

Schaumburg Township and NCH team up to meet the healthcare needs of the community.

NCH Community Health Nurse Josephine Gould (Josie), RN, will provide health and wellness services 24 hours per week in the Schaumburg Township building. Josie has been a registered nurse for over 35 years and will provide educational programs, facilitate support groups and tend to those in need of care and resources including:

- Diet and nutrition advice
- Chronic disease management
- Infant and child health and wellness services
- General health education services, such as finding affordable healthcare, choosing healthy and low-cost foods, stress management techniques, safety and fitness
- Referrals for patients with special healthcare needs
- Domestic violence and abuse referrals



Josie Gould, RN

For your convenience, no appointments are necessary. You can walk in and see the nurse anytime during her open office hours:

Tuesdays and Thursdays
9:00 am to 1:00 pm

Schaumburg Township building located at One Illinois Boulevard in Hoffman Estates.

This program will be most successful if we hear from you. Please contact us with your comments and suggestions for health and wellness offerings by emailing us at lweniger@schaumburgtownship.org.

