



# Mental Health Committee

## Minutes

Wednesday, January 2nd, 2019 7:00pm  
Room 314, Township Building

- I. Call to Order/Roll Call** - Lauren called meeting to order. Members present: Susan Weisz, MaryAnn Ogilvie, Mary Cloonan Walsh, Joanmarie Wermes, Jonathan Rubin, & Lauren Saturnus. Members absent: Jillian Bernas (excused). Associate Member present: Greg Hilligos. Board liaison Nimish Jani was present as well as three visitors (listed below).
- II. Welcome/Introduction of Visitors**
  - A. Agency Visits - Kenneth Young Center - Linda Springer & Pam Baldinelli
  - B. Muna Abdullahi, AMITA Health MHFA Coordinator
- III. Approval of Minutes from 12/4/2018** - MaryAnn Ogilvie motioned to approve, Susan Weisz seconded. Motion was approved by unanimous voice vote.
- IV. Correspondence**
- V. Review of Agency Bills**
- VI. Announcements**
- VII. Old Business**
  - A. Mental Health First Aid - Possible Collaboration with AMITA Health - Muna from Americorp/AMITA visited MHC to tell us about MH First Aid training (Free to attend, free food; at Schaumburg library in February; there are 4 and 8 hour trainings; there are adult and youth trainings; MH first aid is funded through an AMITA grant). They've also collaborated with Chicago Public Library, a southside Chicago hospital, UIC school of public health, etc. If we/MHC at Schaumburg township wanted to co-host a MH First Aid training, they'd like info about the location and we'd publicize the free event for attendance. Requirement is a minimum of 10 attendees and a maximum of 30. We decide on a date and submit a request to them.
  - B. Resource Guide - MaryAnn Ogilvie found a number of different MH support lists already in existence for our area/for IL (e.g., hotlines; local centers and hospitals; help with insurance (getcoveredIL.gov), IL supported employment, NAMI, LGBT-specific resources, officer trainings, IL dept of human resources: MH division, guidebook for MH caregivers which includes a number of resources). Susan Weisz also found several resources (from Hanover township and NAMI).

Lauren Saturnus  
Chair

MaryAnn Ogilvie  
Vice Chair

Jillian Bernas  
Secretary

Nimish Jani  
Board Liaison

Susan Weisz  
Member

Joanmarie Wermes  
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Mary Cloonan-Walsh  
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Gina Raza  
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Jonathan Rubin  
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Nimish Jani stated we need to go through the Board if we want to add these links to a website. Nimish also suggested looking at Cook County website for resources.

Next steps: Lauren would send the request for the links to other agencies to the Board in the same way she would request other changes to the MHC website. We're all in agreement to have a hard copy once we compile this resource list. For our next meeting, members will try to figure out a table of contents for this project.

- C. Minds Matter (Update, Feedback/Questions, Help Needed) - Susan & Lauren worked on exhibitor application & email to contacts. Nimish brought up doing a cosponsorship with local school districts for their support in getting better attendance; he will help us reach out to the school districts. Speaker/topic committee (MaryAnn, Mary, & Gina) have selected 4 topics and 4 speakers (opioid crisis, stress/sleep, legal help for MH services, and anxiety/ocd). We could reach out to have Muna have a table at Minds Matter, to help publicize another MH First Aid training that we could have later/e.g., in the summer. Will send topics and speakers to Jonathan Rubin.

### **VIII. New Business**

- A. Future Funding Minimum - There is no funding minimum for our agencies; thus, Lauren put in a request to change LifeSpan's funding to \$5,000 and to allocate the additional funding (\$4010) to Kenneth Young. Committee agreed to clarify in our Information Guide that there is no funding minimum.
- B. Committee Budget - last year, we requested \$2000. As of now we have spent approximately \$600. We need to start spending the money for Minds Matter starting in February. Today, we determined to request \$2,500: Jonathan motioned to approve, MaryAnn seconded this; motion passed by unanimous voice vote. Nimish informed us to be clear to board that we are requesting an increase to help with brochures and funding for 2nd Minds Matter.

### **IX. Board and Liaison Reports**

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- A. Nimish Jani - Board Liaison Report - Veterans dinner and holiday functions went well.
  - B. Joanmarie Wermes - Lutheran Social Services
  - C. Mary Cloonan-Walsh - SHARE
  - D. Jonathan Rubin - Northwest CASA
  - E. Susan Weisz - Kenneth Young Center
  - F. Gina Raza - Life Span
- X. Public Comments** - No public present at this time.
- XI. Committee Member Comments** - Joanmarie commented to put Mental Health First Aid on the February list.
- XII. Next Meeting Date - Tuesday, February 5th, 2019**
- XIII. Adjournment** - at 8:19; MaryAnn motioned and Susan seconded to adjourn. Motion was approved by unanimous voice vote.

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