



# Mental Health Committee

## Minutes

*Tuesday, January 7, 2020 7:00pm*

*Room 210, Township Building*

**I. Call to Order/Roll Call/Meeting Norms** - Lauren Saternus called the meeting to order at 7pm. Committee members present: Lauren Saternus, MaryAnn Ogilvie, Jillian Bernas, Joanmarie Wermes, Jonathan Rubin, Gina Raza, and Stephanie Bertels. Associate members present: Gregory Hilligoss. Township representatives present: Katy Trent and board member Charlotte Kegarise. Absent: Mary Cloonan Walsh. Public: Schaumburg Police Chief Bill Wolf, Police Social Worker Linda Young LCSW, and Sergeant Matt Christianson.

**II. Welcome/Introduction of Visitors**

A. Schaumburg Police Chief Bill Wolf - Chief Bill Wolf accompanied by Linda Young and Matt Christianson presented on the Crisis Intervention Training (CIT) that Schaumburg Police officers are receiving. They confirmed that 100% of officers eligible for CIT receive this training. The exception are those officers under two years of service that are not eligible for the training. The Illinois Law Enforcement Training and Standards Board sets the eligibility and curriculum for CIT. The impact of mental health on law enforcement has increased, although data is currently being collected to quantify its true impact. Schaumburg has partnered with 10 other police departments to collect data on calls including mental health elements. The initial data suggests that mental health calls on average take 30 more minutes of police time than other calls and that there is no noticeable trend in gender, age or condition of those involved. About 60% of individuals are transported to a mental health facility with a large percentage being released the same day. Matt Christianson is working on a peer support

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group for officers in response to the rise in suicide rates among police officers nationally. Linda Young is one of three social workers with the police department and she has the important role of following up on calls related to mental health episodes. She shared statistics about the rate of these calls, 248 in 2019 and 229 in 2018. Many cases are related to adult children living with aging parents, many times co occurring with substance abuse. Identified needs in Schaumburg include housing for young adults needing to transition with help to connect them with benefits, and more hospital bed availability and better communication between hospital and police. The Schaumburg Police Department agreed to send a speaker to participate in Minds Matter 2020.

**III. Public Comments** - No public comments.

**IV. Approval of Minutes from 11/5/2019** - MaryAnn moved to approve meeting minutes and Gina seconded. Motion passed by voice vote.

**Approval of Minutes from 12/3/2019** - Jonathan moved to approve meeting minutes and MaryAnn seconded. Discussion identified a typo in the minutes. Motion passed by voice vote with identified change.

**Announcements/Correspondence** - Katy requested that committee members send their most recent Open Meetings Act (OMA) certificates to her and Jonathan will take OMA training.

**V. Old Business**

**A. Minds Matter**

1. **Speakers** - MaryAnn and Gina are working on the schedule. A two-hour mental health training course was considered as a part of Minds Matter, but after discussion it was determined that a format similar to last year of four 30-minute presentations may be better to encourage people to visit

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the booths in the gym. The 30-minute presentations will consist of 20-minutes for the speaker to develop their presentation and 10-minutes for Q&A. Speakers will present at 4:15, 5:00, 5:45 and 6:30 p.m. with 15-minute breaks in between. General topics being considered include; what to expect when police respond to a mental health call, suicide prevention, responding to a mental health episode, the importance of sleep, etc.

2. Township/Facilities - Lauren has confirmed that the Township facilities are reserved for Minds Matter on May 5, 2020. She has also prepared a shift schedule to help with organizing volunteers. The applications for agency participation in the exhibit hall will be the same. Katy will live stream the presentations on Facebook again and will help moderate/time speakers since she will already be recording the presentations in the room.
3. Marketing - Jillian will set up a save the date on Facebook and clean up the email list. Jonathan will prepare the flyer for distribution.

- B. Agency Funding Recommendations - Jillian moved to recommend full funding of the four agencies requesting funds, Stephanie seconded. Motion passed by voice vote. Committee is recommending full funding of all four agencies to the Township Board.

**VI. New Business** - No new business

**VII. Board and Liaison Reports and Review of Agency Bills**

- A. Char Kegarise - Board Liaison Report - No report
- B. Joanmarie Wermes - Lutheran Social Services - No report
- C. Mary Cloonan-Walsh - SHARE - No report
- D. Jonathan Rubin - Northwest CASA - No report
- E. Kenneth Young Center - No report
- F. Gina Raza - Life Span - Absent

**VIII. Committee Member Comments** - Lauren suggested that we consider next steps after hearing from representatives of the Schaumburg Police. The committee decided to pursue inviting an emergency room social worker involved in mental health emergencies to a future committee meeting as a good next step.

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- IX. Next Meeting Date - Tuesday, February 4 at 7:00 p.m.** - Gina motioned to adjourn, Jonathan seconded. Motion passed by voice vote.
- X. Adjournment** - Meeting adjourned at 8:52pm.

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