



Mental Health Committee Meeting Minutes September 6, 2016

- I. The Mental Health Committee was called to order by Chair Susan Weisz at 7:00 PM on September 6, 2016. Present were Susan Weisz, Carmie Hanley, MaryAnn Ogilvie, Lauren Saturnus, Joanmarie Wernes, Grace Thornton, Tom Sucher and Diane Dunham. Vicki Osborn, Janet Abri, and Jillian Bernas had excused absences.
- II. **Welcome/Introduction of Visitors:** Britta Eriksen was introduced by Susan as having expressed interest in becoming an associate member.
- III. **Agency Representative Visit:** Kevin Wrigley, from Share, gave a presentation of their agency's services, which includes medically monitored detox and a 28-day inpatient program for men and women with chemical dependency. Kevin also spoke about advocating for police departments to improve their approach to drug users.
- IV. **Approval of Minutes:** Joanmarie Wernes moved to approve the Minutes of the May 3, 2016 meeting. Tom Sucher seconded. The motion was carried.
- V. **Correspondence:** Correspondence, including summer agency reports, was circulated for review.
- VI. **Review of Agency Bills:** Agency bills were circulated for review.
- VII. **Old Business:**
 - A. **Community Wellness Day – August 17, 2016:** Susan Weisz, Maryann Ogilvie, and Joanmarie Wernes helped at the committee's table. Attendees were interested and had questions for committee members.
 - B. **Agency Visits Schedule:** A schedule was circulated for committee members to sign up their agencies for visits to this year's meetings.
- VIII. **New Business:**
 - A. **Introduction of Diane Dunham, Board Liaison:** Diane Dunham was welcomed as this year's board liaison. She spoke of the mental health committee's importance.

- B. Resignation of Melissa Moeller:** Melissa Moeller, Assistant to the Administrator/Website Coordinator, has submitted her resignation and will be leaving this week. She has assisted the committee over the past several years, and committee members expressed that she will be missed.
- C. Illinois Township Day – September 21, 2016 1-6pm:** The committee will have a table, and our agencies have also been invited to have tables. Grace Thornton shared draft posters with the committee. It was suggested that the photographs be changed. Committee members are encouraged to attend this event.
- D. Mental Health Planning Committee – Update:** Mary Ann Ogilvie gave a summary of the planning committee’s meeting on May 17, 2016. 30 vendors and over 70 people were present. Suggestions for improvement included: improving the speaker/vendor balance, consideration for the table orientation to maximize traffic for all vendors, have separate sign-ins for vendors and public, change of venue for more parking and better layout, personal invitations to trustees, have a mental health committee table, possible change of time to 5-8pm, ensure vendors come on time, ask vendors to park further away, keep in mind the two target audiences of professionals there to network and public there for information, get sponsors to fund things like food and signage, exclude committee members and vendors from getting prizes, have fewer but bigger prizes, have a larger “Like us on Facebook” sign, ensure adequate trash cans.

There have been paperwork issues with getting stipends to the speakers. Different ways of showing appreciation were discussed as an option.

Grace Thornton provided a summary of feedback from the vendors and public.. Positive feedback referred to good turnout, networking opportunities, quality of speakers, information provided, and refreshments. 100% of vendors indicated they would participate again, and all respondents found it to be helpful personally and/or professionally. Negative feedback referred to the speakers and exhibitors being in the same room and low turnout. Suggestions for improvement were to have tables for larger healthcare groups like Alexian/NCH and alternative therapies, like music and art therapy. Those present heard about the event from a wide variety of sources, including word of mouth, social media, flyers, newspaper, and church bulletin.

Tom Sucher commented that the contents of the flashdrive giveaway at Minds Matters was not explained. The presentations may be placed on the Township’s website. Susan will follow up with Lindsey Kaminsky. Tom also commented

on the presentation location and that not enough people came to see it. Various solutions were discussed.

E. Funding Applications and Requests for 2017-18: Grace Thornton inquired about how new agencies might find out about the opportunity to apply for funding. The committee is not actively seeking new agencies.

IX. Agency Reports:

- A. Diane Dunham – Board Liaison Report
- B. Carmie Hanley – PHD – No report has been sent.
- C. Joanmarie Wermes – Lutheran Social Services
- D. Tom Sucher – SHARE
- E. Lauren Saternus – Northwest CASA
- F. Janet Abri – Kenneth Young Center
- G. Vicki Osborn – The Salvation Army
- H. Mary Ann Ogilvie – Life Span

X. Public Comments: Britta Eriksen noted she is excited to learn more about our committee.

XI. Committee Member Comments: Susan Weisz discussed de-escalation training for staff employed at the Township building. The Kenneth Young Center does such training, and has discussed it with the Township. More information about the program will be sought. Grace Thornton described Mental Health First Aid training. Multiple committee members suggested that we could help get training opportunities set up for the public. It was decided to start by helping with the Township staff training and then look to host a training for the public.

Tom Sucher commented that he will not be in attendance at the October meeting. He is completing training to become a volunteer advocate for Northwest CASA.

Lauren Saternus noted that the committee should begin discussion of funding decisions and how those will be approached in October.

Joanmarie Wermes noted that discussion of police response to situations involving persons with mental health issues and how the committee might help should continue.

- XII. Next Meeting Date:** The next meeting of the MHC is scheduled for October 4th, 2016 at 7 p.m. at the Schaumburg Township Building.
- XIII. Adjournment:** Motion to adjourn Mental Health Committee by Tom Sucher at 8:20 PM. Joanmarie seconded the motion. Motion carried. Meeting adjourned.

Respectfully submitted,

Lauren Saternus
Acting Secretary