

SCHAUMBURG TOWNSHIP DISABILITY SERVICES

ABLEGRAM

September - October 2015

LIHEAP Program Begins October 1, 2015

The Low Income Home Energy Assistance Program (LIHEAP) **begins Oct. 1, 2015**, for income-eligible individuals with a disability and seniors ages 60 or older. LIHEAP is designed to assist income-eligible households with their energy bills in the form of a one-time benefit payment to the utility companies that is applied directly to the household’s energy bills. The benefit amount is determined by income, household size and fuel type. Please see the required documentation to apply and income guidelines below.

You must have all the required documentation listed to apply for LIHEAP; you cannot apply if you do not have all the required documentation — no exceptions.

Required Documentation:

- Social Security cards for every member of the household
- Most recent utility bills (Nicor and ComEd)
- Proof of gross monthly income for every household member, **30 days from your appointment date**. This includes: paycheck stubs, 2015 Social Security Award Letter, unemployment, pensions, TANF, child support, etc.

Income Guidelines 30 days From Your Appointment Date

Household Size	Monthly Income
1	\$1,471
2	\$1,991
3	\$2,511
4	\$3,031

Most utility companies have agreed to make special considerations for PIPP clients who were dropped from the program this summer. Please contact your utility company and ask if you qualify for a special payment arrangement as a PIPP client who has been affected by the program suspension. Unfortunately, there is no appeal process since PIPP enrollees have been terminated by the Department of Commerce and Economic Opportunity (DCEO) in accordance with instructions from Springfield. Clients who were dropped from PIPP are eligible to apply for LIHEAP benefits Oct. 1. Contact Disability Services for an appointment the first week in October.

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Schaumburg Township Disability Services' Picnickers Traveled to a Galaxy Far, Far Away

Schaumburg Township Disability Services took picnickers to “a galaxy far, far away” for its 30th annual “Star Wars” picnic theme Saturday, Aug. 15. Guests received a surprise visit from “Star Wars” characters Darth Vader and a Jedi Warrior. During lunch, volunteers danced to a flash mob performance to the song “Happy.”

Guests also enjoyed musical entertainment by disc jockey Eric Brandt and participated in Brookfield Zoo's nature and science activities coordinated by state Reps. Michelle Mussman and Fred Crespo. Volunteers served a lunch of Village Tavern's world famous chicken fingers and frozen custard desserts donated by Barry Himmelfarb of Culver's. After lunch, guests played bingo for a chance to win one of many prizes donated by local businesses.

The Illinois Telecommunications Access Corporation (ITAC), Village Tavern and Grill, The Schaumburg-Hoffman Lions Club, Culver's and the Schaumburg Township Foundation sponsored the picnic.

Special thanks to all our volunteers, the Schaumburg Township Road and Bridge Department, the Sheriff's Work Alternative Program (SWAP) and the Schaumburg Park District for their support.

Special Thanks to Our Sponsors

The Schaumburg Township Disability Services Department extends our sincere appreciation to all our sponsors. Without their support, our picnic would not be possible.

Illinois Telecommunications Access Corporation (ITAC)

The Schaumburg-Hoffman Lions Club

Village Tavern & Grill

Barry Himmelfarb of Culver's—1410 E. Algonquin Road, Schaumburg

The Schaumburg Township Foundation

Thank you to the following businesses for their generous donations for the picnic. We urge you to patronize our donors:

101.9 THE MIX and Chicago's 100.3 WSHE, 97.1FM The Drive, Ala Carte Entertainment, Culver's, Dave & Buster's, El Meson, Hawthorn Suites by Wyndham, Hoffman Estates Park District, Laugh Out Loud, Lynfred Winery, Marriott Chicago Schaumburg Hotel, Poplar Creek Bowl, Port Edward Restaurant, QT Signs, Second City, Schaumburg Park District, Shedd Aquarium, State Representative Fred Crespo's and Michelle Mussman's Offices, The Cheesecake Factory, US 99.5, Village of Schaumburg Prairie Center for the Arts and Village Tavern & Grill.

Thank you to our volunteers! This picnic would not have been possible without your time, dedication and support.

Ann Thomas, Annette Langston, Arden Mroz, Barbara Hook, Betty Delahunty, Bill Eliasek, Carole Lindeman, Charlyne St. Leger, Diane Wilson, Dolores Haase, Don and Marie Balsitis, Eileen Rozborski, Elyce Dye, Jenny Bratanch, Jessica Kettle, Joe and Jane Delulio, Leo Salais, Lucas and Lee Vos, Mary Ball, Mary Ann Fleck, Mary Lou Szigeti, Ruth Haynie, Susan Giannone, Tamanna Phadke and Tom Sucher.

Schaumburg Township
Disability Services
Thanks
 ITAC,
 The Schaumburg/Hoffman Lions Club,
 The Schaumburg Township
 Foundation, Culver's &
 Village Tavern & Grill
for Sponsoring
our 30th Annual Picnic



Special thanks to staff for their hard work:
 Gerry Bartnicke, Lauren Perschon, Maureen Centeno, Sarita Phadke, Lindsey Kaminsky, Caryn Remer, Kim Kettle, Angelo Recchia, Brian Todd, Jordan Evans, Mona Morrison, Nick Chapas and Dave Schackelton



Get Informed. Update yourself on the latest information!

Medicare Part D Annual Open Enrollment

Open enrollment for Medicare Part D drug plans is October 15 through December 7. This is the time to review your prescriptions and check which plan will be the most beneficial for you. Part D plans are required to advise participants of any changes to their plans by Oct. 1, on drug formulary, tier changes, premium increases, etc. Any changes to your Part D plan are effective January 1, 2016. You do not have to change your plan, however, it is recommended to check in case another plan could be more beneficial for you. For more information or to schedule an appointment, please call disability services at 847-884-0030.

Medicaid Redetermination

The Illinois Medicaid Redetermination Project (IMRP) will be reviewing Medicaid recipients' benefits yearly to ensure they are still eligible for benefits. Many individuals on Medicaid will receive a letter and a redetermination form explaining that they must renew their Medicaid coverage. The letter may request additional documentation to support the individual's redetermination. **It is very important to respond to this as soon as possible. Failure to respond, could result in losing Medicaid benefits.**

Equip for Equality Success

Equip for Equality was a success in court. From the Judge's Order, "The Defendants (state) will immediately begin processing all Medicaid claims for fiscal year 2016 for services provided to the range of individuals that are the subject of Plaintiffs (advocates) and Interventors. Joint Motion to Enforce Consent Decree, including, but not limited to Class Members..." This applies to all ICF/DD services, CILA services and Home-Based Services.

Schaumburg Police Warn Residents About ComEd Telephone Scam

If you get a phone call from someone who is claiming to be from ComEd, or any utility company, requesting to collect late utility payments in cash or to purchase a prepaid credit card, such as a Visa card, Walmart or Green Dot card, hang up immediately and contact the utility company directly to check your account. According to ComEd, representatives will never call you to ask for cash or request that you purchase a prepaid credit card to make a payment on your bill. If you have concerns please call ComEd's Customer Service line at 800-334-7661. If you believe you have been the victim of a phone scam, please contact the Illinois Attorney General's Office at 800-386-5438.

Free Calculator to Determine Best Electrical Deal

The Citizens Utility Board (CUB) has unveiled a free calculator to help residents determine how to save the most money in the Illinois electric market. www.CUBPowerCalculator.com is designed to help residents learn what they would pay with an alternative electric supplier versus the regulated utility ComEd. Shoppers should know that it can take up to two months to switch to an alternative supplier. Do not give out your electric bill or account number unless you are sure you want to switch.

Medicare Access and CHIP Reauthorization Act of 2015

Did you know that President Obama signed a bill that offers critical protection to those using Medicare? This act makes the Qualifying Individual (QI) program permanent – meaning 500,000 low-income individuals with Medicare will no longer have to worry each year whether they can get help to pay their monthly premiums.

Get Assistance

Take advantage of our services and get help today!

Schaumburg Township will be closed on Monday, Sept. 7, for the Labor Day holiday and on Monday, Oct. 12, for the Columbus Day holiday.

Benefits Counseling Service

The Senior Health Insurance Program (SHIP), sponsored by the Illinois Department on Aging, provides free one-on-one health insurance counseling. Schaumburg Township is a SHIP site that has several trained counselors who can assist you with Medicare, Medicaid, and the prescription drugs assistance program. Counselors can answer questions, *SHIP does not affiliate with any insurance company and does not sell or solicit any type of insurance.* Please call the senior or disability services departments at 847-884-0030 to schedule an appointment or for information.

Get Free Books and Movies Delivered to You

Do mobility concerns make it difficult for you to visit the Schaumburg Township District Library? Residents of Schaumburg Township who are senior citizens or have permanent or temporary mobility concerns qualify for the Library's Home Delivery Service. The library's staff delivers library materials to seniors, people with physical impairments, those recovering from surgeries, and even expectant mothers on bed rest. Whether you live in a private residence, a senior living community, or nursing home/healthcare facility, the library's staff will happily deliver your materials and pick them up when you've finished. And the best part? This service is absolutely FREE!

Contact the outreach staff for more details:
Lisa Nusret: 847-923-3388 /lnusret@stdl.org
Hermez Biko: 847-923-3392/hbiko@stdl.org

Free Amplified Telephones

The Illinois Telecommunications Access Corporation (ITAC) offers free amplified telephones for qualified Illinois residents with a certified hearing loss. Disability Services is a selection center to test the phones. There are four phones to choose from and **every four years you are eligible for an additional free amplified telephone.** Please contact disability services for more information, or for an appointment to test the phones.

VA Benefits & Services

A representative from the Illinois Veteran's Affairs office is available every Thursday of the month from 9 a.m. to 4 p.m. Please call Jim Lopez at 847-884-0030 ext. 2019 to make an appointment.

Is Clinical Research Right for You?

Alexian Brothers Center for Psychiatric Research is currently enrolling participants in a clinical research study to look at the effectiveness of an investigational medication that may help with the symptoms of major depressive disorder. You may qualify if you are over 18 years of age, have a current diagnosis of major depressive disorder and have shown an inadequate response to standard antidepressant treatment. Study-related procedures and study medication or placebo will be provided to qualified participants at no cost. Compensation for time and travel expenses may also be provided.

Please contact Lauren Silver at 847-230-3591 or Lauren.silver@alexian.net for more information. No insurance required, free, confidential phone screenings. Learn more about psychiatric research and find out if you are eligible to participate in a clinical study. Email research@alexian.org for more information.

Get Connected

Join Our Support and Social Groups!

Fibromyalgia Support Group

Tuesday, Sept. 22, 2015

Tuesday, Oct. 27, 2015

Held on the fourth Tuesdays of the month at 7 p.m. in room #310.

Epilepsy Support Group

Wednesday, Sept. 30, 2015

Wednesday, Oct. 28, 2015

Held on the last Wednesday of each month at 7p.m. in room #202.

Alzheimer's Support Group

Thursday, Sept. 3, 2015

Thursday, Oct. 1, 2015

Held the first Thursday of each month at 7p.m. in room #201 & 202.

Sibling Support Group

For children ages 6-17 who have a sibling with autism. The group provides a safe and non-judgmental forum where siblings can share their challenges and coping techniques while gaining support from others who understand.

First Monday of every month

6–7:30 p.m.

Aldrin Elementary School

617 Boxwood Lane

Schaumburg, IL

To register, email Libby Wojda at libby@autismillinois.org with subject line “Sibling Support Group”

Diabetes Support Group

The diabetes support group is held every second and fourth Monday of the month 10:30—11:30 a.m. in room #102 with Community Health Nurse Josie Gould. Prediabetes, Type I and Type II are welcome. Topics of interest to all will be shared. Let's encourage each other!

Able 2 Meet

Come join Able 2 Meet Tuesdays 1—3 p.m. in room 314 at the Township of Schaumburg. This group is a physical disability support adult group where you can meet others in the Schaumburg Township who live with various physical disabilities. Learn how others cope with their disabilities, offer support and make new friends. Please reach out to Disability Services Director Gerry Bartnicke, at 847-884-0030 ext. 2020 or Barbara Jackson, facilitator, at 847-923-1241.

Social Events for Adults Facing Social Challenges

The Schaumburg Township District Library holds monthly programs for adults in their 20s and 30s with high-functioning autism or Asperger's, and others facing social challenges who do not need to be accompanied by a parent or aide. Past programs have included game nights, drawing instruction, sci-fi book discussions and more. For more information and to register, visit schaumburglibrary.org/nextgen or call 847-923-3140.

Get Around

Know the transportation options that are available to you!

Temporary Disabled Parking Placards

Temporary Disabled Parking Placards are issued by the disability services department. A temporary placard is good for three months to disabled Schaumburg Township residents. You must provide an application signed by a doctor. If a six month or permanent placard is needed, an application signed by a doctor will need to be submitted to the Secretary of State, Persons with Disabilities License Plates/Placard Unit, 501 S. Second St., Rm. 541, Springfield, IL 62756. Permanent placards or plates will take about two weeks to receive.

Township Bus Shopping Trips

Below are the **Monday and Friday** retail shopping trips scheduled for September and October. Reservations are required. Please call transportation at 847-882-1929.

September

Friday—4th	Target Higgins
Friday—11th	Walmart Higgins
Monday—14th Friday—18th	Target Barrington
Monday—21st Friday—25th	Walmart Elk Grove
Monday—28th	Target Higgins

Bus Trips to Alexian Brothers

The township senior and disabled bus service now provides transportation to Alexian Brothers Hospital and medical offices in Elk Grove Village on **Monday, Tuesday, and Thursday** at 10 a.m., 1 p.m. and 3 p.m. each week. Reservations may be made up to 30 days in advance. Same-day service is not provided. Riders can purchase an 18 ride pass for \$15, or ride for a \$1 fare. Aides required to travel with riders will not be charged. All aides must be 18 years or older. Riders must reside in Schaumburg Township and be at least 60 years old or at least 18 years old with a permanent disability. Residents need to register with the transportation department. Please call our dispatch office at 847-882-1929 between 9:30 a.m. to 4 p.m., Monday through Friday to apply.

October

Friday—2nd	Target Higgins
Monday—5th Friday—9th	Walmart Barrington
Friday—16th	Target Barrington
Monday—19th Friday—23rd	Walmart Elk Grove
Monday—26th Friday—30th	Target Higgins

Get Involved

Participate in these upcoming community events!

35th Annual Farmers Market

The Schaumburg Farmers Market is open rain or shine every Friday through October 30, 7 a.m. to 1 p.m. It is held in the parking lot of Trickster Art Gallery at 190 S. Roselle Road in Schaumburg.

Cook County Rabies Clinic

The Cook County Rabies Clinic is returning to the township Wednesday, Sept. 30, from 10 a.m. to 2:45 p.m. in the highway department garage. Cost is \$7 for a one-year vaccine or \$21 for a three-year, cash or check only. First come, first served. Valid for dogs, cats, and ferrets, at least three months old and owned by Cook County residents with a valid ID. All pets must be on a leash or in a cage. Call 708-974-6410 for more information.

Citizens Utility Board (CUB) Utility Bill Clinic

Please join CUB for a free utility bill clinic at the Schaumburg Township District Library's Hoffman Estates Branch or the Hanover Park Branch. Bring the latest copies of your gas, electric and telephone bills for a CUB expert to review!
Registration is required for both events.

Where: Hoffman Estates Branch Library
1550 Hassell Road
Hoffman Estates, IL

When: Wednesday, Sept. 9, 2015

Time: 4:30 p.m. to 7:30 p.m.

Registration Required; call 847-923-3347

Where: Hanover Park Branch Library
1226 Irving Park Road
Hanover Park, IL

When: Friday, Oct. 2, 2015

Time: 1 p.m. to 4 p.m.

Registration Required; call 847-923-3347

Register Today for NAMI Family-to-Family Class

NAMI Family-to-Family is a free, 12-session educational program for family, significant others and friends of people living with mental illness. It is a designated evidenced-based program. Research shows that the program significantly improves the coping and problem-solving abilities of the people closest to an individual living with a mental health condition.

NAMI Family-to-Family is taught by NAMI-trained family members who have been there, and includes presentations, discussion and interactive exercises.

In the program, you'll learn about:

- How to manage crises, solve problems and communicate effectively
- Taking care of yourself and managing your stress
- Developing the confidence and stamina to provide support with compassion
- Finding and using local supports and services
- Up-to-date information on mental health conditions and how they affect the brain
- Current treatments, including evidence-based therapies, medications and side effects

Where: Northwest Community Healthcare

When: **Wednesday evenings 6-9 p.m.**

beginning Sept. 9 through Nov. 25

Registration is required; contact Maryrose at 847-496-1415 or email:

maryrosepeters@hotmail.com or

namiba@barringtonarea.org

Get Healthy

Ensure you are in good health this season!

FEMA Helps People With Disabilities Prepare for Emergencies

The Federal Emergency Management Agency (FEMA) and the Ad Council have released a new public service advertisement (PSA) to raise awareness about the importance of being prepared for emergencies. “We Prepare Every Day” is the first in a series of videos that show people with disabilities taking steps to prepare themselves and their families for emergencies. The PSA includes open captioning, a certified deaf interpreter and audio descriptions.

Free Mammograms and Breast Health Education for Low-income Women

AMITA Health Alexian Brothers Health System has partnered with Susan G. Komen Chicagoland to offer free mammograms and breast health education for women who cannot afford a mammogram. Facilities are available in Addison, Bartlett, Hoffman Estates, Elk Grove Village and Schaumburg. To schedule an appointment, please call 877-717-7700.

Community Nurse

Northwest Community Healthcare (NCH) Community Health Nurse Josephine Gould (Josie), RN, provides health and wellness services to all township residents Tuesday - Thursday from 8:30 a.m. to 4 p.m. Josie has been a registered nurse for over 35 years and provides educational programs, facilitates support groups and tends to those in need of care and resources.

Drug Take-back Event Returns to Hoffman Estates

The Drug Enforcement Agency reinstated the controlled and noncontrolled substance Take Back Day Program for a one-day event Saturday, Sept. 26, 2015. From 10 a.m. to 2 p.m., the Hoffman Estates Police Department, 411 W. Higgins Rd., will be collecting prescription and over-the-counter expired drugs. No liquids or needles accepted. All communities welcome. If you cannot attend the event, the Hoffman Estates Department of Health and Human Services accepts expired noncontrolled drugs and sharps on the first Wednesday of each month at the health and human services entrance.

Coffee and Conversation With the Nurse Josie Gould

Coffee and Conversation With the Nurse is held weekly on Thursday from 10:30-11:30 a.m. in room #209 with the community health nurse. Weekly topics will vary and will be posted on the township website. Just stop in, registration is not required.

AMITA Announces MammaCare

AMITA Health Alexian Brothers Health System has introduced a new technique in breast self-examinations. They are offering free community classes on the 2nd Tuesday of the month, from 7—8:30 p.m. at the AMITA Health Alexian Brothers Cancer Institute, 800 Biesterfield Rd., Suite 120, in Elk Grove Village.

To register, call 855-692-6482 or at www.AlexianBrothersHealth.org/ClassesEvents

5th Annual

Schaumburg Township “Fall Into Wellness” Community Wellness Day

Wednesday, October 14, 2015 • 2 pm to 6 pm

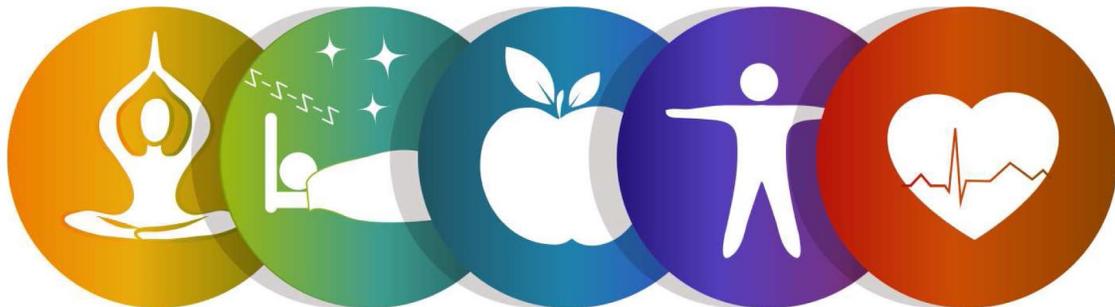
1 Illinois Boulevard, Hoffman Estates • FREE Admission

Indoor Health Fair Includes:

Raffle Prizes and Giveaways
ASL Interpreters
Meet & Greet NCH Therapy Dogs
“Ask the Doctor” Forum
Eyeglass Adjustments
Hand Massage
Sharps Disposal
LifeSource Blood Drive

FREE Health Screenings:

Private Skin Cancer Screening
Podiatry Screening
Hearing Examination
Memory Screening
Otosopic Examination
Fall Prevention Screening
Bone Density Screening
Blood Sugar Screening



Screenings requiring a small fee or accepting insurance include:

- A1C Glucose Screening - \$7 per person for 90 day reading
- Adult TDAP Vaccination - \$10 administrative fee per person
- Flu, Pneumonia and Shingles Vaccination - call (847) 895-1600 with insurance information available

**Skin cancer and memory screening appointments, call Community Health Nurse Josie Gould, RN, MS
(847) 285-4551**



For general information,
call (847) 884-0030 ext. 3016 or
visit schaumburgtownship.org





One Illinois Blvd.
Hoffman Estates, IL 60169

847-884-0030 (V)
224-520-9763 (VP)
847-884-1560 (TTY)
847-884-0039 (FAX)

The Ablegram, Deaf Line and Town Crier newsletters are available on our website at:
www.schaumburgtownship.org

Disability Staff Email:

gbartnicke@schaumburgtownship.org
sphadke@schaumburgtownship.org
mcenteno@schaumburgtownship.org
lperschon@schaumburgtownship.org
lkaminsky@schaumburgtownship.org

Disability & Deaf Services:

847-884-0030 (V)
Gerry Bartnicke, Director
Ext. 2020
Sarita Phadke, Deaf Services Coordinator
224-520-9763 (VP)
847-884-1560 (TTY)
Maureen Centeno, Assistant Director
Ext. 2022
Lauren Perschon, PR & Event Coordinator
Ext. 2025
Lindsey Kaminsky, Benefits Specialist
Ext. 2024

Township Officials

Mary Wroblewski—Supervisor
Timothy M. Heneghan—Clerk
Diane Dunham—Trustee
W. Robert Vinnedge—Trustee
Jeffrey Mytych—Trustee
Nimish Jani—Trustee
John Lawson, CIAO—Assessor
Scott M. Kegarise—Highway
Commissioner

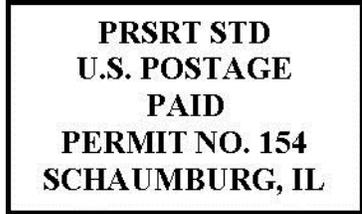
REPRINT REMINDER

We thank other newsletters, which have been reprinting our articles with proper credit! Any organization may reprint articles from either of our newsletters if credit is given by name of newsletter and date. Any questions? Call 847-884-0030 (V), 224-520-9763 (VP) or 847-884-1560 (TTY).

ABLEGRAM AND DEAF LINE

The Ablegram and Deaf Line newsletters are available to Schaumburg Township residents at the disability services office or by calling 847-884-0030 (V), 224-520-9763 (VP) or 847-884-1560 (TTY). They include articles of interest to people who are disabled, deaf or hard of hearing or agencies working with them. The Ablegram is bimonthly and Deaf Line is monthly and includes a calendar. Agencies should call 847-884-0030 (V), 224-520-9763 (VP) or 847-884-1560 (TTY) to request either newsletter.

**Schaumburg Township Disability Services
One Illinois Blvd.
Hoffman Estates, IL 60169**



September 2015

- Thursday, Sept. 3 – Alzheimer’s Support Group – 7 p.m.
- Monday, Sept. 7 – Township Closed Labor Day Holiday
- Tuesday, Sept. 8 – CFDC Meeting – 6:45 p.m.
- Tuesday, Sept. 22 – Fibromyalgia Support Group – 7 p.m.
- Wednesday, Sept. 30 – Epilepsy Support Group – 7 p.m.

October 2015

- Thursday, Oct. 1 – Alzheimer’s Support Group – 7 p.m.
- Tuesday, Oct. 6 – CFDC Meeting – 6:45 p.m.
- Monday, Oct. 12 – Township Closed Columbus Day Holiday
- Tuesday, Oct. 27 – Fibromyalgia Support Group – 7 p.m.
- Wednesday, Oct. 28 – Epilepsy Support Group – 7 p.m.