



Mental Health Committee

Minutes

Tuesday, November 5, 2019 7:00pm

Room 210, Township Building

- I. Call to Order/Roll Call/Meeting Norms** - Lauren Saternus called the meeting to order at 7pm. Committee members present: Lauren Saternus, Jillian Bernas, Joanmarie Wermes, Mary Cloonan Walsh, and Jonathan Rubin. Associate members present: Gregory Hilligoss and Carol Skura. Township representatives present: Katy Trent and board member Charlotte Kegarise. Absent: Gina Raza and MaryAnn Ogilvie. Public: Stephanie Bertels.
- II. Welcome/Introduction of Visitors**
- III. Public Comments** - No public comments.
- IV. Approval of Minutes from 10/1/2019** - Jonathan moved to approve meeting minutes and Mary seconded. Motion passed by voice vote.
- V. Announcements/Correspondence** - Lutheran Social Services of Illinois closed their Arlington Heights facility and will not seek Schaumburg Township funding this year. Katy also brought it to the attention of the committee that executive session is a privilege reserved for the Township Board and should not be used by committees.
- VI. Old Business**
 - A. Emerging Minds - There was a conflict for the first Emerging Minds Matter speaking event and the speaker was double booked. Registered attendees were encouraged to attend the same presentation delivered at the School District 54 Building. Weather was poor for the second speaker, but a good group of about 10 attended. Committee members commented that Dr. Kowal was a good draw and people had questions for him afterward. Mary will staff the November 6 speaking event and MaryAnn the one on November 13. Set up for the upcoming speakers should be easy. Jillian will do Facebook posts for the remaining two speaking events.
 - B. Agency Presentations -
 1. KYC did not confirm participation and was not present

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2. Amy Fox, Deputy Executive Director, presented on behalf of LifeSpan - LifeSpan is a comprehensive sexual abuse agency founded in 1978 in Des Plaines. Services provided range from group and individual counseling for adults and children to crisis intervention on site and over the phone. They also provide programming in a number of high schools around the northwest suburbs and respond to schools requesting support for identified victims of sexual abuse. Half of their staff speaks various languages, including the most popular in the area Spanish and Polish. Due to the impact of abuse on family relationships, they have improved family counseling services. LifeSpan served 350 individuals in Schaumburg Township in 2018. Schaumburg Township makes up 1% of their funding. Additional funding is received through government funding and foundation or individual donations. Residents of Schaumburg Township make up 3% of primary services provided and 9% of outreach and education.
3. Jim Huenick, Executive Director, presented on behalf of Northwest CASA - Northwest CASA provides services to survivors of sexual violence throughout Northwest Suburban Cook County and McHenry County. They provide trauma-informed therapy, criminal justice advocacy, hospital support, case management, 24-hour crisis intervention, and training to licensed professionals in the area. Clients have been as young as three and as old as 92 years of age, 15% are under the age of 18 and 31% are Hispanic. Staff can provide Spanish speaking services. Clients from Schaumburg Township use counseling (5.9%), medical (4.3%), criminal (3.6%), case management (6.6%), and crisis intervention (5%) services. Township funding constitutes 0.89% of the Northwest CASA budget, which supports salaried position. Service provided is effective, 92% report improvement in six-month follow-up studies and in further assessments 98% report feeling supported, informed and assisted by services. They do not charge for services.

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4. Jill Demarco presented on behalf of SHARE - SHARE runs a 56 bed inpatient substance abuse facility for both males and females 18 years and older. They have three to five-day or 28-day programs and then clients go to halfway homes, although they sometimes have to wait for facilities. SHARE starts working on finding clients placements upon being admitted since any downtime in treatment can lead to relapses. They also have a gambling outpatient service which receives funding from state. They are a self-exclusion site which mean gambling addicts who register for this program cannot collect winnings over \$200 and winnings go to support work at sites like SHARE. In FY19, 30% of clients in the intensive outpatient program were from Schaumburg Township, 15% detox, and 16% rehabilitation. SHARE still has a contract with Illinois and receives funding from other townships. Medicaid rates make it hard without other funding and they are currently participating in a study to help improve reimbursement rates for Medicaid. A federal grant was reduced from 1.6 million to \$600,000 over 8 to 9 years ago because more people went on Medicaid. Follow-up work for Medicaid benefits can be difficult with this population because they do not maintain addresses. SHARE does educate clients for when relapses occur. Fentanyl makes treatment more difficult and its impact with continue to increase.

VII. New Business

- A. Member Application - Committee recommended that Stephanie Bertels' membership application be brought forward to the Township Board

VIII. Board and Liaison Reports and Review of Agency Bills - Lauren and Katy reminded committee members that agency reports are not due until the 10th of the month. Reports are submitted on the 10th for the previous month. Therefore, reports will be reviewed two months in arrears since committee meetings are the first Tuesday of the month.

- A. Char Kegarise - Board Liaison Report - No report
- B. Joanmarie Wermes - Lutheran Social Services - No report
- C. Mary Cloonan-Walsh - SHARE - No report

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- D. Jonathan Rubin - Northwest CASA - No report
 - E. Kenneth Young Center - No report
 - F. Gina Raza - Life Span - Absent
- IX. Committee Member Comments** - Jillian suggested that agency liaisons report on agency fundraisers when relevant. Lauren reminded committee members that applications for agency funding will be reviewed at December's meeting and recommendations will be made to the Township Board.
- X. Next Meeting Date - Tuesday, December 3rd at 7:00pm** - Jonathan motioned to adjourn, Jillian seconded. Motion passed by voice vote.
- XI. Adjournment** - Meeting adjourned at 8:04pm.

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