



DEAF LINE

AUGUST, 2007

MAC OS X SECRETS PRESENTATION

By

Chad W. Taylor

(Producer & Actor of Mosedeux's Vital Signs)

Thursday, August 2, 2007

7 p.m.

Schaumburg Township, Activity Room
One Illinois Blvd., Hoffman Estates, IL 60169

Sponsored by Hands on VRS (HOVRS), this workshop is designed for both Mac and PC users who will receive tons of useful information and unveils all sorts of little-known features, hidden surprises, and techniques on Mac.

Free for everyone. RSVP at www.hovrs.com/mac and get extra tickets for a chance to win the following prizes: A 20-inch iMac, 20-inch iBook and ten \$25 Apple gift certificates. In addition, you will receive a free book of Mac OS X Secrets (written by Chad Taylor) and also a free DVD, Permanent Grave by Mosedeux.

VIDEOPHONE INSTALLED AT SCHAUMBURG LIBRARY

Sorenson Communications is proud to offer the Sorenson Video Relay Service (VRS) at the Schaumburg Township District Library for the Deaf and Hard of Hearing community.

Now anyone in the Schaumburg area, with or without VRS access at home, can visit the library and use the newly installed Sorenson videophone (VP-200) for free. If you have not used VRS before, this is a perfect time to make your first call.

Schaumburg Township District Library, 130 S. Roselle Road, 2nd Floor, Schaumburg, IL.

The Sorenson Video Relay Service (VRS) is a free service that enables Deaf or Hard of Hearing people, who use American Sign Language, to converse with any hearing person (family members, friends, or business associates) through certified ASL interpreters. The interpreters relay the conversation between the Deaf person on the VP-200 and the hearing person. There is no cost for VRS calls.



IMPORTANT INFORMATION FROM SPRINT RELAY

Sprint Relay offers a new and improved Sprint VRS (Video Relay Service) – sprintrelay.tv. Sprint Relay signed a new contract with Hands on Video Relay Services, Inc (HOVRS) which is a leading VRS platform provider. With this affiliation, Sprint Relay service includes:

- Enhanced video quality images
- Expert, highly qualified video interpreters
- Spanish-speaking video interpreters
- Voice Carry Over (VCO)
- 24 hours a day/7days a week and much more...

If you have the old name, sprintvrs.tv, on your VP100/VP 200 (Videophone) or D-Link, please remove the old one and change it to the new VRS name – sprintrelay.tv

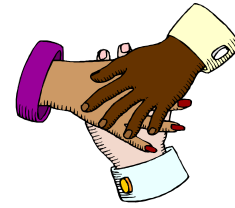
If you do not have the sprint VRS, you can add sprintrelay.tv to your address book of your VP or D-Link. If you need help how to add the new VRS, check www.sprintvrs.com

Check the website (www.sprintvrs.com) for information on other Sprint Relay products.



FRIENDLY REMINDER

- There will be no Deaf Social/Support Group in August. Summer is a busy season for outings, picnics, and vacations; therefore we will resume in September.
- Schaumburg Township is a cooling center. The building is open Monday through Friday from 8:30 a.m. to 10 p.m. Remember to check on family members, friends, and neighbors during summer heat waves.



2007 DEAF SOCIAL/SUPPORT GROUP

Here are the Fall Season's tentative dates for the Deaf Social & Support Group on the 3rd Tuesday of each month, 1 to 3 p.m.:

- September 18th
- October 16th
- November 20th
- December 18th

All meetings will be in the Board Room (upper level). Dates are subject to change if something comes up or there is a conflict. We talk about many important issues. Sometimes, there is a presentation about a specific topic. We also play games and go on field trips. It is a good opportunity to learn important information and have a good time with others.

ALDA'S EVENTS

The Association of Late Deafened Adults (ALDA) – Chicago Chapter, will host its events:

- August 12th at 2 p.m. – **“Sunday in the Country”** – Join ALDA friends for a Sunday afternoon of fun and food at the Sweet Corn Festival in Mendota, IL. Free hot buttered corn will be served on Illinois Avenue & Jefferson Street in downtown Mendota. Contact Cindy Kermath at cynker502000@yahoo.com Email or Carol Postulka via CapTel Relay at 877-243-2823 then 815-874-9665.
- September 8th at 1 p.m. – An informative and fun-filled afternoon – **“Chicago Architecture Boat Tour”** from Navy Pier, Chicago. For details on rates and other information, check ALDA's website mentioned below.

You can check for details on both events on ALDA's website: www.deafvision.net/alda-chicago

PICNIC

- Saturday, August 4th – **Schaumburg Township's 22nd Annual Disability Picnic, "Beach Party"**, for Schaumburg Township residents, from 11 a.m. to 2 p.m., at Maple Park, One Illinois Blvd., Hoffman Estates. There will be lunch, entertainment, bingo, and door prizes. In case of rain, the picnic will be held inside the Township. RSVP by July 27th – call 847-884-0030, ext. 2025 V or 847-884-1560 TTY/VP.
- Saturday, August 4th – **4th Annual Deaf European American Association Picnic**, 10 a.m., at Labagh Woods (North Branch Division), Grove # 2, 5300 N. Cicero Ave, Chicago. Free admission. There will be games including water games, raffles, prizes, and much more. For more information, contact Demir Bekiri at 773-745-9788 TTY/VP or dbekiri7daeap@yahoo.com Email. Check www.deaac.org
- Saturday, August 11th – **11th Annual CODA Picnic (Illinois Children of Deaf Adults)** from 11 a.m. to 4 p.m., at Wooddale Grove, South Shelter, Forest Preserve of DuPage County in Addison (Off Wooddale Road and north of Lake Street). Free hamburgers, hot dogs, and pop will be served from noon to 3 p.m. Feel free to bring a dish to share. Bring your own lawn chairs. For more information, contact Shirley Galvin: codainillinois@yahoo.com Email.
- Saturday, August 11th – **IDLA's 6th Annual Family Picnic (Illinois Deaf Latino Association)**, from 10 a.m. to dusk, at Burnham Park, 31st & Lake Shore Drive, Chicago. There will be a BBQ cookout, children & adult games, entertainment by Deaf Sabor, raffles, and much more. There are places for skateboarding, bicycling, fishing on pier, and swimming at the beach. Bring your lawn chairs. For more information, contact Susan Rangel at 312-421-7830 TTY or susanelizabethr@yahoo.com Email.
- Saturday, August 18th – **19th Annual Illini Chapter of IAD Picnic**, from 10 a.m. to 8 p.m., at Elk's Lake Pavilion in Lake of the Woods Park in Mahomet, IL. Rain or shine! The hall is air-conditioned. There will be games, door prizes, races, and much more. Soda and water is for sale. Fried chicken is the special lunch and BBQ beef and smoked turkey is the special dinner. The costs (lunch, dinner, and door prizes) are \$9 (adults); \$7 (seniors 65 and up); \$7 (children 6 to 10 years).
- Saturday, August 18th – **2nd Annual Deaf Picnic hosted by 4 Deaf Clubs** (Southern Lake Assn. of the Deaf, Delavan, Racine-Kenosha Club of the Deaf, Madison Assn of the Deaf & Greater Milwaukee Assn of the Deaf), from 10 a.m. to 8 p.m., at Darien West Side Park, 335 W. Madison Street, Darien, Wisconsin. Rain or shine! There will be children & adult games, and door prizes. Food and beer will be for sale.
- Sunday, August 20th – **Chicagoland Illinois School for the Deaf Alumni Association (CISDAA) Picnic**, from 10 a.m. to 6 p.m., at Argonne National Laboratory Park, Darien, IL. Free Admission. Food/drinks are available for sale. Rain and Shine! No pets.
- Saturday, August 25th – **3rd Annual McHenry County Deaf Club Picnic**, from 11 a.m. to dusk, at Veteran Acres Park, corner of Route 176 and Walkup Avenue, Crystal Lake, IL. Free Admission. There will be games, door prizes, and raffles. The cost of food (including one free drink) is \$6 (adults); \$3 (children 3 to 12 years); free (children under 3 years). Alcohol is not permitted on park property.
- Saturday, September 1st – **Deaf Asian/American Picnic Day**, from 10 a.m. to dusk, at Kimball Hill Park, 3301 Campbell Street, Rolling Meadows, IL. There will be games, prizes, and food/drinks (no alcoholic beverages). The admission fees are \$5 (adults), \$2 (children above 5) and free (under 5). For more information, email: daaac@yahoo.com
- Saturday, September 23rd – **Rockford Family Picnic by Northern Illinois Club for the Deaf**, from 11 a.m. to dusk, at Blackhawk Springs Forest Preserve, 5301 S. Mulford Road, Rockford, IL. Free admission. Rain or Shine! Food and refreshments for sale. Do not bring food or beverages. Bring your own lawn chairs. For more information, email: purplerosey62@yahoo.com



Chicago Deaf & Hard of Hearing Cultural Center (CDHHCC) will host its 3rd Annual Fundraising event:

"Windy City Deaf Idol Show!"

Come and watch the Deaf and Hard of Hearing performers use their talents. The audience gets to vote for their favorite performer!

Saturday, October 6, 2007, 5 p.m., at Harper College, Building J, in Palatine, IL.

Dinner is served from 4 to 5 p.m. before the show begins.

Tickets including dinner:

Before October 6th - \$10 per person

At the door - \$15 per person

Free for children 12 years and under.

If interested, send a check or money order (payable to CDHHCC) to:

CDHHCC, P. O. Box 13246, Chicago, IL 60613.

For further questions, contact the chairperson, Michele Cunningham at cdhcc@yahoo.com Email:



MCLD'S NEXT GOLF OUTING

The Midwest Center on Law & the Deaf (MCLD) is having its **5th Annual Golf Fund Raiser** on Friday, September 14, 2007, 11a.m., at The Makray Memorial Golf Club, 1010 S. Northwest Highway, Barrington, IL.

The cost per person is \$150. It includes a day of golf, dinner, and prizes. If you do not wish to play golf, you can still support MCLD by joining them for dinner at 6 p.m. at a cost of \$60 per person. Proceeds will go to MCLD to further its advocacy services to Deaf and Hard of Hearing individuals. To play golf or for dinner only, please RSVP to Dan Austin at 312-829-2300 V or daustin@1stcounsel.com Email. Sponsorships are welcome.

ALL ANGELS GUILD GATHERING

There is a monthly meeting for seniors or anyone who is Deaf or Hard of Hearing in the DuPage area – All Angels Guild. They meet on the first Thursday of each month, from 10 a.m. to 3 p.m., at The Episcopal Church of Our Savior, 116 E. Church Street in Elmhurst. Light refreshments (donuts & coffee) will be served in the morning and Lunch is served at noon (catered by Corkey's). Those who attend can donate towards the cost of lunch: \$3-\$5. Occasionally, there will be outings and also an annual Christmas Luncheon.

The dates for the All Angels gatherings are: August 2nd, September 6th, October 4th, November 1st, and December 6th (May change to different date due to Christmas Luncheon).

For more information, contact JulieAnn Chavez at 630-469-2492 TTY, 630-469-2605 VP, or Julie_dupagecil@sbcglobal.net Email.

ANNUAL DEAF AWARENESS DAY

The Division of Rehabilitation Services' Services for the Deaf & Hard of Hearing and the Illinois Deaf & Hard of Hearing Commission will host the **13th Annual Deaf Awareness Day** on Wednesday, September 12, 2007, at the James R. Thompson Center's Atrium, 100 W. Randolph, Chicago, from 9:30 a.m. to 3 p.m. It is free and open to the public. There will be forums: "The Choice Not Explained" from 10 a.m. to noon, in the conference rooms on the 2nd floor. Topics are Eligibility vs Entitlement, Responsibility, Leadership, and Empowerment. Interpreters and CART services (real-time captioning) will be provided, but if you need other accommodations, contact Jean Baker no later than September 5th. In addition, there will be over 40 exhibitors from social service agencies, businesses and community resources focusing on services & products for the Deaf, Hard of Hearing, and Late Deafened. For more information, contact the following people: Jean Baker at 630-495-0500 V; 888-261-8512 TTY; jean.baker@illinois.gov Email or Kent Schafer at 877-455-3323 TTY; kent.schafer@illinois.gov Email.

IDHHC'S NEW EMPLOYEE

Starting July 16th, **Brandie Piper** is the new Executive Secretary with the Illinois Deaf and Hard of Hearing Commission (IDHHC). Brandie, an Illinois native, graduated from the Illinois School for the Deaf in 1995. After graduation, she moved to Florida and in 1998, worked as a clerical assistant for the Adult Comprehensive Protection of the Service, Inc under the Department of Mental Health for the Deaf. She then worked as an Administrative Assistant for 6 years with the Attorney's Office & Courts. After moving back to Springfield, Brandie accepted a position with the Department of Health and Family Services (HFS) in April 2006.

WEBSITES TO BROWSE

- www.illinoiscoda.com - Illinois Children of Deaf Adults (CODA)
- www.freewebs.com/illinoisdeafcampers - Illinois Deaf Campers
- www.gasbuddy.com - Find cheap gas prices in your city



ANNUAL WOMEN'S LUNCHEON

It is not too late to sign up for the Chicago Catholic Ephpheta (CCE)'s **30th Annual Deaf Women's Luncheon – "30 Amazing Years"**. It will be held on Sunday, October 7, 2007, 12 p.m., at Villa Brunetti Banquets, 9755 W. Grand Avenue, Franklin Park, IL. There will be a cash bar (12 to 1 p.m.), lunch, and door prizes. The cost of the ticket is \$30 per person. Deadline is September 23rd. No refunds. If interested, send a check (payable to CCE) to Carol McGinnis, 4030 N. Oriole Avenue, Norridge, IL 60706.

For more information, contact Joan Christian: 708-452-5855 TTY/Fax; edchrist@aol.com Email or Carol McGinnis: 708-452-0370 TTY/Fax; johcar59@sbcglobal.net Email.

CLEANING SERVICES

There is a new residential and commercial cleaning services owned by two Deaf people, Michael Kwarta and Nicole Kruse. The name of the company is Dreamer Kleaners Residential & Commercial Cleaning Services.

If you need cleaning services, contact: dreamerkleaners@aol.com Email or 815-786-9094 VP. Check www.dreamerkleaners.com

IDGA'S TWO EVENTS

Illinois Deaf Golfers Association (IDGA) will host two events in September.

- September 8, 2007: A Fun-Filled Day at SideOuts Bar Eatery in Island Lake – Volleyball, Bocce, food, drinks, children's activities, and raffles/door prizes.
- September 28 – 30, 2007: Western Lakes Charity Classic at Western Lakes Golf Club in Pewaukee, Wisconsin. It is to benefit the youth golf camp for Deaf & Hard of Hearing children.

For details, check the website frequently:

www.ildga.org

ITAC PROGRAMS

Our ITAC Selection Center is still available for Amplified phone, CapTel phone, and TTY viewing or testing. ITAC's program distributes FREE phones and TTYs to any Illinois resident with a certified hearing loss, and local residential phone service. There are four different amplified phones from which to choose. In addition, there is the CapTel (captioned phone) loan program. For more information, call 847-884-0030 V or 847-884-1560 TTY/VP or visit ITAC's website: www.itactty.org

10 STRESS REDUCERS

Stress is an unwelcome guest any season of the year. But it is a guest we can ask to leave, just by the choices we make. Below are 10 of the very best ways to lower stress and raise our joy in life.

- **Breathe** deeply
- **Lighten up** – Laugh, smile, and be playful.
- **Change** – Locations or activities or people you are with.
- **Physical activity** – Exercise, walk, play a game, weed/garden.
- **Diet** – Watch sugar, caffeine, fatty foods, alcohol, don't over/under eat; drink water; eat fruits/veggies.
- **Get it out** – Talk to a friend, counselor, or write it out.
- **Have fun** – Recreate: movie, games, museum, park, playground, or do something creative.
- **Relax** – Take a nap, relax in a tub or a shower, sit in the sun/shade, do nothing.
- **Massage** – Backrub, footrub, or stretch.
- **Do something nice or kind for someone** – It does not have to be big; it can be anonymous.

(Thriving, Summer 2007 – Journal of Well-Being from Kate Geiser, MA, LCPC)

The monthly Deaf Line newsletter is free for Schaumburg Township residents and all agencies & organizations serving the Deaf and Hard of Hearing consumers. Subscription (11 issues) for non-residents - \$22. Deaf Line and Ablegram newsletters can be viewed on Schaumburg Township's website.



Deaf Line is published monthly. Any agency, organization, or group may reprint any of our articles provided proper credit is given by name of newsletter & date.

Address: Schaumburg Township Deaf Services, One Illinois Blvd., Hoffman Estates, IL 60169-3314

Phone: 847-884-1560 TTY/VP; 847-884-0030 V; 847-884-0039 FAX

Email: sphadke@schaumburgtownship.org
gbartnicke@schaumburgtownship.org
kmolander@schaumburgtownship.org
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jjanczak@schaumburgtownship.org

Website: www.schaumburgtownship.org

Disabled Services

Gerry Bartnicke – Director: 884-0030 ext. 2020

Kitty Molander – Assistant Director: 884-0030 ext. 2022

Sarita Phadke – Deaf Services Coordinator/
Editor: 884-1560 TTY/VP

Bonnie Sargent – Executive Assistant: 884-0030 ext. 2025

Jeanette Janczak – Receptionist: 884-0030 ext. 2021

Township Officials

Mary Wroblewski – Supervisor

Timothy Heneghan – Clerk

Diane Dunham – Trustee

Susan Giannone – Trustee

Richard Taccini – Trustee

Scott Kegaris – Trustee

John Lawson – Assessor

Robert Fecarotta – Highway Commissioner

Margaret (Peggy) Franklin – Collector

Schaumburg Township is a Selection Center for the Illinois Telecommunications Access Corporation (ITAC) Program (TTYs, CapTel Phone, and Amplified Phones)

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DATES TO REMEMBER

- Thursday, August 2 – **MAC OS X Secrets Presentation** at SCH TWP, 7pm (RSVP: www.hovrs.com/mac)
- Saturday, August 4 – **SCH TWP Picnic at SCH TWP, 11am-2pm (RSVP)**
- Friday, August 10 – **Deaf Chat Coffee Gathering** at Starbucks, Streets of Woodfield, Schaumburg, 7 – 11 p.m.
- Wednesday, August 22 – **Township Board meeting** at SCH TWP, 7:15 p.m.

Friendly Reminder: No Deaf Social/Support Group in August, 2007

