



# Mental Health Committee Minutes

*April 3, 2018 7:00 pm  
Room 314 Township Building*

**I. Call to Order/Roll Call**

MaryAnn Ogilvie called the meeting to order at 7:00pm.

*Committee Members*

Present: MaryAnn Ogilvie, Lauren Saternus, Joanmarie Wermes, Tom Sucher, Gina Raza, Jillian Bernas, Mary Cloonan-Walsh, Jeffrey Mytych (Board liaison)

Absent: Susan Weisz (excused)

*Associate Members*

Present: Jonathan Rubin, Greg Hilligos

Absent: Kathy Strachurska

**II. Welcome/Introduction of Visitors**

The Committee welcomed Katy Trent (Township) and Jim Huenink (NW CASA).

**III. Agency Visit – Northwest CASA – Jim Huenink, Executive Director**

Jim Huenink provided an overview of the services provided at NW CASA, a rape crisis center, the primary service of which is therapy. All services are free and unlimited to clients. NW CASA continues to receive calls through their crisis hotline at a rate of about 400 annually and from emergency rooms at a rate of about 200 annually. Recently, NW CASA has partnered with TriBalance Yoga to provide trauma informed yoga therapy. Additionally, NW CASA continues to partner with local high schools, including Conant HS, in providing prevention education programs. Jim Huenink also shared the agency’s involvement in institutional advocacy, particularly with regard to the prosecution of sex crimes. Next month marks NW CASA’s 40<sup>th</sup> anniversary.

**IV. Approval of Minutes – 3/6/18**

Motion to approve minutes from March 6<sup>th</sup>, 2018 committee meeting by Joanmarie Wermes, seconded by Gina Raza. Motion carried by voice vote.

Motion to approve minutes from March 6<sup>th</sup>, 2018 closed session meeting by Joanmarie Wermes, seconded by Gina Raza. Motion carried by voice vote.

**V. Correspondence**

Correspondence was circulated.

**VI. Review of Agency Bills**

Susan Weisz Chair	MaryAnn Ogilvie Vice Chair	Lauren Saternus Secretary	Jeffrey Mytych Board Liaison	
Joanmarie Wermes Member	Tom Sucher Member	Jillian Bernas Member	Mary Cloonan-Walsh Member	Gina Raza Member

## **VII. Announcements**

There were no announcements.

## **VIII. Old Business**

### **A. Mental Health Planning Committee Report**

MaryAnn provided an overview of the planning committee's progress. Minds Matter will be May 1<sup>st</sup> from 4-7pm.

### **B. Mental Health First Aid Training Update**

Training has been scheduled for September 21<sup>st</sup> from 9-5. Mary Christopher from the Township will be taking calls for registration. The committee plans to meet in August to organize refreshments and additional participant recruitment, if needed.

### **C. Bylaw Change Considerations**

Motion by Jillian Bernas to approve the bylaws as presented with formatting changes (spacing) and correction of missing information in Sections 1 and 2, seconded by Joanmarie Wermes. Motion approved by voice vote.

## **IX. New Business**

### **A. Election of Committee Officers**

Jillian Bernas nominated Lauren Saternus for the Chair position.

Lauren Saternus nominated MaryAnn Ogilvie for the Vice Chair position.

Gina Raza nominated Jillian Bernas for the Secretary position.

Motion by Tom Sucher to elect the above slate of candidates, seconded by Joanmarie Wermes. Motion carried by voice vote.

### **B. Monthly Agency Reports**

This item was not discussed.

### **C. Mental Health Awareness Summit – April 21<sup>st</sup> Argosy University and Center for Health Services**

The committee discussed attending the event and the fee involved. Once it is determined if the fee can be waived, we may send representatives from the committee.

## **X. Board and Liaison Reports**

### **A. Jeffrey Mytych – Board Liaison Report**

### **B. Joanmarie Wermes – Lutheran Social Services**

### **C. Tom Sucher – SHARE**

### **D. Lauren Saternus – Northwest CASA**

### **E. Jillian Bernas – Kenneth Young Center**

Jillian Bernas shared that there will be an annual fundraising run/walk in June.

F. Mary Ann Ogilvie – Life Span

**XI. Public Comments**

There were no public comments.

**XII. Committee Member Comments**

There is a disability resource fair May 23<sup>rd</sup> from 10-2. Some committee members may be able to attend, and we anticipate participating.

Vernon Township is hosting a mental health fair on May 19<sup>th</sup>.

NAMI Barrington will be hosting a mental health town hall.

**XIII. Next Meeting Date May 1, 2018**

**XIV. Adjournment**

Motion by Jillian Bernas to adjourn, seconded by Gina Raza. Motion carried by voice vote. Meeting was adjourned at 8:25pm.