



# Mental Health Committee

## Minutes

*Tuesday, May 5, 2020 7:00pm*

*Held Remotely on Zoom*

- I. Call to Order/Roll Call/Meeting Norms** - Lauren Saternus called the meeting to order at 7 p.m. on Zoom. Committee members present: Lauren Saternus, MaryAnn Ogilvie, Jillian Bernas, Joanmarie Wermes, Mary Cloonan Walsh, Jonathan Rubin and Stephanie Bertels. Associate members present: None. Township representatives present: Katy Trent. Absent: Gina Raza and Township Board member Charlotte Kegarise. Public: No members of the public present.
- II. Welcome/Introduction of Visitors** - No visitors present
- III. Public Comments** - No public comments.
- IV. Approval of Minutes from 3/3/2020** - MaryAnn moved to approve meeting minutes with suggested change and Stephanie seconded. The change is to refer explicitly to the Schaumburg Township District Library in conversation regarding library patrons with disabilities being exempt from late fines. Motion passed by voice vote.
- V. Announcements/Correspondence** - Mary has an update from Share that she will review under liaison report.
- VI. Old Business**
  - A. Minds Matter**
    1. **Speakers** - Speakers have been asked to submit short videos which will be posted to the Township website and Facebook pages. The four speakers are James Kowal, PhD, Jenny Jedrzejczak, PsyD, Sgt. Matt Christenson, and Teiara Grant, MHFA. Katy will also put it on the scrolling marquee on the website. Videos will stay on the webpage for the foreseeable future.
    2. **Township/Facilities** - Given the restrictions during the pandemic, Minds Matter will not be physically held in the Township building. However, mental health resource bags will be distributed one time during the month of May at the Township Food Pantry.
    3. **Marketing** - Jonathan will revise flyer to exclude dates for speaker presentations since videos will remain online after being posted. Jillian will create an email

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blast with the updated flyer. Lauren suggested a banner be created and displayed during the month of May around the Township to build mental health awareness. The Committee agreed to dedicate funds towards banner or yard signs. The committee agreed that the Call for Calm number should be advertised on the Township marquee. Katy will work on wording for marquee.

- B. Mental Health First Aid Training 5/26/2020 - Lauren was waiting to hear back from Mental Health First Aid Training instructors to see about conducting remote training, however, no update has been received. The decision was made to cancel the Mental Health First Aid Training scheduled for 5/26/2020 and reschedule for a date in the future.

### VII. New Business

- A. Committee Officer Elections - Lauren ran the election of Chair, Vice Chair and Secretary for the Mental Health Committee. Lauren, MaryAnn, and Jillian were nominated to Chair, Vice Chair, and Secretary respectively. They accepted those nominations and committee members voted unanimously to support the nominations. Lauren, MaryAnn, and Jillian will continue to serve as Chair, Vice Chair, and Secretary for 2020/2021.
- B. Food Pantry Distribution Volunteers - Volunteers were requested to pass out mental health resource bags at Township Food Pantry. Katy Trent will pass out materials one day in the month of May. Stephanie will see if a volunteer from the Kenneth Young Center is available to help.

### VIII. Board and Liaison Reports and Review of Agency Bills

- A. Char Kegarise - Board Liaison Report - Not present.. Lauren noted that there will be a new Board Liaison at the next Mental Health Committee meeting in September.
- B. Joanmarie Wermes - Lutheran Social Services - No report
- C. Mary Cloonan-Walsh - SHARE - They have had challenges getting PPE and have reorganized the ways in which they work to fulfill new sanitation guidelines. They are still admitting people, but have 25% less beds because of new requirements. Leyden applied for and received PPP. They will also receive a full grant from the State of Illinois, but that only makes up about 1/3 of their revenue.
- D. Jonathan Rubin - Northwest CASA - No report

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- E. Stephanie Bertels - Kenneth Young Center - They will still conduct their annual run Hustle for Health, however, it will be held virtually on June 13, 2020. See KYC website for more details.
  - F. Gina Raza - Life Span - Not present
- IX. Committee Member Comments** - Stephanie shared that we should remember the pandemic has been a particularly bad time for people living with mental health issues. Reaching out to people is important these days. Writing letters to people for encouragement was suggested as a great way to volunteer while social distancing.
- X. Next Meeting Date - Tuesday, September 1 at 7:00 p.m.** - Jillian motioned to adjourn and Lauren seconded. Motion passed by voice vote.
- XI. Adjournment** - Meeting adjourned at 8:07pm.

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