Clinic**—Mobile Dental Clinic Information
- **Sam's Club Hearing Center**—FREE Otosopic Examination/Information
- **Schaumburg-Hoffman Lions Club**—FREE Hearing Screening/Information
- **Schaumburg Township Community Health Nurse**—A1C Glucose Screenings \$7 for 90 day reading/
Meet & Greet with NCH Therapy Dogs/Information
- **Schaumburg Township District Library**—Information on Wellness Programs
- **Schaumburg Township Mental Health Committee**—Information on Schaumburg Township Mental Health Agencies
- **Schaumburg Township Senior & Disabled Services**—Counseling for Medicare, Medicaid & Prescription Drug Assistance
- **Stericycle**— FREE Disposal of Sharps
- **Tru Rehabilitation & Wellness**—FREE Chair Massage/Information on Physical Therapy
- **Vein Clinics of America**—Information Venous Disease
- **Village of Hoffman Estates Health & Human Services**— \$20 TDAP Vaccine (*adult only*)/\$25 Flu Shot/
FREE Blood Pressure
- **Village of Schaumburg Division of Public Health and Nursing**—FREE Memory Screening with a Qualified Dementia Care
Provider/Alzheimer's Foundation of America

COLD & FLU SEASON

The cold and flu season is right around the corner. To fight off those germs, here are some tips:

- Exercise, even just a half-hour to an hour of walking, can boost immunity.
- Get your rest. Proper sleep helps the body repair injuries caused by stress, illness & viruses.
- Don't stress. Keep your cool as stress hormones can make you more susceptible to infection.
- Be optimistic. People with a positive outlook tend to have a better immune response.
- Have a good, balanced nutrition especially fruits & vegetables as they give you all the immune-boosting vitamins and minerals.
- Drink lots of fluids if you feel a cold coming on. Avoid germs. Wash/sanitize your hands often.
- Get a flu shot.



SYMPTOMS	COLD	FLU	ALLERGIES
Aches & Pains	Yes	Yes	No
Cough	Yes	Yes	Maybe
Exhaustion	No	Yes	Maybe
Fatigue, Weakness	Yes	Yes	Yes
Fever	Maybe	Yes	No
Headache	No	Yes	Maybe
Itchy watery eyes	No	No	Yes
Rash	No	No	Yes
Sneezing	Yes	Maybe	Yes
Sore Throat	Yes	Maybe	Maybe
Stuffy Nose	Yes	Maybe	Yes



DOMESTIC VIOLENCE 101

October is Domestic Violence (DV) Month. The AIM Center for Independent Living will host an educational presentation given by Chicago Hearing Society. The two-hour seminar will cover the cycle of violence, common myths about DV, red flags of an abusive relationship and much more. This seminar will be held on Wednesday, October 28, 2015, 1 to 3 p.m., at the AIM office, 3130 Finley Road, Suite 500, Downers Grove, IL.

RSVP by October 26th - Contact Laura: 630-984-4251 VP or lthompson@aim-cil.org

SCHAUMBURG TOWNSHIP CLOSED

Schaumburg Township will be closed on Monday, October 12, 2015 (Columbus Day Holiday).



Have a safe and great holiday weekend!



DEAAC MEETING & OKTOBERFEST CELEBRATION

Deaf European American Association of Chicago (DEAAC) will have their general meeting (5 to 6 p.m.) and pot luck dinner party to celebrate Oktoberfest. It will be held on Saturday, October 10, 2015, at Swoboda Deaf Center, 7050 W. Belmont Avenue, Chicago, IL. Please bring your German potluck food to share. Also, there will be "Switch Card" games and door prizes. The cost is \$3 (member) and \$5 (non-member).

For potluck information, please contact either Marcin Papciak (708-572-6622 VP) or Demir Bekiri (773-295-6351 VP).



OCTOBER 2015

Sun	Mon	Tue	Wed	Thu	Fri	Sat
 * ASL Interpreted Show	 ** Open Captioned	SCH TWP refers to Schaumburg Township SDC - Swoboda Deaf Center		1 LIHEAP for Seniors & People with Disabilities Starts (Info: 224-520-9763 VP)	2 ***"Sucker Punch" (ASL/OC) at Victory Gardens Theater, Chicago; 7:30pm (773-871-3000)	3 ** "Funnyman" at Northlight Theatre, 9501 Skokie Blvd., Skokie; 2:30pm
4 CCE Annual Luncheon at White Eagle Banquets, Niles; 11am to 4pm	5 Beginning & Advanced I-PAD Classes at SCH TWP, Hoffman Estates, IL (Info: 224-520-9783 VP)	6	7 CBS/HAD Senior gathering at Congregation Bene Shalom, Skokie; 10am to 4:30pm (nbalk 72@gmail.com)	8 Rockford Senior Citizens at CSH, 8038 MacIntosh Lane, Rockford; 9am-3pm	9 Deaf Chat Coffee at Starbucks in Streets of Woodfield, 601 North Martingale Rd, Schaumburg; 7-11pm	10 DEAAC General Meeting and Oktoberfest Celebration Potluck Dinner at SDC, Chicago; 5pm (773-295-6351 VP)
11	12 SCH TWP CLOSED (Columbus Day Holiday)	13	14 Community Wellness Fair at SCH TWP; 2 to 6pm; Free Admission; Sign Language Interpreters on-site!	15 Medicare Part D Enrollment begins and ends on December 7th	16 ** "The Tempest" at Chicago Shakespeare Theatre, Chicago; 7:30pm (312-595-5600 V)	17 ** "Disgraced" at Goodman Theatre, Chicago; 2pm (312-443-3800 V)
18 ** "Feathers and Teeth" at Goodman Theater, Chicago; 2pm (312-443-3800 V)	19	20 Deaf Social/Support Group - "Halloween Celebration" at SCH TWP; 11:30am (RSVP: 224-520-9763 VP)	21	22 St. Francis Deaf Seniors at Stokes Hall, 8025 W. Addison Street, Chicago; 9am to 2pm	23 Deaf Chat Coffee at Starbucks, 1441 S. Randall Road, Geneva, IL; 7 to 10 p.m.	24 "A Day at the Races" at Hawthorn Race Course, Stickney, IL; 12pm CCD Meeting at SDC, Chicago; 1pm
25 **"East of Eden" at Steppenwolf Theatre, Chicago; 7:30pm (312-335-1650)	26	27	28 SCH TWP Board Meeting at SCH TWP, Hoffman Estates, IL; 7pm	29 * "Esperanza Rising" at Merle Reskin Theatre at DePaul University in Chicago; 10am	30	31  Happy Halloween!



ACCESSIBLE PERFORMANCES

The League of Chicago Theaters has a website, providing a calendar schedule of accessible live theater performances, including ASL interpretation, open-captions, descriptive audio, and touch tours. This calendar enables patrons with disabilities to look for upcoming performances based on their access requirements. Check www.chicagoplays.com/access.html

FREE MAMMOGRAMS FOR LOW-INCOME WOMEN

AMITA Health Alexian Brothers Health System has partnered with Susan G. Komen Chicagoland to offer free mammograms & breast health education for women who cannot afford a mammogram. Facilities are available in Addison, Bartlett, Elk Grove Village, Hoffman Estates and Schaumburg. For an appointment, please call 877-717-7700 V.

ITAC PROGRAM

Our ITAC Selection Center is available for Amplified phone, CapTel phone, and TTY viewing or testing. ITAC's program distributes FREE phones and TTYs to any Illinois resident with a certified hearing loss, and local residential phone service. There are 4 different amplified phones from which to choose. Also available is the CapTel (captioned phone) loan program. For more information, please call 847-884-0030 ext. 2025 V, 847-884-1560 TTY or 224-520-9763 VP. Visit www.itactty.org for more information.

SHIP PROGRAM

The Senior Health Insurance Program (SHIP) offers free individual counseling services at local sites throughout Illinois. There are trained volunteers who can assist with various Medicare issues. There are several SHIP counselors at Schaumburg Township who can assist you in any way. Sarita Phadke is one of the SHIP counselors. For an appointment, call 847-884-0030 V, 224-520-9763 VP or 847-884-1560 TTY. **SHIP is not affiliated with any insurance company. SHIP counselors do not sell or solicit any type of insurance.**



Deaf Line is published monthly. Any agency, organization, or group may reprint any of our articles provided proper credit is given by name of newsletter and date.

Address: Schaumburg Township Deaf Services
One Illinois Blvd., Hoffman Estates, IL 60169-3314

Phone: 224-520-9763 VP; 847-884-1560 TTY; 847-884-0030 V; 847-884-0039 Fax

Website: www.schaumburgtownship.org

Disabled Services

Gerry Bartnicke—Director: 847-884-0030 ext 2020; gbarntnicke@schaumburgtownship.org

Maureen Centeno—Assistant Director: 847-884-0030 ext. 2022; mcenteno@schaumburgtownship.org

Sarita Phadke—Deaf Services Coordinator: 847-884-1560 TTY; 224-520-9763 VP; sphadke@schaumburgtownship.org

Lauren Perschon—Public Relations/Event Coordinator: 847-884-0030 ext. 2025; lperschon@schaumburgtownship.org

Lindsey Kaminsky—Benefits Counselor: 847-884-0030 ext. 2024; lkaminsky@schaumburgtownship.org

Township Officials

Mary Wroblewski—Supervisor

Diane Dunham—Trustee

W. Robert Vinnedge—Trustee

Jeffrey S. Mytych—Trustee

Nimish Jani—Trustee

Timothy M. Heneghan—Clerk

John R. Lawson, C.I.A.O.—Assessor

Scott M. Kegarise—Highway Commissioner

Schaumburg Township is a Selection Center for the Illinois Telecommunications Access Corporation (ITAC) Program (Amplified Phones, CapTel Phone and TTYs).



Happy Halloween!

DEADLINE
SCHAUMBURG TOWNSHIP DEAF SERVICES
ONE ILLINOIS BLVD.
HOFFMAN ESTATES, IL 60169

PRSRT STD
U.S. POSTAGE
PAID
PERMIT NO. 154
SCHAUMBURG, IL.

RETURN SERVICE REQUESTED



2015



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- A decorative border of jack-o'-lanterns surrounds the central text.
- ◆ Monday, October 5 - **Beginning & Advanced iPad Classes** at SCH TWP (Info/RSVP: 224-520-9763 VP)
 - ◆ Monday, October 12 - **SCH TWP Closed** (Columbus Day Holiday)
 - ◆ Wednesday, October 14 - **Community Wellness Fair** at SCH TWP; 2 to 6 p.m. (ASL interpreters on-site)
 - ◆ Tuesday, October 20 - **Deaf Social/Support Group - "Halloween Celebration"** at 11:30 a.m. (RSVP: 224-520-9763 VP)
 - ◆ Wednesday, October 28 - **SCH TWP Board meeting**, 7 p.m.
 - ◆ Saturday, October 31 - **Halloween**

This Deadline Newsletter is printed courtesy of SHIP (Senior Health Insurance Program).