

Courage to Stay Tobacco-Free Support Group

nch.org

This is a free support group open to anyone who wants to quit using tobacco, has already quit but needs support, or is thinking about quitting.



First and third Thursdays of the month, 6:30 p.m.

Township of Schaumburg

1 Illinois Blvd. (Schaumburg Rd. & Illinois Blvd.)

Hoffman Estates

Call 847-618-7992 to confirm meeting; occasionally a group is canceled.



**No registration is required.
Walk-ins welcome.**

Excellence Starts Here