



# Mental Health Committee

## Minutes

*Tuesday, December 3rd, 2019 7:00pm*

*Room 210, Township Building*

### **I. Call to Order/Roll Call/Meeting Norms – Lauren**

Saternus began the meeting at 7:00pm. Committee members present: Lauren Saternus, Mary Cloonan-Walsh, MaryAnn Ogilvie and via phone Jonathan Rubin. Associate members present: Gregory Hilligoss and Kathy Skura. Township liaison present: Charlotte Kegarise. Township representatives present: Katy Trent and Suzanne McVey. Member applicant present: Stephanie Bertels. Absent: Jillian Bernas, Joanmarie Wermes, and Gina Raza.

### **II. Welcome/Introduction of Visitors**

A. Kenneth Young Center (KYC) Presentation. Linda Springer, Senior Clinical Director of Behavioral Health, gave an overview of the services that KYC provides. KYC provides mental health and substance abuse disorder services to people of all age groups living in Elk Grove Village and Schaumburg townships. Services include prevention, intervention, treatment and recovery. Ms. Springer provided data about the percentage and number of Schaumburg Township residents that KYC serves. The KYC grant application that was submitted prior to this meeting includes this and other quantitative data. Their request for \$125,000 from Schaumburg Township Mental Health Committee was made to support their adult outpatient programs, including psychiatric services, community support programs, vocational and other services.

### **III. Public Comments – No public was present.**

### **IV. Approval of Minutes from 11/5/2019 - A quorum was not present so minutes could not be approved.**

### **V. Announcements/Correspondence – The Township Board approved the Mental Health Committee membership application of Stephanie Bertels pending a background check.**

### **VI. Old Business**

A. Emerging Minds Reflection – An average of 6-10 people attended each of the three speaking engagements. The Committee agreed that it would like to continue hosting such events in the future and discussed ways to increase attendance. Ideas included: increasing marketing efforts (e.g. advertise in Cracker Barrel), reaching out to schools, offering continuing education credits, and having a consistent schedule (such as all Wednesdays in November). Katy suggested that planning for Emerging Minds begin 4-5 months prior to the event. A suggestion was made to host Emerging Minds in February, 2021, with planning to start in September, 2020.

Lauren Saternus  
Chair

MaryAnn Ogilvie  
Vice Chair

Jillian Bernas  
Secretary

Charlotte Kegarise  
Board Liaison

Joanmarie Wermes  
Member

Mary Cloonan-Walsh  
Member

Gina Raza  
Member

Jonathan Rubin  
Member

Member



# Mental Health Committee

## Minutes

*Tuesday, December 3rd, 2019 7:00pm*

*Room 210, Township Building*

- B. Minds Matter, May 5, 2020 - Assignment of Tasks
    - 1. Speakers - MaryAnn Ogilvie will lead.
    - 2. Township/Facilities – Laurent Saternus will lead. The rooms have been reserved.
    - 3. Marketing – Jillian Bernas will lead. Jonathan Rubin will design and create flyers.
    - 4. Lauren asked all MHC members and associate members to decide the area in which they want to assist.
    - 5. Gregory Hilligoss expressed that there needs to be a better way to attract those with mental illness to Minds Matter. Perhaps offering transportation? Focus on suicide prevention is also needed. To increase attendance, schools could offer extra credit or an assignment that requires attendance at Minds Matter.
    - 6. Lauren stated that Muna (who provided the Mental Health First Aid class) provides mental health awareness presentations. She should be considered for the next Minds Matter. Lauren will send MaryAnn her contact information.
  - C. Police Department Contacts – The Committee would like to know how to support the Schaumburg Police Dept. in its dealing with individuals with mental illness. MaryAnn will contact the Police Dept. (Chief or Public Information Officer) to request that a representative attend the January or February, 2020, meeting.
- VII. New Business**
- A. Agency Funding Recommendations – The dollar amount of requested funds by the four agencies was discussed. Members agreed to recommend the requested funding for SHARE, KYC and Northwest CASA. A discussion about the support of Life Span was held, with members recommending \$10,000 for that agency. Discussion will continue at the next meeting.
  - B. Committee Budget – The budget year begins March 1, 2020. To date, the Committee has spent \$1,100 for the current fiscal year for which the Committee had a budget of \$2,000. The same amount of \$2,000 will be requested for the next fiscal year.

Lauren Saternus  
Chair

MaryAnn Ogilvie  
Vice Chair

Jillian Bernas  
Secretary

Charlotte Kegarise  
Board Liaison

Joanmarie Wermes  
Member

Mary Cloonan-Walsh  
Member

Gina Raza  
Member

Jonathan Rubin  
Member

Member



# Mental Health Committee

## Minutes

*Tuesday, December 3rd, 2019 7:00pm*

*Room 210, Township Building*

### **VIII. Board and Liaison Reports and Review of Agency Bills**

- A. Board Liaison Report – Ms. Kegarise stated that there is no defined budget for agency grants. The Committee agreed that knowing a budgeted amount would help the Committee recommend funding.
- B. Joanmarie Wermes - Lutheran Social Services. Absent, no report
- C. Mary Cloonan-Walsh – SHARE – no report
- D. Jonathan Rubin - Northwest CASA – no report
- E. (Vacant Position) - Kenneth Young Center – no report
- F. Gina Raza - Life Span. Absent, no report

### **IX. Committee Member Comments –**

- A. MaryAnn brought up the need for a social opportunity location for adults 18 year of age and older with disabilities. The Barn was taken over by Boys and Girls Club of Elgin and serves only the high school age group. The Village of Hoffman Estates offers a monthly Friday night event, First Friday, which is free to attend and is run by volunteers. The Schaumburg Library offers occasional events for people with disabilities. Suzanne McVey mentioned that Megan Conway, Director of Senior and Disability Services, has identified this type of service as a gap in what the Township offers. Suzanne will bring the Committee’s request to look into providing such a service in the Township to Ms. Conway.
- B. Mary stated that there is a need for sober living homes for people working on their recovery. The closest sober living home to Schaumburg is in DesPlaines.

### **X. Next Meeting Date - Tuesday, January 7th at 7:00pm**

### **XI. Adjournment – No formal adjournment. Meeting ended at 8:35pm.**

Lauren Saternus  
Chair

MaryAnn Ogilvie  
Vice Chair

Jillian Bernas  
Secretary

Charlotte Kegarise  
Board Liaison

Joanmarie Wermes  
Member

Mary Cloonan-Walsh  
Member

Gina Raza  
Member

Jonathan Rubin  
Member

Member