



Mental Health Committee

Minutes

Tuesday, September 3rd, 2019 7:00pm

Room 210, Township Building

- I. Call to Order/Roll Call** - Lauren called the meeting to order at 7:00 p.m. Members present: Lauren Saternus, MaryAnn Ogilvie, Jillian Bernas, Susan Weisz, Jonathan Rubin, Joanmarie Wermes and Gina Raza. Associate Member present: Greg Hilligoss. Member Mary Cloonan Walsh was absent. Board Liaison Char Kegarise was present. Katy Trent Community Relations Coordinator from the Township of Schaumburg was also present.
- II. Welcome/Introduction of Visitors** - Stephanie Bertels presented data on individuals experiencing mental health episodes and their engagement with law enforcement. She would like to see all Schaumburg police officers trained in crisis intervention. MaryAnn shared that some police officers have received crisis intervention training. Joanmarie recalled a representative from the police department being present at Minds Matter. MaryAnn suggested approaching the Village of Schaumburg Board with this information. Char indicated that her son studied criminal justice and knows he had a semester of training. Lauren shared that the Committee will communicate with local police departments to learn more.
- III. Approval of Minutes from 5/7/2019** - MaryAnn motioned and Jonathan seconded that the minutes from the May 7th meeting be approved. The motion carried by unanimous voice vote. Char abstained from voting because this is her first committee meeting.
- IV. Correspondence** - Correspondence was reviewed
- V. Review of Agency Bills** - Bills were reviewed
- VI. Announcements** - No announcements were made
- VII. Old Business**
 - A. Mental Health First Aid Training - May 28th, 8:30 a.m. - 5 p.m. - Lauren reported that 32 people participated in the Mental Health First Aid Training that the Mental Health Committee hosted in May. Amita Health conducted the training and Lauren indicated that they were a good partner. Sertoma conducted a training course in September 2018, however, their grant to conduct these training sessions has ended. The Committee would like to host the training on an annual basis and partner again with Amita Health. Spring time is preferred to host this training.

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Chair

MaryAnn Ogilvie
Vice Chair

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Secretary

Nimish Jani
Board Liaison

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- B. Mental Health Resource Guide - The resource guide will be tabled for now in lieu of focusing Committee efforts on planning for the Emerging Minds speaker series.
- C. Emerging Minds - The Committee reviewed applications submitted by individuals interested in speaking at the Emerging Minds programming this coming Fall. It was determined that the programming will consist of four sessions that will be held on four separate evenings. The four sessions will be 1) one speaker from Lutheran Social Services of Illinois, one speaker from Share, and Dr. Kowal will be invited to present a panel on substance abuse among teens, 2) Dr. McGrath will be invited to speak on anxiety among teens, 3) Susan De Luca will be invited to speak on Youth Trauma and 4) Dr. Landstrom will be invited to speak on ADHD. Jillian asked about the target audience for these sessions and the Committee determined it would be the parents of adolescents. Lauren suggested the goal be to attract 20-30 people to each session. The Emerging Minds speaker series will start in October and be held on Wednesday evening pending Township schedule approval. Lauren will organize the dates with Katy.

VIII. New Business

- A. Closed Meeting Minutes - Joanmarie motioned and MaryAnn seconded that the closed meeting minutes from March 6, 2018, December 7, 2018 and January 2, 2019 remain closed. The motion carried by unanimous voice vote
- B. Agency Report Update - Agency reports will be submitted directly to Katy from the agencies. Katy will then forward them to Lauren and Lauren will send them to the Committee. Katy is helping streamline the submission of agency reports because in the past they have not been uniform in their submission.
- C. Agency Visit in November - Agencies will be invited to present at the November meeting ahead of the Committee making funding recommendations to the Township Board. The Committee proposed questions to send to the agency representatives in preparation for their presentations. Agencies will be scheduled in ten minute intervals for the November meeting.

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- D. Funding Application Amendments - Lauren reported that Suzanne McVey Township Administrator and Katy are reviewing the funding applications requested of agencies seeking Township grants and will be making changes over the next month.
- IX. Board and Liaison Reports** - No reports were made
- A. Char Kegarise - Board Liaison Report
 - B. Joanmarie Wermes - Lutheran Social Services
 - C. Mary Cloonan-Walsh - SHARE
 - D. Jonathan Rubin - Northwest CASA - Jonathan Rubin shared that Northwest CASA had a very successful fundraiser event.
 - E. Susan Weisz - Kenneth Young Center
 - F. Gina Raza - Life Span
- X. Committee Member Comments** - Susan informed the Committee that she will not be seeking reappointed to the Mental Health Committee after her appointment ends in October. She is happy to see the committee is such good hands. The Committee agreed that Susan will be missed and thanked her for her eight years of dedicated service.
- XI. Next Meeting Date - Tuesday, October 1st, 2019**
- XII. Adjournment** - Jonathan motioned and Gina Raza seconded that be meeting be adjourned. The motion carried by unanimous voice vote. The meeting was adjourned at 8:08 p.m.

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